Mum. No. 5.

THE POSIE OF GODLY PRAIERS, FIT FOR euery Christian to vse.

Contayning onely Prayers of *Repentance, remission of Sinnes, and* Thanksgiuing, with an excellent exhortation to forsake the World: and a perswasion not to feare Death.

Made and collected by *Nicholas Themylthorpe* Esquire, *one of the Queenes Maiesties* Gentlemen Sewers.

Now newly amended and enlarged by the same Author, and the twelfth time imprinted.

Vigilate & Orate.

Printed at *LONDON* by *Iohn Dawson*, and are to be sold by *Iohn Parker*, dwelling in Paules Church-yard at the signe of the three Pigeons.

1622.

Lucy Assheton
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1687

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to look amen

Mann.

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C.106.a.32

BL

TO THE MOST HIGH AND MIGHTY

Princesse ANNE, *Queene of* ENGLAND, SCOTLAND, FRANCE, *and* IRELAND.

KNowing that zelous prayer and supplication to God, is the soules effectuall conference with God, most prevalent for the re-

miſſion of ſinnes, and the principall meane, to reach and giue from God to vs all graces and benefites, for our ſoules and bodies in this life temporall, and in the world eternall: and becauſe I finde no prayer Booke compoſed onely of prayer and thankeſgiuing, therefore to avoyde the trouble of reading many, the number of keeping many, and moſt of all the burthen of bearing many, I haue collected the beſt prayers for Repentance, Remiſſion of ſinnes, and thankeſgiuing, and added new of my owne, which in moſt zealous humbleneſſe and dutifull obedience,

ence, I preſent vnto your moſt excellent Maieſtie, beſeeching your Highneſſe to accept this, as the great Monarch *Artaxerxes* did the poore Womans handfull of water, wherein I ſhall account my ſelfe moſt happie, and euer remaine as I am.

Your moſt faithfull and obedient ſeruant,

NICHOLAS THEMYLTHORPE.

DEDICATORY.

¶ To the Reader.

AS I haue (gentle Reader) ſpent my former Time in worldly matters, ſo I am deſirous to ſpend theſe latter dayes in godly and Chriſtian exerciſes: And being moued to begin with Prayers, as the moſt principall exerciſe, and great meanes of mans ſaluation. I read ouer diuers Prayer-bookes, but I found none onely of Prayer and Thankeſgiuing, but many other matters in them. And for that my ſelfe, and ſome of my friends are deſirous to haue one onely Booke to beare about

vs: I haue therefore set out such as serue to that purpose.

The Children of God haue euer from the beginning vsed Prayer for the supply of their corporall, and spirituall necessities, and haue euer graciously obtained their petitions, as well for themselues as others. Hagar *by prayer had drinke for her sonne.* Anna *by prayer obtained a son,* Isaac *a wife,* Iacob *defence,* Moses, Dauid, Ichosaphat, Ezekias, Macabeus, *and diuers other attained victories: The* Niniuites *deliuerance from destruction: At the prayer of* Ioshua *the Sunne stood still: so stayed the Sun three houres in the dayes of* Henry *the fift, till the Earle of* Ormonde *in* Ireland *with his small company ouercame* Omore, Arshur, *& others, with their terrible armies. At the prayer of* Alexander, *the* Caspian *Mountaines closed, and inclosed*

eloſed the Iewes: *and the Sea* Pamphilicon *diuided it ſelfe to him and his armie, at the paſſage againſt* Darius. Clenches *firſt Emperour of the* Tartars, *Conquered all the Kingdomes to mount* Belian, *and then a Knight on a white horſe came to him and bad him Conquer beyond that mountaine:* Clenches *ſaid he could paſſe no further for the Sea, then the Knight bad him pray to God almightie, and he would ſhew him a way; So* Clenches *prayed on the Mountaine, and as he was in his Prayers, he ſaw the Sea deuide it ſelfe, where he and his Armie paſſed through on dry ground, then he conquered* Cathea, *and all the bordering countries. At the prayer of the Chriſtians, and a poore Cobler, a Mountaine in* Moſull *removed from one place to another, whereby the Chriſtians auoyded the cruell ſentence of the vnbeleeuing*

ning Callpho: *By Prayer, iron hath swome, the dead haue risen, and all other wonders effected, and of all Gods gracious gifts, it is one of the chiefest. Also God commands vs to call vpon him, as when he saith, aske and you shall haue, watch, and pray, pray continually: the Lord is nigh to them that call vpon him, yea, vnto all such as call vpon him faithfully. Pray earnestly to God, for forgiuenesse of sinnes, with full purpose of amendment.*

There are foure sorts of men to pray, some pray for others & not for themselues, these are too proud and carelesse: some pray for themselues & not for others: these are too vncharitable: some neither pray for themselues nor for others, these are too bad and vnchristian: some pray for others, and themselues, these are the best and godliest.

In prayer obserue these fiue things: first that you direct your mind to God: next that we are commanded to pray, thirdly, the promise, that he will heare vs when we pray, then that wee must pray in faith: lastly, to beleeue to obtaine the thing we pray for, let vs alwayes pray, not with lip labour, but with heartie affection, in spirit, faith, and truth, first giue thanks, then pray for remission of sinnes, faith, and all spirituall things: lastly, for corporall blessings, and things belonging to it. Pray for things eternall, spirituall, corporall, things present, and to come, for thy soule and body, and to be crowned with euerlasting glorie.

THE POSIE of godly Prayers.

At thy vprising say;

Rise, and enter into this day, to glorifie my God, and walke in my vocation, in the Name of the Father, Sonne, and holy Ghost. Amen.

Then pray thus.

A Prayer for the Morning.

O Gracious Lord, and most mercifull Father, which hast from the beginning of my age hitherto deliuered me from all perils and dangers, both of soule

ſoule and body, for which I moſt heartily thanke thee, and yet becauſe I feele in my ſelfe ſo many faults & imperfections, ſuch readines to euill, and ſlacknes to doe good, I quake and tremble for feare of thy wrath, and ſharpe Iudgement: but for that I know thou commandeſt me by Prayer to craue of thee all things neceſſary for ſoule and body, and haſt promiſed graciouſly to heare my lamentable ſuite, and mercifully to grant mee my needefull requeſts and petitions, and I know thou canſt and wilt performe them, therefore for Ieſus Chriſt his ſake, and in his bleſſed and holy name, and for thy mercie and truths ſake, I humbly beſeech thy fatherly goodneſſe, to grant mee all things for this bodie and tranſitorie life, as ſhall be moſt a-

greeable

greeable to thy godly will and pleasure: and I humbly beseech thee, that I may alwayes pray in charitie, vse thy gracious gifts & benefites in charitie, and leade my whole life and conuersation in charitie, that I may daily thorow the assistance of thy holy spirit, mortifie all my carnall lustes and filthy affections: prosper me & mine in all our honest affaires: increase thy good gifts in mee, and confirme and stablish mee in thy grace, that I may goe forward in all goodnes, and with an humble and contrite heart, and with a sorrowfull and repentant spirit, I sue vnto thee, most mercifull Father, beseeching thee for mercy and forgiuenesse of all my offences, which in this night past, or at any time heretofore, I haue committed against thy good will

and

and pleaſure, by treſpaſſing againſt thy godly Maieſtie, in thought, conſent, word, or deed: and I moſt heartily thanke thee, that thou haſt preſerued me this night paſt, and all the daies of my life hitherto, from all death, danger, and other miſchiefe, & I beſeech thee bleſſed father that thou wilt vouchſafe this day, and euer hereafter to haue a mercifull eye vnto me, ſupport, & ſuſtaine me, beare me vp, and ſaue me, that I fall not into danger, nor breake thy Commandements, giue me grace to walke warily among the ſnares of my mortall enemies, the Deuill, the world, and the fleſh, and in all things to be prudent, and diligent, to conſider before what I ſhall ſpeake or do, that my whole thoughts, words, and workes, may bee to thy honour,

nour, laud, and glory, to the edifying of my soule in vertue, and to the profit of my brethren, thorow the gracious mediation of Iesus Christ my Lord and onely Sauiour, Amen.

Another Prayer for the Morning.

O Mercifull Lord God, I render most high laud, prayse, and thankes vnto thee, for that thou hast preserued and kept mee both this night, and all the dayes and times of my life hitherto, vnder thy most mighty protection, and hast suffered me to liue vntill this present houre, I most humbly beseech thee that thou wilt vouchsafe to receiue me this day, and the residue of my whole life into thy tuition, ruling, and gouerning

uerning me with thy holy spirit, that all manner of darknes, misbeliefe, infidelitie, carnall lustes, and affections, may bee vtterly chased, & driuen out of my heart, and grant me a right and perfect faith, that I may be iustified and saued both soule and bodie, and let mee walke in the light of thy most godly truth, to thy glory and prayse, to my comfort, and my neighbours furtherance, thorow Iesus Christ my Lord and Sauiour, Amen.

A Prayer for the Morning.

O Eternall God, and heauenly father, seeing that by thy great mercie, I haue quietly passed this night, grant I beseech thee that I may bestow this day, and the residue of my life wholly

ly in thy ſeruice, ſo that all my thoughts, words, and workes, may redownd to the glorie of thy holy name, and good example of my brethren: and as it hath pleaſed thee, to make the Sunne to ſhine vpon the earth, to giue vs bodily light, ſo vouchſafe to illuminate my vnderſtanding, with the brightneſſe of thy holy ſpirit, to direct me in the way of righteouſneſſe, ſo that whatſoeuer I ſhall doe, my ſpeciall care and purpoſe may be, to walke in thy feare, and to ſerue and honor thee, and that I may take nothing in hand, which ſhall not be agreeable to thy moſt bleſſed will, and that I may in ſuch ſort trauell for my body, and this preſent life, that I may euer haue a regard to the heauenly life, which thou haſt promiſed to thy children:

dren: and that it may pleafe thee to preſerue and defend me both in bodie and ſoule, to ſtrengthen me againſt all temptations of the Deuill, to keepe me from all ſins, and deliuer mee from all perils and dangers whatſoeuer. And furthermore, I beſeech thee to receiue me this day, and the reſidue of my whole life, into thy holy protection, continuing and increaſing in me daily thy grace and good gifts, and (vouchſafe moſt mercifull Father) to forget and forgiue all my ſinnes, which I haue heretofore at any time committed againſt thee, and for thy infinite mercies ſake, pardon and forgiue the ſame, for which and for all things els, which I any way ſtand in need of, I make my humble petition vnto thee, in the name of thy Sonne my Lord and

and Sauiour Iesus Christ, in such sort as he hath taught me saying, *Our Father which art, &c.*

Another Prayer for the Morning.

ALmightie and most gracious God, I heartily thanke thee, for the sweete sleepe and comfortable rest, which thou hast giuen me this night past, and for that thou hast commanded by thy holy Word, that no man should be idle, but alwayes occupied in godly, and vertuous exercises, euery man according to his calling, I most humbly beseech thee, that thine eyes may attend vpon mee, daily defend mee, cherish, comfort, and gouerne mee, and all my counsels, studies, and labours, in such wise, that I may spend, and bestow this

this day, and the residue of my whole life, according to thy most blessed will and pleasure, setting thee alwayes before mine eyes, living in thy feare, and working that, that may be found acceptable in thy sight, hating wrong, & louing iustice. Also I beseech thee most merciful God to strengthen and keepe me in the faith of thy Catholike Church, and kindle in mee the loue, and light of thy holy Spirit, that I may walke godly and vertuously in this life, die in the truth of thy word, and liue with thee in euerlasting glory, grant this most mercifull God, for thy deare Sonne Iesus Christ his sake, Amen.

Another Prayer for the Morning.

I Humbly and heartily thanke thee O heauēly father, through thy dearely beloued Sonne Ieſus Chriſt, that to thy innumerable benefits hitherto powred vpon my ſoule and bodie, thou haſt kept mee this night paſt, and all the dayes and times of my life hitherto, from all euilles, ſpirituall and corporall: wherefore I beſeech thee to be mercifull vnto mee, to giue mee grace to repent and amend my ſinfull life, that I may liue henceforth, not as I will, but as thou wilt: & as of thy goodneſſe thou haſt giuen mee time to repent and liue godly, ſo of the ſame thy goodneſſe in Chriſt Ieſus, I humbly beſeech thee to giue me thy gracious gift

of true, holy, perfect, & perpetuall repentance, that I may more and more lament my former sinfull life, trusting faithfully in thy rich mercie, through the merites of Iesus Christ, for the pardon of all my sinnes, and that I may vnfainedly purpose, and effectually labour to amend my life, and that all my thoughts, words, & deeds, may be to the prayse of thy holy name, and good example of others. And forasmuch as thou knowest my ignorance, wickednesse, & vnablenesse to carry any crosse or affliction, I beseech thee sweet Father, so gouerne and order all things towards mee, that I be neuer further afflicted, prooued, or tempted, then thou wilt make me able to beare, and so assist and helpe mee in the same, as may bee to thy glory, and my saluation,

ſaluation, through Ieſus Chriſt my Lord and Sauiour, Amen.

A Prayer for the Morning by a Sinner, acknowledging his ſins, and asking forgiuenesse for the ſame.

ALmighrie, mercifull, & moſt louing Father, whoſe loue is infinite, whoſe mercy endureth for euer, I ſinfull creature, truſting in thy vnſpeakeable goodneſſe, and loue toward mee, doe appeare this morning before thy diuine Maieſtie, moſt humbly confeſſing my great, and manifolde ſinnes and offences, that I haue committed againſt thee, and the innumerable tranſgreſſions of thy moſt godly commandement, and Fatherly will: Againſt thee O Father, a-

gainſt thee onely haue I ſinned: I acknowledge my offences, I accuſe my ſelfe, O Lord I cannot hide my vnrighteouſneſſe from thee, I find in my ſelfe nothing but diſobedience, doubtfulneſſe of thy goodneſſe, incredulity, hatred of ſpirituall things, confidence in my ſelfe, and feruent luſting after carnall things, therefore I humbly beſeech thy fatherly goodneſſe, for thy Son Chriſt his ſake, (whom thou haſt ſent for a purchaſer of mercy for mee, through faith in his bloud) take away my hard heart, make mee a cleane heart, and giue me a true and liuely faith: haue mercie vpon mee O Lord my Sauiour, forgiue mee my ſinnes, O Lord forgiue mee my ſinnes for thy Sonnes ſake. O God and mercifull Lord, certifie my con-

ſcience

science of the remission and forgiuenesse of my sinnes by thy holy Spirit, by whose operation mortifie in mee the old man, and body of sinne, that I may die vnto sinne, and walke in newnesse of life, to the glory of thy holy name, through Iesus Christ my Lord and Sauiour, Amen.

A Prayer for the Euening.

I Thanke thee O heauenly Father by thy dearly beloued son Iesus Christ my Lord and Sauiour, that of thy free mercies thou hast preserued me this day, from all hurts and dangers: vouchsafe also I most humbly beseech thee to keepe me this night, and euer hereafter, to saue me from all my enemies, both bodily and ghostly: giue my body quietnesse and

sleepe, but let my mind and soule continually watch vnto thee, thinke on thee and thy holy law, that when the chearefull light of the day shall appeare, I being whole in bodie and soule, may ioyfully rise againe, bee thankefull vnto thee, & diligently walke in my vocation, to my comfort, & the glory of thy blessed name, through Iesus Christ my Lord & Sauiour, Amen.

A Prayer for the Euening.

O Most gracious Lord, and mercifull Father, I thy most vnworthie child, and sinfull creature, with humble heart prostrate my selfe before thy diuine maiesty, most humbly beseeching thee of mercie, and forgiuenesse of my sinnes and iniquitie, that

I haue this day or at any time ſince I was borne, committed againſt thee, I am heartily ſorry that I haue many wayes tranſgreſſed againſt thee, and do aske mercie and forgiueneſſe for the ſame. And with my whole heart I heartily thanke thee, that of thy great goodneſſe, mercie, and grace, thou haſt hitherto moſt ſafely preſerued me. And I beſeech thee moſt mercifull Father, be no more angry with me, nor forſake me, but continually aſſiſt comfort, and ſtrengthen mee againſt all the aſſaults of the deuill, and bee my ſuccour and defence this night, and vnto my liues end, that I neuer offend thy diuine Maieſtie, or commit any ſinnes or iniquitie: and vouchſafe of thy aboundant bountifulneſſe, to refreſh my weake body with con-

uenient reſt, that I may to morrow with all diligence, the more readily ſerue thee in that eſtate wherein thou haſt ſet me, that all my actions may ſo pleaſe thee, & by thy aſſiſtance bee gouerned, that after this vaine and tranſitory life, I may attaine the life euerlaſting, through Ieſus Chriſt our Lord and Sauiour, Amen.

A Prayer for the Euening, and forgiueneſſe of ſinnes.

I Yeelde thee moſt humble and heartie thankes (O heauenly Father) for all thy graces, and benefits that I haue at all times heretofore receiued at thy bountifull hands from the beginning of my life vnto this preſent houre, and for the great benefit of my election before the foun-

dation

dation of the world, for my creation, redemption, iuſtification, & ſanctification in Chriſt Ieſus, for ſparing me ſo long, & giuing me ſo large a time of repentance, deliuering me from all perils, bodily and ghoſtly, for drawing me out of darkeneſſe, and bringing mee to the light of thy word, for defending me from all dangers paſt, and protecting mee vntill this preſent houre, and I moſt humbly beſeech thee of thy goodneſſe O Lord, that it may pleaſe thee to take care and charge of mee this night, and all the dayes & times of my life hereafter, not to ſuffer mee to ſleepe and ſlumber in ſin, and vngodlineſſe, but that I may be alwayes watchfull and carefull for the comming of my Lord & Sauiour Ieſus Chriſt, that whenſoeuer he ſhall come,

he may find mee prepared to receiue him, and that I may heare and inioy that comfortable sentence, come you blessed of my father, inherit the kingdome prepared for you: to the which, Lord Iesus Christ, I beseech thee to bring mee, who hast so dearly bought me: To whom with the Father, and the holy Ghost, be all honour, power, prayse, glory, & dominion, both now and for euermore, Amen.

Another Prayer for the Euening.

MOst mercifull God, and tender Father, which beside thy most inestimable mercies, giuen and bestowed vpon mee, in making mee, in redeeming me by the death of thy deare Sonne Iesus Christ,

in

in calling mee to the knowledge of thy bleſſed Word, in keeping me in thy holy Church, and in thy moſt gracious gouerning mee, and all things hitherto, for my wealth and commoditie, which haſt alſo moſt fatherly cared for mee, and hitherto kept mee from all dangers, both of ſoule and bodie, giuing mee health, food, apparell, and all other things neceſſary, for the comfort and ſuccour of this poore and miſerable life, which many other want: for theſe and all other thy good giftes and gracious benefits, which of thy onely goodneſſe, and fatherly prouidence, thou hitherto haſt and now doeſt powre vpon me, I moſt humbly thanke thee, and prayſe thy holy name, beſeeching thee to forgiue, hide, and

bury,

bury all my sinnes, which at any time heretofore I haue committed against thy holy Commandements: and I beseech thee to grant me the guard of thy good Angels, to keepe mee this night, and euermore, and grant good Father, that when I shall sleepe in death, my body may rest temporally, and my soule liue with thee eternally, to thy glory and my ioy, thorow Iesus Christ my Lord, Amen.

A Prayer for the Euening.

O Eternall God, and most mercifull Father, who this day, and all the time of my life hitherto, hast graciously defended, nourished, and preserued my soule, and bodie, and of thy louing kindnes hast most fatherly

ly prouided for me, a poore ſinner, not onely in giuing mee a rich portion of thy creatures, but alſo in that plentifull redemption, which thy moſt deare ſonne Ieſus Chriſt hath purchaſed for me: grant vnto me, O mercifull father, the aſſiſtance of thy grace and holy ſpirit, that though my bodie take the naturall reſt, yet my ſoule and minde may behold thy goodneſſe toward me, bee ioyfull in thee, and receiue ſuch inward pleaſure, and heauenly ſweetneſſe in thy loue, that whatſoeuer I ſhall henceforth thinke, ſpeake, or do, it may be all to the honour of thy holy name. And let thy mightie hand and out-ſtretched arme, O Lord, be ſtill my defence, thy mercy, & louing kindneſſe, in Ieſus Chriſt thy deare Sonne my ſaluation,

thy

thy true and holy word my instruction, thy grace and holy spirit my comfort and consolation, vnto the end and in the end, thorow Iesus Christ my Lord and onely Sauiour, Amen.

When you goe to bed say, I lay mee downe to rest, in the name of the Father, the Sonne, and the holy Ghost.

Then pray thus.

O Merciful Lord God, heauenly Father, whether I sleepe, or wake, liue or die, I am alwayes thine: wherfore I heartily beseech thee, that thou wilt vouchsafe to take care and charge of mee this night, & at al times hereafter, and not to suffer me to perish in the workes of darknes, but to kindle the light of thy holy spirit in my heart,

heart, that thy godly knowledge may daily increase in me, through a right and pure faith, and that I may alwayes walke, and liue after thy good will and pleasure, thorow Iesus Christ my Lord and Sauiour, Amen.

A Prayer before we settle our selues to our deuotions.

O Most mercifull God, giue mee leaue to present my selfe before thy diuine Maiestie, and to powre out my vnworthy prayers vnto thee: in the multitude of thy mercies O Lord I come to make manifest my necessities (as a poore and needie wretch) vnto a God of infinite glory: I come as a worme to my Soueraigne Maker: I come as a haynous offender, to a iust and

seuere

seuere Iudge; thou O God promisest that who so asketh, shall receiue, who so seeketh shall find, grant me therefore grace to pray vnto thee, as my dutie, and thy desert requireth, grant mee a pure intention, a feruent deuotion, that with humble heart, firme hope, and perfect charitie, I may effectually pray vnto thee, and aske of thee, that which thou seest most for thy glory, and my good. O mercifull Lord helpe mee to pray worthily, that thou mayst graciously graunt my petitions: defend my weake heart from ghostly assaults, and so fixe my minde vpon thee, that I be not carried away from consideration of thy presence: grant mee attentiuely to apply my thoughts, and to be wholly rauished and possessed with zeale & true

true deuotion. Grant me to aske forgiueneſſe with deepe contrition, and full purpoſe of amendment: afford O Lord, ſuch comfort to my ſoule, as thou ſeeſt fit for mee, and by the aſſiſtance of thy ſpirit inſpire thy good motions into mee, that I may feele them forcibly, accept them thankfully, and fulfill them effectually, and that I may deuoutly pray vnto thee with true repentance, appeaſe thee, and for euer dutifully to ſerue thee.

A generall confeſſion of ſinnes.

ALmightie God and heauenly Father, I confeſſe and acknowledge, that I am a miſerable and a wretched ſinner, and haue many wayes moſt grieuouſly tranſgreſſed thy moſt godly com-

commandements, through wicked thoughts, vngodly luſts, ſinfull words & deeds, in my whole life. In ſin was I borne and conceiued, and there is no goodneſſe in mee, that without thy mercy I ſhould periſh for euer: ſo little helpe, comfort, or ſuccour is there either in me, or in any other creature: onely this is my comfort O heauenly Father, that thou didſt giue thy dearly beloued Son to the moſt vile, bitter, and ſlanderous death of the croſſe for me, that he might ſo pay the ranſome for my ſinnes, ſatisfie thy iudgements, ſtill, and pacifie thy wrath, reconcile mee againe vnto thee, and ſo purchaſe mee thy grace, fauour, & euerlaſting life: wherefore through the merite of his moſt bitter death and paſſion, and through his innocent bloud-

ſhedding:

ſhedding: I beſeech thee O heauenly Father, that thou wilt vouchſafe to bee gracious and mercifull vnto me, to forgiue and pardon mee all my ſinnes, to lighten my heart with thy holy Spirit, to renew, confirme, and ſtrengthen me with a right and perfect faith, and to enflame me in loue toward thee & my neighbour: that I may henceforth walke as it becommeth mee, in thy moſt godly cõmandements, and ſo glorifie and prayſe thee euerlaſtingly: grant mee further O Father, that I may haue a quiet heart and conſcience, and that I may in all temptations, afflictions, neceſſities, and in the very panges of death, truſt faithfully in thee, and in thy mercies. And for that thou haſt commanded mee to pray vnto thee, I humbly

humbly beseech thee, for all things needfull for me, and pray vnto thee, as thy Sonne himselfe hath taught me, saying, *O our Father, &c.*

A Prayer of thanksgiuing, remission of sinnes, necessities in this life, and life euerlasting.

O God of Abraham, Isaac, & Iacob, thou God of pitty & all mercie, haue mercy vpon me a wretched sinner, and forgiue me (I most humbly beseech thee) all my sinnes and offences, that I haue euer committed against thee: blot out all my misdeedes, renew a right heart, and create O God a new spirit within mee. I thanke thee O heauenly Father for all thy blessings and benefits which thou hast bestowed vpon me

me, continue, multiplie, and increaſe thy good bleſſings vpon me : ſtretch out thy handes of bountie ouer mee, and with thy eyes of mercie looke vpon mee, ſend mee (O Lord) a ſufficient liuing, make mee beneficiall to all, and not chargeable vnto any, bleſſe me good Lord, & giue me grace to liue godly, and vertuouſly, and raigne with thee euerlaſtingly : deliuer mee from all troubles, diſcontents, and worldly calamities : take me O Lord, into thy owne tuition : bleſſe, proſper, and protect all my proceedings : let whatſoeuer I take in hand, be good : and let that come to a happie and ſucceſſiue end : let mee haue a care not to doe any thing that ſhould offend thee, but let my whole deſire be to doe thoſe things that may

pleaſe

pleaſe thee: ſend O Lord thy angell from heauen to gouerne me, and to deliuer mee (as hee did thy ſeruant *Tobias*) from all dangers: ſend O Lord thy grace from heauen to guide me, & thy wiſedome from the higheſt heauens, to teach and direct me: let mee not any more fall into ſinne through frailtie, but ſo bleſſe me with thy bleſſings, that I may neuer offend thee, but that I may earely & late, night & day, and at all times and ſeaſons, giue prayſe and thankes to thy heauenly Maieſtie: that I may liue in this world to my comfort, and thy glory, and raigne with thee in euerlaſting glory, in the world to come. Heare O Lord, theſe my prayers, & for thy moſt deare mercies ſake, and for my ſweete Sauiour Ieſus Chriſt his ſake, grant

grant my petitions. To thee O God the Father, Sonne, and holy Ghost, be all honour, dominion, power, and glory, now and for euer, world without end, Amen.

A Prayer for forgiuenesse of sinnes, with a confession of his faith.

O Lord God almightie, and Father of my Sauiour Iesus Christ, I most earnestly beseech thee, for thy fatherly goodnesse and mercie, to pardon and forgiue me all my sinnes and offences, and through thy bountifull goodnesse and mercy deliuer me from all those sinnes and offences, which by my frailtie, or any way else I euer committed against thee: for I confesse and acknowledge, that I am a miserable, and wretched sinner, and haue

haue many wayes most grieuously transgressed thy most godly will and Commaundements: through wicked thoughts, vngodly lustes, sinfull words, and deeds in my whole life. In sinne was I borne and conceiued, and there is no goodnesse in mee, therefore through the merites of the bitter death and passion of thy beloued Sonne Iesus Christ my Sauiour, and through his innocent bloud-shedding, I beseech thee, O heauenly Father, that thou wilt vouchsafe to be gracious and mercifull vnto mee, to forgiue and pardon mee all my sinnes and offences, to lighten my heart with thy holy spirit, to renew, confirme, and strengthen me, with a right and perfect faith: enflame in mee loue towarde thee and my neighbour,

that

that I may walke with a glad heart in thy commandements, and glorifie and prayse thee euerlastingly: and that I may with a cleare conscience, and quiet, & chearefull heart, in all temptations, afflictions, or necessities, cry vnto thee earnestly, and say, Lord haue mercy vpō mee a sinner, &c.

A godly Prayer for forgiuenesse of sinnes, and all things needfull for soule and bodie.

O Omnipotent, eternall, and euer-liuing God, which hast made heauen and earth, the sea, & all things contained in them: thou onely maker of all things, preseruer and helper of them, with thy sonne my Lord Iesus Christ, and the holy Ghost: O most wise, merciful, good, strong,

and righteous Iudge, which haſt ſayd, thou wilt not the death of a ſinner, but that hee conuert and liue: I thy poore creature and worke of thy hands, do acknowledge and confeſſe my manifold ſinnes and offences, which from my youth vntill this time, in thought, word, and deed, I haue moſt grieuouſly committed againſt thee, and am moſt heartily ſorrie for the ſame, deſiring thee for Ieſus Chriſt his ſake, to haue mercy vpon mee, and according to thy great mercy forgiue mee all my offences. O Lord I confeſſe and acknowledge that I was borne in ſinne, and conceiued in wickednes, and in my fleſh dwelleth nothing that is good, and of my ſelfe I am not able to thinke a good thought, much leſſe to wiſh, and leaſt of all to doe as I

ought, therefore O Lord I call to thee for grace, which hast promised to heare them that call vpon thee: assist O God, and guide mee with thy holy spirit, draw me vnto thee, make me O Lord poore in spirit, vile, and low in my own sight, giue me thy grace, that whensoeuer I be drawne into any sinne and wickednesse, either in thought, word, or deede, that I may feele my owne infirmitie and weaknesse, and that I may with speedie repentance turne vnto thee. Take from me my stonie, blinde, vnbeleeuing, doubtfull, vnfaithfull, and vnthankefull heart, my carnall, idle, secure, and impenitent heart, and giue me a heart to feare thee, loue thee, and trust in thee: write thy law in my heart, and mind: let me beleeue, trust, and liue in

theefor euer, deliuer me from the spirit of pride, vaine glory, hautinesse of minde, presumption, selfe loue, and trust in my selfe. Take from mee O Lord the wicked spirit of suspition, enuie, iealousie, grudging, whispering, or backe-biting: keepe mee from wrath, malice, hatred, lying, euill words, contention, flattering, dissimulation, hypocrisie, blaspheming, vaine swearing, lightnesse, idle words, and all vnstablenes of heart: deliuer me O Lord from all filthinesse, both of the flesh & spirit, from vncleane thoughts, vnlawfull desires, euill concupiscence, & lusts of the bodie. Take from mee couetousnesse and care of riches, all deceit and guile, all idlenesse and sloth, and giue me not ouer to an vnshamefast and obstinate minde.

Make

Make mee able to beare wrongs with patience, and not recompence euill for euill. Make mee loath to giue occasions of euill to any, and if I doe, make mee willing to confesse my fault, and amend it. Take from me O Lord a carefull heart of worldly things, and graunt that neither pouertie oppresse me, nor riches lift me vp to forget thee, but in prosperitie make me thankefull and patient, and humble in aduersitie: Lord make mee merrie without lightnesse, sad, without mistrust, sober, without dulnesse, true, without doublenes, fearing thee, without desperation, trusting in thee, without presumption: giue mee O Lord, the spirit of humblenesse, meekenesse, simplicitie, gentlenesse, goodnesse, faithfulnesse, and truth: graunt mee O

God the bowels of mercie, and louing kindnesse to my brother, long suffering, and patience, to beare all things well that thou shalt lay vpon mee: regenerate my heart with the spirit of grace continually: and graunt me an inwarde feeling of thy fauour and mercy toward mee, in Iesus Christ my Lorde, that I may know thee to bee my God and Father, and mee thy childe for euer. O Lord increase my faith in thee, and in Iesus Christ my Redeemer, confirme my hope in thy promise, make perfect my loue toward thee, giue me a true and vnfained loue to all vertue, and godlinesse, increase in mee O Lord, strength, and victorie against all temptations, and assaults of the Deuill, the flesh, the world, and the vanities thereof, giue

giue mee grace to keepe a good conſcience: giue me a pure heart and minde, and renew a right ſpirit within mee, giue mee the true vnderſtanding of thy holy word, that I neuer ſwarue from the truth thereof, and that my chiefe felicitie may bee in the ſame, and in hearing, reading, talking, watching, praying, faſting, mortifying, & ſubduing my owne will and members. O gracious Lord Ieſus Chriſt, Sonne of the liuing God, which was crucified and raiſed againe for mee, and other: which ſitteſt on the right hand of the Father, and art appointed the only mediator for me vnto God, haue mercy vpon me, pray to thy heauenly Father for me, ſanctifie me with thy holy Ghoſt, as thou haſt promiſed, & ſend the ſpirit of truth to abide

with me for euer, kindle my mind and heart with thy holy Spirit, that I may truely beleeue in thee, acknowledge, & call vpon thee, giue thankes vnto thee, and obey thee: for I feele my ſelfe ſo charged with ſinnes and infirmities, that I know not what to doe, but offer vp my ſelfe wholy vnto thy mercy, to be reformed according to thy good will and pleaſure. O eternall, moſt mightie, and euerlaſting God, gouerne, and keepe me, lighten me alwayes with thy Goſpell, rule, and confirme my heart, with thy holy ſpirit, and gouerne my ſtudie, powre on me thy ſpirit of grace, and prayer, make mee Lord happie, and diligent in the workes of my vocation: take into thy cuſtodie for euer, O ſweet Sauiour, my ſoule, body, life, and all that euer I haue:

be

be gracious vnto me, O Father, succour & helpe me in all neceſſities, graunt mee all thy bleſſings, and holy ſpirit, to ſanctifie, and dwell in mee for euer. And O Lord haue mercy vpon mee, graft, plant, and ſow in my heart, all vertues, and giue mee grace, ſo to vſe them, and all other thy gracious gifts, as may be moſt to thy glory and prayſe, to my conſolation and comfort, and to the profite of thy Church. Heare O Lord my prayers, and forgiue mee all my ſinnes, and wickednesſe that I haue committed, and giue mee grace truely to repent the ſame: graunt vnto mee, O Lord, true contrition of heart, that I may vehemently deſpiſe my ſinfull life paſt, and wholly be conuerted vnto thee: I haue ſinned O Lord, I confeſſe it, and I

cannot denie it, but O my God, pardon my trespasses, release my debts, and forgiue mee all my sinnes: stoppe my wounds, for I am plagued and beaten with sinnes, and graunt mee grace, with patience to attend thy diuine maiestie, increase in mee, I most humbly beseech thee, O most gracious God, the gift of faith, that I may truely beleeue in thee, and in thy promise made vnto mee; grant this O Father, for thy deare Sonne Iesus Christ my Lord and Sauiour, Amen.

A Prayer wherein the sinner accuseth himselfe for falling into sinne, and asketh forgiuenesse for the same.

DEare, tender, and most mercifull Father, God almighty,

tie, great, and dreadfull, which art mercifull to whom it pleaseth thee, for thou art the Father of mercy, & God of all grace, peace, and comfort, which wilt not the death of a sinner. I therefore earnestly desire thee O Lord, to haue mercy vpon me, haue mercy vpon me, O Lord, according to thy great mercy, & according to the multitude of thy mercies, put away my sinnes and offences, wash me O God from my wickednesse, and make me cleane from my vnrighteousnesse. I acknowledge my sins, and doe accuse my selfe of my euill deedes, I confesse my wickednesse, and rebelling against thy precepts, I haue beene a froward childe, and haue offended, & prouoked thee, with all my vanities, and sinnes, and haue not exercised my selfe,

in

in thy lawes. I haue turned backe from thy wayes, and haue done wickedly before thee, I haue walked after my owne thoughts, and phantasies, and not as thou wouldest, but haue runne from sinne to sinne, following the desires of my heart. I haue displeased thee by my inuentions, and none of my sinnes bee hidden from thee, I am not worthy to be called thy sonne, woe I am, that I haue gone from thee, great is my griefe, that I haue led my life in sinnes, woe is me, that I haue forsaken thee, and liued after my owne minde: but O Lord, forgiue mee all my sinnes, doe not forget mee, nor keepe thy mercy longer from mee, heare me now, O Lord, graciously calling vpon thee, and be mercifull vnto me,

be.

be no longer angry with me, nor caſt not away a contrite, and penitent ſinner. Turne thee againe, O Lord God, and forgiue me all my ſinnes, and offences: hide not thy face from my prayers, but according to thy promiſes take me into thy fauour, for I am one of thoſe, O Father, whom thy Son hath redeemed with his moſt precious bloud: and therefore of thee, O Lord, I aske mercy, beſeeching thee, to forgiue me all my ſinnes, and to haue mercy vpon mee, for thy deare Son, Ieſus Chriſt his ſake, my only Lord and Sauiour, Amen.

A Prayer of thankeſgiuing, and for remiſſion of ſinnes.

GRant O Lord of thine vnſpeakeable mercie, that I may

may worthily prayse and honour thee, that my mouth may speake, my heart studie, and my tongue sing thy laud and prayse, heare the sacrifice of my lips, and make it acceptable in thy sight, my soule praise thou the Lord, & all that is within me, laud his holy name. I will praise thee O God, & magnifie thy name for euer & euer, for thou art good to all, and thy mercy exceedeth all thy workes, my mouth shall giue thee thankes, & extoll thy holy name. O prayse the Lord my God, my maker, redeemer, nourisher, defender, strength, ioy, victorie, and eternall glory. I honour thee, I glorifie thee, I worship thee, I laud, & prayse thee, for that it pleased thee, to make mee a reasonable man, and hast giuen me wisedome vnderstanding, and many other

blessings,

blessings, spirituall and corporall, thou hast visited my heart with many graces, and holy motions, thou hast deliuered me frō many perils, both of soule and bodie, and kept and preserued me from many sinnes, whereinto I might haue fallen, for these and all other thy good blessings, most aboundantly bestowed vpon me, I wretched sinner with all my heart most humbly laud, prayse, and honour thee. O most mercifull God, I adore and giue thee thanks for thy vnmeasurable clemencie, and infinite goodnesse, whereby thou doest most mercifully suffer me to liue, pardonest me, and bestowest thy benefites vpon me, let thy pitty molifie my hardnes, thy burning charity melt my frosen heart, that I may be changed from a vessell of wrath,

vnto

vnto a vessell of mercy, and so being freed from my sinnes, I may be the more feruent in louing thee, thou art good, and I euill, thou holy, I wretched, thou iust, I vniust, thou light, I blind, thou life, I death, thou ioy, I heauinesse, thou soueraigne veritie, I nothing but vanitie. O Lord sanctifie me, helpe me, and saue me, wash me, and make me cleane, suffer me not to be separated from thee, but from the malignant enemie for euer hereafter, defend me that I may come and sing to thee prayses eternally, grant me grace to come after thee, to imitate thee that the feruor of my future deuotion, may recompence in me the follies of my former conuersation, and make me pure and holy, that I may earnestly seeke thee, who art the fountaine of eternall life,

life, expell out of me whatsoeuer is euill, or amisse, or whatsoeuer displeaseth thee, and deliuer me I most humbly beseech thee, from all sinnes, iniquities, troubles, and euils, wherwith I am encombred, dispose all my thoughts, words, and works as may be most agreeable to thy most holy will and pleasure, keepe me euer and euery where, from all sinnes, wickednes, and offences, deliuer mee in this life, from all euils, troubles, and dangers, and after this life, bring me to the most sweet, pleasant, and delightfull ioyes of the life euerlasting, Amen.

A Prayer of a sinner in trouble, thinking long for helpe, and trusting in Gods mercies, desireth helpe.

EVen vnto the throne of the highest power, I acknowledge

ledge O Lord, that I am a miſera-
ble ſinner, beſeeching thee O
Lord God almighty of thy good-
neſſe to doe with mee according
to thy great mercy, O Lord I am
abaſhed, and aſhamed to lift vp
my eyes vnto thee, for my ſinnes
are aſcended vp into thy ſight:
againſt thee ô Father, againſt thee
haue I ſinned, and done euill be-
fore thee, thou ſeeſt my iniquitie
is great, I haue beene an offender
againſt thee, euen from my cradle
and ſince I ſucked my mothers
breaſts, I haue not ceaſed to doe
euill. I was begotten in ſinne, and
brought into the world in ini-
quitie, I cannot ſhake off my ſins
and offences, but carry ſtill with
me, the infamie of my youth. be-
hold ô Lord, I am ſold vnder ſin,
and in my ſelfe I finde not that
which is good, for the good I
would

would doe, I doe not, but the euill I would not doe, I doe, all the thoughts and imaginations of my heart haue beene euill euer ſince I was yong, let me not die in my ſins O Lord God, for thou wilt not the death of a ſinner, but that he repent and liue, thou art good and mercifull, & according to thy great mercie, ſaue mee thy vnworthy ſeruant, thou haſt ſhewed thy mercy on thouſands, ſo haue mercy vpon me O Lord God omnipotent, haue mercie vpon mee a miſerable and wretched creature, my ſoule is troubled, therefore O Lord heale me, looke vpon mee and deliuer me, how long wilt thou reiect my prayers? how long wilt thou turne thy face away from me? thy hand is not weakned O Lord, but it may helpe, and thy eares are not

ſtopped:

ſtopped: therefore O Lord heare me, how long O God, ſhall my mind be troubled with painefull and heauie thoughts? How long ſhall ſorrow torment my ſoule? How long ſhall my enemies triumph ouer me? Looke towardes mee O God, heare my prayers, giue light vnto my eyes, and let me not ſleepe in death, nor let not my ſinnes preuaile againſt me. Turne againe O Lord, turne againe, and deliuer my ſoule, and ſaue me for thy mercy ſake. O Lord rebuke me not in thy anger nor puniſh mee in thy great diſpleaſure, caſt not thy darts at me, nor lay thy heauy hand vpon me, let me no longer beare thy anger, nor drinke of the cup of thy diſpleaſure. I haue no health for feare of my offences. I haue no reſt nor peace when I behold my ſinnes:

my

my iniquities are gone ouer my head, and like a heauie burden they daily presse me downe: thou O Lord knowest my desire, and seest my necessitie: forgiue mee all my sinnes O Lord God almightie, for thy owne sake, and for thy Sonnes sake, put out of thy sight my haynous offences: for thou hast promised forgiuenesse of sinnes, to them that repent them of the same, haue mercie on mee O good Father, haue mercy on mee, and for thy glorious name, bee no longer angry with mee, but forgiue me all my sinnes, and take mee a penitent sinner to thy mercie, for the loue of our onely Sauiour Iesus Christ, whom thou hast sent to obtaine mercie for my sinnes, through faith in his bloud, who liueth and raigneth now and for euer, Amen.

A Prayer for a sinner, reioycing for the benefits receiued at Gods hands, and asketh still his helpe and forgiuenesse of his sinnes.

I Doe reioyce in thee O Lord, which tookest vpon thee, in thy bodie my infirmities, and sorbarest my paines, thou waste made weake for my sinnes, and wounded for my offences, and by thy strokes, were my wounds healed, I went astray like a sheepe and followed my owne wayes, thou O Lord through thy loue & mercie hast redeemed mee that was lost, and by thy bloudshed on the Crosse, hast paid my ransome, thou diddest die for my offences, & by thy precious bloud hast taken away my sinnes, turne thy eyes of mercy O Lord God, and looke vpon mee, the worke

of

of thy hands, and heale the infirmities of me thy weake creature, keepe mee from all euill wayes, and teach me by thy holy Spirit, to chooſe the way of truth, I beſeech thee O King of holineſſe by my redeemer Chriſt, keepe mee in the right way, and vnite mee vnto him in ſpirit, make me to goe perfectly in thy paths, and to hate all wicked wayes, waſh my heart from malice, and clenſe me from my ſecret ſinnes, clenſe me ô holy Father, with the bloud of thy wel-beloued Sonne, from all my ſinnes, and deliuer mee from all my iniquities, purifie my heart by thy holy ſpirit from all filthineſſe of ſinne and euill concupiſcence. O God almightie be mercifull vnto mee a ſinner, and for thy glorious name ſake remember my ſinnes no longer,

make

make me O God, to returne from my euill wayes, and wicked thoughts: remember not the sinnes and offences of my youth, but according to thy mercie be mindfull of me, for thy goodnes sake. O Lord my hope is in thee, my soule trusteth in thee, my soule looketh for thee, thou art mercifull, and with thee is plenteous redemption: therefore haue mercie vpon mee according to the multitude of thy mercies, for thou art full of pittie and mercie, turne not therefore thy face from mee, haue mercie vpon mee, O Lord God my Sauiour, pardon and forgiue me my sins, for thy names sake. O righteous Father, looke not vpon the multitude of my sins, but looke on the face of thy sonne Iesus, which bare my sins on his body on the Crosse:

turne

turne thy face therefore away from my sins, and put out all my iniquities, & make a cleane heart within mee, cast me not away from thy presence, and take not thy holy spirit from me, but help, and comfort me, stablish me with thy mightie spirit: mollifie my heart that I may walke in thy wayes, and not in the wayes of error, helpe me and forsake mee not, O Lord my God, for thy Son Iesus Christ his sake, Amen.

A Prayer wherein a sinner asketh forgiuenesse of his sinnes, and desireth the true armour, to be defended against the enemies of his soule, and confesseth God to be his Sauiour.

EVerlasting God, and most mercifull Father, I most humbly

bly beseech thee, for thy Sonne Christ his sake to heare my prayers, and forgiue me all my sinnes, and from henceforth, giue mee thy holy Angell to conduct and strengthen mee with thy vertue, to withstand the euill deuices of the world, and the appetites of the sinfull flesh, arme mee with thy armours, the grace of thy holy spirite, and mightie vertue, write in my heart thy holy word, lawes, and commandements, put vpon me the breastplate of righteousnesse, direct my life and conuersation, according to the Gospell of peace, giue vnto mee the shield of faith, to fight against sinne, and desperation, the helmet of health vnto my saluation, through the merites of thy dearely beloued Sonne Iesus Christ: for whose

sake,

ſake, I poore ſinner, moſt humbly beſeech thee, that thou wilt vouchſafe to powre vpon mee thy holy ſpirit, to worke in my heart, minde, and ſoule, that I may alwayes doe thy will and pleaſure, and walke in this world, to thy honour, thou O Lord, haſt made me, and giuen thy Sonne to die for my ſinnes, O Father for his ſake, haue mercie vpon mee, O Lord Ieſus, which haſt bought mee with thy precious bloud, receiue mee, and haue mercie vpon mee, and be my merciſull mediator to thy Father, that my ſoule may bee ſaued, O holy Ghoſt, coequall with the Father, and the Sonne, haue mercy vpon mee, O Lord God, moſt louing, and merciſull Father, I acknowledge my ſelfe vnto thee, a wretched ſin-

ner, yea, ſuch a ſinner as hath neede of grace, mercy, and fauour, for in thy ſight, there is no man righteous: thou O Chriſt art the bleſſing of God, by whom all the Nations of the world are bleſſed and made rich: thou deliueredſt me, & thy people from hell and damnation, thou art a ſhield vnto me, & vnto all them that truſt in thee, thou forgiueſt all treſpaſſes, and healeſt all infirmities, thou defendeſt me, and thy people, and bleſſeſt vs. Thou O Chriſt, art my ſauing health & ſanctifier: with thee is mercie, and plenteous redemption: Yea thou art the true God and Sauiour: all ſoules are thine; thou redeemedſt me, I haue no other Sauiour but thee, I will turne vnto thee, O Lord turne vnto me, I will aske mercie of the Father,

ther, in thy name, and I truſt, I ſhall receiue it, that my ioyes may bee perfect: I beleeue in thee, therefore I ſhall bee ſaued, thou art the way, the truth, and the life: without thee, none can come to the Father. Thou cameſt into the world to ſaue me, and all that were loſt, therefore I beleeue in thee, and hope in thee, that thou wilt raiſe me vp to euerlaſting life. I beleeue that thou wilt ſaue me, haue mercy on me therefore, and forgiue me my ſins ô Lord, who liueth and raigneth now and for euer, world without end, Amen.

A ſinner deſireth forgiueneſſe of his ſinnes, and a right and true faith.

O Lord maker of Heauen and Earth, I confeſſe my ſelfe,

from the very bottome of my heart, that I am a miserable, wretched, and abhominable sinner, and haue wickedly transgressed thy godly Commandements, the sinnes alas that I haue committed, are as innumerable as the sand on the sea shore, they beare mee downe, as an intollerable burthen: in these sinnes O Lord God, haue I walked vntill this day, according to the desires of the world, and the euill lustes of the flesh, but whatsoeuer I haue in this behalfe offended thy most godly Maiesty, it sore repenteth mee, and the fault grieueth mee to the very bottome of my heart, saue mee, therefore O Lord, for thy great mercies sake, for vnto thee O God of my comfort, I wretched sinner doo come, crauing

of

of thee thy mercie, inclinethere-
fore thine eares vnto my cal-
ling O Lord, and consider the
request of my heart, and grant
vnto me O Lord thy seruant, the
strength of thy holy spirit, to
subdue the bodie of sinne, with
the lustes thereof, that it may bee
obedient in will and minde vnto
thy lawes, for no man can helpe
mee but thou O Lord, who hast
brought my soule out of hell, and
hast holpen me from falling into
destruction, put away from me
O Lord that which is euill, for-
thou art holy, and saue thy ser-
uant which euer trusted in thee.
I will acknowledge I haue all
my strength of thee, for thou
art my hope, my portion, my
God, and my Sauiour. Haue mer-
cy therefore vpon mee O Lord,
and according to thy great mer-

cy doe away my offences: looke on mee with the eyes of mercie, ſprinkle me with the ſweete Hyſope of grace, cleanſe me from my ſinnes: waſh mee and I ſhall be whiter then ſnow, quench the deſire of ſinne in mee, open my lips that my mouth may ſet forth the praiſe of thy holy name O Chriſt, Sonne of God, haue mercie vpon me, O holy Ghoſt, giue me a new heart, and a right ſpirit to laud and prayſe thee, turne me wholy vnto thee O Lord, and take my ſinnes away from me. O Lambe of God heale me, and I ſhall be whole: ſaue me, and I ſhall be ſaued: for thou O Chriſt, art my hope, thou haſt taken vpon thee my diſeaſes, and waſt wounded for my offences: and wilt, I truſt, pardon mee all my ſinnes, there is no ſaluation

but

but in thee, nor no other name wherein I must be saued, but by thee O Christ, thorow thee I haue redemption and remission of my sinnes, thou hast made satisfaction for mee, thou diedst for mee and for my sinnes, and wast buried, and rose againe, and ascendedst into heauen, and sittest on the right hand of God, in the glory of the Father: thou art my aduocate and obtainest mercie for my sinnes, thou art holy, which was, is, and is to come. I beleeue that thou shalt come to be my Iudge, therefore I beseech thee, O Lord, let not my sinnes loose mee, whom thou hast bought with thy precious bloud, but haue mercy vpon me ô Lord God holy Ghost, haue mercie vpon mee, and worke thy diuine grace in me, that I may be

saued thorow my Lord Iesus Christ, saue me O Lord, for I beleeue that I shall see the pleasures of thee, in the land of the liuing, graunt mee O Lord, a right and true faith: forgiue mee all my sinnes, and make me daily more and more to walke in a new way, and vpright life, that I may vtterly despise all worldly things, that I may be continent, pure of liuing, temperate, good, righteous, diligent in all goodnesse, meeke, mercifull, modest, humble, and readie to forgiue all that offend me, and liue all the dayes of my life, according to thy diuine will, and true feare, that I may die in the world, to all sinne, and to my selfe, and with a good confidence, and a merry heart, looke for the comming of thee, O Lord my Sauiour

our Ieſus Chriſt, to whom with thee, and the holy Ghoſt, be all honour, and glory for euer, Amen.

A Prayer for a ſinner, deſiring God to powre his grace vpon him, who doth faithfully beleeue, that God will freely forgiue him his ſinnes.

HOnour and prayſe bee giuen to thee, O Lord God, for ſeeing whereof I ſtand in neede, and ſo bleſſing me with thy manifold bleſſings, I craue thy mercie and grace to bee my guide whereſoeuer I goe: Receiue O Ieſus my ſoule and bodie into thy handes, for thou haſt bought mee with thy precious bloud. O Lord ſaue mee for thy mercies ſake, and be my defender all the dayes of my life. Thou art the gift of the Father to ſaue ſinners,

I beseech thee O sweet Iesu saue and deliuer me from all euils, bodily and ghostly, now and for euer, that I may prayse and worshipthee in this life, and in the world to come: against thee O Lord, against thee haue I sinned, I confesse that all my life time I haue beene a sinner, and haue grieuously offended thee, I haue gone astray like a lost sheepe, & haue beene an vnprofitable seruant, and there is no goodnesse in me: but I confesse my sinnes O Lord vnto thee, and doe earnestly repent that euer I offended thee, being so louing a Father, & so gentle a Lord: and cry with *Dauid*, and say, haue mercie vpon me O Lord, according to thy mercies, and according to the multitude of thy mercies doe away my offences, wash mee throughly

throughly from my wickednesse, and cleane me from my sinnes, for I acknowledge my faults, and my sinnes are euer before mee. I cry with the lost sonne, O father I haue sinned against heauen, and against thee, and am no more worthie to be called thy Sonne. I cry with the Publican, and say, O Lord be mercifull vnto mee a sinner. I cry with the blind, Iesu sonne of *Dauid*, haue mercy vpon me: and I faithfully beleeue that thou wilt freely and mercifully forgiue me all my sinnes, be they neuer so many, or grieuous, if I faithfully aske them: for by faith I am made of the child of wrath, the sonne of God: by faith I am married vnto Christ: by faith my heart is purified, Sathan ouercome, and the world vanquished, by faith I am preserued from damnation,

damnation, iuſtified, and made righteous: by faith the wrath of God is aſſwaged, and I worke thy will O God, by faith my prayers are heard, and requeſtes granted: by faith I pleaſe thee O God, and am made the childe of light: by faith I am borne a new and made the Temple of the holy Ghoſt: by faith I preuaile againſt the gates of hell, & am made the heire of thee O God, and fellow heire with my Lord and Sauiour Ieſus Chriſt, of thy euerlaſting glory: faith is richer then all treaſure, ſtronger then all corporall power, and more healthfull then all Phyſitions. Grant me therefore O Lord a true faith, and let me cleaue to the mercifull and comfortable promiſes of thee O God, ſo ſhall I bee ſure to haue remiſſion and forgiue-

neſſe

neſſe of all my ſinnes. I beleeue thee O Lord, helpe thou my vnbeliefe, increaſe this my faith in mee. I moſt humbly beſeech thee for Chriſt Ieſus his ſake, mercifully to behold mee, a moſt miſerable ſinner, and clearely to forgiue mee all thoſe ſinnes and wickednеſſe, which I haue committed againſt thee from my birth vntill this preſent time: forgiue me, O Lord, all my ſinnes for thy name ſake, though they be great, and many: remember not the ſins and offences of my youth, nor my former ſinnes: but according to thy mercie thinke vpon me O Lord, for thy goodneſſe ſake: and haue mercie vpon me and that right ſoone: helpe me O God of my ſaluation: O deliuer me, and bee mercifull vnto me a ſinner, for the glorie

of

of thy name ſake. So ſhall I giue thee thankes for euer, and magnifie thy bleſſed name, world without end, Amen.

A very godly Prayer with many petitions.

O Lord powre downe thy heauenly grace and Fatherly fauour vpon mee, that I being aſſured of thy fauourable goodneſſe toward mee, may reioyce and glory in thee: vouchſafe O ſweete Father, to ſend thy holy ſpirit vnto mee, which may make mee a newe creature, put away from mee all fleſhly luſtes, fill my heart with new affectes, and ſpirituall motions: and thorow his godly inſpiration, renew me both in body and ſoule, that I may die vnto ſinne, and liue

liue vnto thee in newneſſe of life, ſeruing thee in holineſſe, and righteouſneſſe, all the daies of my life. O ſend thy wiſedome out of thy holy heauens, and from the throne of thy Maieſtie, that ſhee may be with mee, and teach me thy will, and what is acceptable in thy ſight, conduct me rightly in thy workes, and preſerue me in her power, remoue from me O heauenly Father, my lewd, ſtubborne, and vnfaithfull heart, and create in me a cleane, and godly heart, cleanſe from me all wicked thoughts: breath into my heart through thy holy ſpirit, godly & ſpirituall motions, that I may bring forth good workes, to the praiſe and glory of thy holy name: grant me ô Lord, a quiet minde, and a contented conſcience: free mee from the damnable

nable accusations of Sathan, from the craftie perswasions of the world, from the subtile enticements of the flesh: giue vnto me the precious gift of faith: giue me Christian loue, and perfect charitie, that I may loue thee my Lord and God, with all my heart, with all my minde, soule, and strength. Let me loue my neighbours as my selfe: giue me grace patiently to suffer my enemies: to forgiue and pray for them. Take from mee all pride, and haughtinesse of minde, graft in me true humility: giue me grace to be mercifull, and liberall to all that haue need: preserue my soule from all vice, and my body from sicknesse: make mee able with strong faith to resist Sathan, with feruent Prayer, to mortifie the lusts of the flesh: with meditation

tation of thy holy law, to auoyd the vanities and pleasures of this wicked world: suffer me not to be ouercome of Sathan, nor his seruants, but grant mee a strong faith to ouercome them: send thy heauenly Angels to pitch their tents about mee: and deliuer mee from their tyrannies. Make mee of that number O Lord, whom thou hast ordained to be saued: place mee among thy sheepe: write mee in thy booke of life, graunt mee these petitions, and whatsoeuer else is needfull for mee, O most mercifull Father, for thy deare Sonne Iesus Christ his sake, to whom with thee and the holy Ghost, be all honor, and glory, world without end, Amen.

A Prayer for grace and remission of sinnes.

O Almightie God, and Father of our Lord Iesus Christ, the God of all comfort and consolation, haue mercy vpon me, heare my Prayers, I most humbly beseech thee, for thy deare Sonne Iesus Christ his sake, for his merites, and the cruell death hee suffered to deliuer me from eternall death: send into my heart the spirit of truth, to worke in me a true, stedfast, and liuely faith: that the brightnesse and clearenesse of thy Gospell, may shine in me, and lighten my mind, that I may vnderstand the vnspeakeable riches of my redemption, in, and by Christ: open the eyes of my minde, that I may know what the hope is whereunto

to thou haſt called me: and how rich the glory of thine inheritãce is: that by true faith, I may be an vnfained profeſſor of thy holy name, and worſhip thee in ſpirit and truth. Write in my heart the loue of thy law, and hate to all ſinne: be mercifull vnto mee, I heartily beſeech thee, moſt mercifull Father, for thy Chriſt his ſake, and for his deaths ſake, thy mercie, truth, and promiſe ſake, haue mercie vpon me, pardon and forgiue me all my ſinnes, iniquities, and offences, whatſoeuer I haue committed againſt thee, in thought, word, or deede, at any time heretofore by any meanes. Though I be poore, my Chriſt is rich: though I be a ſinner, he is righteous: though I be vnpure, yet he is pure and holy: for his ſake therefore, be mercifull vnto

me:

me: wash me from my filth and wickednesse, cleanse me from my euill: forgiue me my sinnes: forget my iniquities, powre out thy holy spirit vpon me, write thy law in my heart, graue it in my minde, giue me the spirit of prayer: make me diligent and happie in the workes of my Vocation: take into thy custodie and gouernance for euer, my soule, and my bodie, my life, and all that euer I haue. Tempt mee neuer further then thou wilt make me able to beare: and whatsoeuer thou knowest I haue need of in soule or bodie, deare God and gracious Father, vouchsafe to giue me the same: and as thy childe guide me, so that my life may please thee, and my death prayse thee through Iesus Christ my Lord. For whose sake I heartily pray thee

thee to grant mee theſe things thus asked, and all other things neceſſary for my ſoule and body: and graunt vnto me poore creature, thy bleſſings and holy ſpirit, to ſanctifie mee and dwell in me as thy deare childe: to keepe me this day and for euer from all ſinnes and euill, to thy eternall glory, and my euerlaſting comfort, & the profit of thy Church, which mercifully maintaine, cheriſh, and comfort: keepe me in thy truth, powre vpõme O Lord thy holy ſpirit of grace and wiſedome, to gouerne and lead my body and ſoule in thy holy word, and Commandements: ſhew thy mercie vpon me, and ſo lighten the naturall blindnes of my heart, that I may daily be renewed by thy holy ſpirit. Open my hard heart, & groſſe eares, to reade thy

word,

word, heare thy heauenly voyce, and beleeue and follow it in my life and conuerſation, and euer hold faſt that bleſſed hope of euerlaſting life: mortifie and kill all vice in me, that my life may expreſſe my faith in thee: mercifully heare the humble ſupplication of thy ſeruant, and graunt me thy peace all my dayes: for Chriſt his ſake, be mercifull vnto mee: caſt all my ſinnes out of thy ſight, pardon my infirmity, and defend me in all dangers, both outwardly in my body, goods, and name, and inwardly in my ſoule, againſt all temptations and ſubtill baytes of Sathan: grant that I may truely and godly ſerue thee: increaſe in me true Religion, repleniſh me with all goodnes: and of thy great mercie keepe mee in the ſame vnto the end, giue vn-

to

to me the spirit of prayer, true humility, perfect patience, and continuall ioy in the holy Ghost: and for as much as I must be at warre with many enemies, graunt me grace, and arme me with thy defence, that I may stand with an inuincible constancie against all corruptiō, wherewith I am compassed on all sides, vntill such time as I hauing ended this combate, which during life I must sustaine, I may in the end, attaine to thy heauenly rest, which is prepared for me, through Iesus Christ my Lord and Sauiour, Amen.

Another Prayer for remission of sinnes.

O Eternall God, behold me a poore and sinfull creature, and a worme of the earth: against

thee O holy Father, against thee haue I sinned: gracious God, cast not away a contrite and penitent heart, humbly calling vpon thee, but turne thy eyes of mercie toward me, and forgiue me the sins of my youth: cast me not away, nor take not thy holy spirit from me, but giue me the comfort of thy helpe, and stablish me in thy truth, keepe me thy poore creature, and destroy me not because of my iniquitie, but be mercifull vnto me, for thy Son Iesus Christ his sake: let not thy heauie hand of Iustice destroy mee, neither leaue mee in my sinnes, piteifull Father, euen of thee which art the God of mercie, I wretched sinner doe aske mercie and forgiuenesse of all my sinnes: therefore for the glory of thy name deliuer me from sinne, and forgiue me

all

all my sinnes: for as thou art God so art thou gracious & mercifull, and wouldest that none should perish, but all should be saued. Spare me O Lord, and for thy name sake, forgiue me all my sinnes, and put out of thy sight all my offences: giue mee a newe heart, and take from me all wicked desires, that I may euermore liue according to thy will: giue vnto my eies good store of light, that I sleepe not in death, and that my sins preuaile not against me: worke in me O holy Spirit, that I may euer desire and couet that which is most pleasant and acceptable in thy sight: and that I haue no desire, to will or not to will, but as thou wilt. O God most holy, mighty, and mercifull Sauiour, be mercifull vnto mee, and cast me not off in my age:

forſake me not, nor ſhut not thy eares from my prayers: but bee mercifull vnto me, and forgiue me all my ſinnes. Moſt deare and bleſſed Sauiour, comfort the ſoule of thy ſeruant, for vnto thee doe I lift vp my heart and mind: ſhew me thy mercie, and grant me thy ſaluatiõ, early in the morning will I cry vnto thee, for thou art good & gracious, and of great mercie to them that call vpon thee: deliuer me from among the wicked, that I may giue thankes vnto thy holy name: make mee to vnderſtand thy truth, knit my heart vnto thee, that I may feare thy name. Turne thee vnto mee and haue mercie vpon me, and giue mee thy helpe and ſuccour. Heare the prayer of thy ſeruant, hide not thy face from me: but haue mercie vpon me. I will al-

way

way call vpon thy name, be thou present with me, and forsake me not, but in the day of iudgement, vouchsafe ô blessed king to place me among thine elect, and holy people, that I may behold the glorious countenance of thy diuine Maiestie, and be filled with the exceeding sweetnesse of thy blessed presence, which is life euerlasting: grant this for thy mercies sake, Amen.

A Prayer for true repentance.

O Lord God which art full of mercie, and compassion, long suffering, & of great goodnesse, which continuest thy mercie for thousands, taking away iniquitie, sinnes & offences, thou callest after thy wonted mercy by thy word to repentance, & hear-

tie conuerſion: for vnto all and euery one is repentance and forgiueneſſe of ſinnes preached in thy name. I acknowledge the riches of thy lenity, patience, and long ſuffering, in that thou doeſt not ſuddenly take away ſinners from the earth, nor ouerthrowe them in their wicked deedes doing, but giueſt them a ſpace to repent, which is a moſt notable argument that thou wilt not the death of a ſinner, but that he be conuerted and liue: for thou art mercifull ouer all, and forbeareſt the ſins of men for their amendment: thou loueſt all things that are, and hateſt nothing that thou haſt made: therefore vnto thee O moſt mercifull God, doe I cry, which knoweſt the hardneſſe of my heart, and that I haue no power of my ſelfe to riſe vp.

Conuert

Conuert me therefore O Lord, and I shall bee conuerted. O shew mee my offences, that striking my thighes, I may be heartily sorry for my sinnes committed: heale me O Lord and I shall be whole: saue me and I shall be saued, for thou art my prayse: behold me a sheepe, wandring, and readie to perish: seeke thy seruant O Lord, that I forget not thy Commandements. O Iesus Christ looke vpon mee with the eies of pitty, as thou lookedst on the sinfull woman in the banquet, which prostrate at thy feete, did bitterly bewaile her wickednes: fauour me as thou didst the Publican, who standing a farre off in the Temple, and striking his breast, said, Lord be mercifull vnto me a sinner: grant that among the feares, & terrors of cõscience,

I may take hold of thee by a liue-
ly faith, which haſt redeemed
me from the curſe of the law, and
art made for me wiſedome, right-
teouſneſſe, ſanctification, and re-
demption: keepe mee O Lord
from deſperation, and let me flie
to thee my mediator, & through
faith haue peace with God. Re-
ſtore me in the light of thy law,
that from my heart I may obey
thee my redeemer, and walke in
newneſſe of life: thou which haſt
ſuffered for me in the fleſh, giue
mee grace that likewiſe in the
ſame minde I may be armed for
the mortificatiō of the fleſh, that
I liue not after the luſtes of men,
but after the will of God. I am
ſory that I haue ſpent the time of
my life that is paſt in wantonnes,
in luſts, in exceſſe of eating, and
drinking, and other ſins and wic-
kednes

kednes: mollifie my heart, that I may earneſtly repent all my former ſins & offences, and for thy moſt deare mercies ſake, O Lord, forgiue me the ſame: keepe the Deuill vnder, that he trouble not my conſcience with reckoning vp of my ſins, or extenuating thy mercie: but grant me truely to come vnto thee by hearty repentance: and that I may at all times, and in all places, lifting vp pure hands, pray vnto thee, and ſay, Lord forgiue me all my ſins and offences: and with deepe ſighing, and ſure confidence, continually perſiſt in making my praiers, ſupplications, interceſſions, and giuing of thanks for all thy temporal and heauenly benefits & bleſſings beſtowed vpon me. Heare O Lord, both now, and euermore all my prayers, and grant my re-

queſts, for Ieſus Chriſt his ſake, who liueth and raigneth with thee in the vnitie of the holy ſpirit, a God now and for euermore, Amen.

A Prayer for the remiſſion of Sinnes.

O Mercifull God, if I wretched ſinner, had not promiſes in the holy Scriptures, of thy tender mercies, for the comfort of my weake conſcience, and ſorrowfull heart, I ſhould haue no remedie (my ſinnes are ſo great) but muſt diſpaire. But though my ſinnes were neuer ſo many and abhominable, yet thy louing kindneſſes, are more innumerable, and thy mercies more infinite, thou wilt not the death of a ſinner, but that hee turne and liue: thou cameſt into the world

world to call ſinners: to ſaue offenders, to ſeeke that was loſt, to eaſe thoſe that were loden with ſinne. O put my euill thoughts out of thy ſight, waſh me & make me cleane, make me leaue to doe euill, & learne to do good: apply my ſelfe to equitie, aſſiſt the oppreſſed, help the fatherleſſe, heare the widdowes, and let my ſcarlet ſinnes be made as white as ſnow, and my purple offences, like pure white wooll. Caſt my miſdeedes behind thy backe, & neuer more remember them, forgiue me my ſinnes, heale my infirmities, ſaue me from deſtruction, & crowne me with mercy and louing kindneſſe: deale not with me according to my ſinnes, nor reward me after my wickednes. Looke how wide the eaſt is from the weſt, ſo far haſt thou ſet my ſinnes from me,

me, as a Father pitieth his owne children, euen ſo art thou merciſull to them that feare thee, thou knoweſt we are as graſſe, and as a flower of the field, which ſoone fadeth away, but thy mercifull goodneſſe endureth for euer.

O moſt gentle Sauiour, thou art my louing ſhepheard, which haſt fought me running aſtray, layd me on thy mercifull ſhoulders, & brought me home to the cõpany of the faithfull. There is no whole part in my body, from the ſole of the foote, to the crowne of the head, but all is wounds, ſores, and ſtripes, which can neuer be bound vp, mollified, and eaſed, except thou O Lord helpe me, O Lord make cleane my wounds, powre the Wine, and Oyle, of ſpirituall gladneſſe into them, binde them vp, make them perfectly whole, and

and bring me vnto thy euerlasting habitation: heale me, and I shall be whole: saue me, and I shall be saued: O Father receiue mee home, embrace me in thy armes, fauour me, that hath vngodly and lewdly bestowed thy godly and vertuous gifts: which prodigall liuing greatly grieueth me, and I am most heartily sorry, that I haue so haynously offended against thee, I most humbly beseech thee to haue mercy vpon me, forgiue me my sinnes, and receiue me into thy fauour.

Take from me the ragges of impietie, and cloath me with the garment of innocency, & put on mee the shooes of peace, that I may walke in the wayes of thy holy Commandements, and giue me grace vnfainedly, to repent and amend my life, that the An-

gels

gels in heauen may reioyce at my conuersion, wash me more and more from my sinnes, that I may be cleane, and appeare beautifull in thy glorious sight, and rest for euer in thy heauenly Mansion, Amen.

A Prayer for blessings, and forgiuenesse of our sinnes.

O Heauenly Father, I beseech thee giue me grace to flie from all sinne, drunkennesse, and gluttony, as from beastly Vices and pestilent pestilences, and vse thy good creatures soberly, temperately, and thankfully, keepe me from fulfilling the lusts of the flesh, let me watch & pray that I fall not into the snares of the deuill, & liue soberly, watch warily, pray

pray continually, looke diligently for the comming of my Sauiour, that I may be ready to enter with him into euerlasting glory. O Sauiour giue me grace to visit the sicke, and prisoners, comfort the comfortles, feed the hungry, cloath the naked, lodge the harbourlesse, and doe those things which are most acceptable in thy sight.

I confesse and acknowledge vnto thee my sinnes and offences my transgressions are infinit, as the sand of the Sea, I haue departed from thee, and haue not kept thy commandements, as thou hast commanded me, giue mee thy righteousnesse, & forgiue me all my sinnes: Finally, I beseech thee most mercifull father, deliuer me from this euill world, humane feare, and all infirmities of the

flesh

fleſh and mind, from falſe Prophets, bad brethren, and lewd perſons: Defend mee from the hands of mine enemies, from all euils, preſent, & to come, both in ſoule and body. Giue me grace to ſerue thee in good workes, & for thy name ſake, deliuer me frō all euill. Arme me with thy holy armor, weapon me with thy bleſſed Word. Inſtruct me by thy holy ſpirit, that I may ſerue thee in holineſſe, and righteouſneſſe all the dayes of my life: breake the bands of my ſinnes, ſhake them out of thy ſight, fully forgiue me all my offences, and let me poſſeſſe the inheritance of thy heauēly kingdome. To thee O Father, creator, protector, gouernour, and defender, and to thy beloued Son Ieſus Chriſt our Peace-maker, Mercie ſeate, Redeemer, Iuſtifier, and

Aduocate,

Aduocate, and the holy spirit our Sanctification, Wisedome, Teacher, Instructor, & Comforter, be all dominion, power, and glory, for euer and euer, Amen.

A very fervent Prayer for remission of sinnes, and many good petitions.

GRant me most gracious god thankfully to acknowledge thy great mercy, make me increase in repentance, faith, prayer, in contemning the world; in heartie desiring life euerlasting, and thy blessed presence. Graunt me (O most gracious Lord) thy holy and sanctifying Spirit, that I may heartily and faithfully pray vnto thee with a pure and cleare mind, with an humble and lowly heart, accept me into thy fauour, write thy law in my heart and

and so worke in me, that I may
beleeue in thee, feare thee, loue
thee, obey thee, and serue thee,
as thou requirest. O louing Lord
forgiue me my vnthankfulnesse,
and all my sinnes. O Father assure
me of my euerlasting saluation in
Christ, reueale thy truth vnto me,
confirme, strengthen, & stablish
me in the same, that I may liue as
a vessell of thy mercy: endue me
with the spirit of wisdome, keepe
me that I follow not the counsell
of the wicked, walk not in the way
of sinners, nor fulfill the lusts, &
desires of the flesh, guide my lusts
and conduct me, that I may doe
those things that please thee, and
hate those that offend thee, fasten
me & plant me surely in the land
of the liuing, and let me not bee
caried away with vehement blast
of the wicked world, direct & or-

der

der my paths, that I may walke in thy wayes. Arme me with patiẽce, and assist me with thy holy spirit, that I may shake off the bonds of the wicked, & cast away the yoke of sinne, & impietie, so guide me that I may alwayes serue thee in truth and verity, and in true faith obey thee, I beseech thee receiue me vnder thy blessed safegard, be my buckler, giue me thy succour, that I may walke in thy truth before thee, & reioyce only in thee. O Lord heare me, lamẽtably calling vpon thee: O Christ which art my righteousnes & innocencie, comfort me in all aduersity. Heare me mercifully when I call vpon thee, make me liue in awe of thee, and euermore be afraid to offend thee, or sinne against thee, giue me the light of thy countenance, and let me feele and taste

thy

thy fauourable goodneſſe. Grant mee peace and tranquilitie, firme hope, and ſteadfaſt faith in thee. Haue compaſſion on me, for I am ſore vexed: heale my ſoule, helpe me, and deliuer me from all my ſinnes: for thy mercies ſake heare my lamentable voyce, heare my ſorrowful cry, grant my petitions cõfound my enemies, deliuer me from all inconueniences, free me from all griefe and heauineſſe: grant I be not ouercome with the deceipts of the wicked, lighten mine eyes, that I may rightly diſcerne thee, & walke conſtantly in the way of truth, through a ſtedfaſt faith. O Lord God conſider me, regard me with the eyes of thy mercy. Keepe me from ſinne, & ſinners, let my heart reioyce in thy ſalnation, that I may ſing praiſes, & rẽder thanks vnto thee for

that

that thou haſt deliuered me from all my ſinnes, and tranſgreſſions, free me from all impiety, & ignorance, that I may earneſtly ſeeke thee, keepe me as the Apple of thine eye: defend me vnder the ſhadow of thy wings, and ſatisfie me with the deſire of thy glory; ſhew me thy way, teach me thy pathes, deliuer me from all vngodlineſſe, wipe out all my ſinnes and offences, and clearly forgiue me all my miſdeeds, for thy moſt deare mercies ſake, Amen.

A moſt godly Prayer for repentance, and life euerlaſting.

O God almightie, that haſt created me of nothing in the celeſtiall forme of mankinde: & by thy holy word gouerned, & taught me to know, confeſſe, honour, and ſerue thy omnipotent Maieſty,

Maiesty, so, as where I was far frō thee by sinne, I am now by thy grace brought neere thee, and reconciled to thy fauour as a Son. Therfore as one enuironed with many sorrowes, perils, wretchednesse, and calamities, amidst the swarms of innumerable enemies that seeke to spoyle me: I call for thy helpe, which art the only sure and inuincible fortresse, wherein I may be saued. O Father stretch forth thy mightie hand, and giue me a ioyfull victorie against the power of the malicious enemies that would spoyle me: from the bottome of my heart I cry vnto thee to saue me, & for the loue of thy deare sonne, deliuer me from all sin, & the power of darknes, and by thy holy Spirit lead and guide me in the light and pathes of thy most glorious & heauenly

grace,

grace, that in this ſhort and tran-
ſitory life (beſet round with many
ſtormes, perils, and deceipts, to
perdition) I may alwayes cleaue
faſt vnto thee, and vtterly deſpi-
ſing all earthly pompe and vani-
tie, I may poſt vnto the Port of
perpetuall peace and ſafety, there
to poſſeſſe the triumphant and
eternall ioyes which are prepared
for thine elect.

Open the eyes of thy fatherly
pittie I beſeech thee, and giue me
grace earneſtly to repent my miſ-
deeds, put away my ſins, and for-
giue me all mine offences: renew
whatſoeuer is decayed in me, ei-
ther by the fraud and deceit of
the deuil, the vanities of the world
or my own carnall will & frailty,
let me put my whole truſt in thy
mercy, impute not my ſinnes vn-
to me, but take me into thy fa-

uour,

uour, and blessing. Strengthen me with thy holy spirit, poure vpon mee the manifold gifts of thy grace, the spirit of Wisdome, Truth, Meekenesse, Loue, Peace, and Patience, that I may liue here in this life godly and vertuously, die in thy faith and feare, & raigne with thee in the world to come in euerlasting glory, Amen.

A Prayer of thankesgiuing, and for remission of sinnes.

O Almighty and eternall God our gracious and mercifull Father, all prayse, honour, & glorie be giuen to thee. O let me extoll and prayse thy name for euer & euer, for thou hearest my Prayers, graunt est my requestes, & abundantly poureſt thy graces and benefits vpon me, thou choſest me before all eternities, write my

my name in thy booke, & made me fellow heire of thine euerlasting kingdome, I wil praise thee for creating me after thine owne similitude & image, in wisdome, innocencie, holinesse, and righteousnesse, little inferiour to the Angels: for redeeming my soule and bodie from destruction, for forgiuing me my sins, and deliuering me from death euerlasting, I thanke thee for that precious Iewell of thy sacred Word, for teaching and comforting me, for preseruing my soule & my body in health, peace, & liberty, for the vse of thy good creatures, both for my necessity and delight, for foode to nourish me, apparell to cloath me, the benefit of rest to refresh me. O gracious God, giue me thy speciall grace, that I may morning and euening, and at all

times prayse and highly magnifie thee, and euer offer this sacrifice, euen the calues of my lips vnto thy heauenly Maiestie: sanctifie my senses to thy honor & glory, charge thine angels to pitch their tents about me and saue me. Giue me power & strength against Sathan, sinne, Iniquitie, and all vngodlinesse, & let me neuer more offend thee: blesse my endeuours the beginnings and issues of all my affaires, fill my heart with thankfulnesse to thee, and charitie to others, protect me in all places, defend me from all dangers, and let thy blessings be with me whersoeuer I become. O Lord grant me grace still to prayse thee, & euer hartily to pray vnto thee, good Lord heare me and freely forgiue me all my sins for Iesus Christs sake: To whom

with

with thee and the holy Ghoſt, be all prayſe, thankes, honour, and glory, now and for euermore, Amen.

A very deuout Prayer for repentance, and all other things whatſoeuer needfull, and life euerlaſting.

O Moſt mighty God of angels and men, whoſe wiſdome is infinite, & iudgements vnſearchable, heare the prayers of thy ſeruant, and giue eare to the humble petitions of thy poore creature, O let me incline my ſoule vnto thee, and ſet my eyes vpon thee, turne thy anger away from me, and let me finde fauour in thy ſight. Heale my ſoule that hath ſinned, free me from my tranſgreſſions, plucke me from my offences, for I acknowledge my

faults, and am ſorry for my ſins. Pride and arrogancy hath beguiled me, fooliſh boldnes ouertake me, and my owne counſels and deuices miſled me, thou haſt counſelled me, and I followed it not, thou didſt ſtrike me, and I regarded it not, thou didſt correct me, and I receiued not thy diſcipline: haue mercie vpon me O Lord haue mercy vpon me, I moſt humbly beſeech thee, heare my praiers forgiue the ſins of my youth, and turne thy diſpleaſure from me. Come vnto me O Lord, and ſaue me, deſtroy not my ſoule whom thou haſt ſo mightily redeemed, but ariſe and deliuer me, ſaue me for thy mercies ſake: grant me ſorrow for my ſinnes, & a fountaine of teares for my offences, that I may daily bewaile my iniquitie. Let my prayer enter into

thy

thy preſence, and my cry come vnto thee: helpe me in my troubles, heare my prayers, and freely forgiue me all my ſinnes. O God almighty, behold me thy vnworthy ſeruant, giue me thy holy ſpirit, feruently to deſire thy kingdome, acknowledge thy will, and worke thereafter: giue me wiſedome, conſtancie, patience, and ſtrength in thee, let thy mightie arme preſerue me from the inuaſion of the Deuill, the curſings of euil tongues, the malignity of the wicked world. Giue me grace to repent my miſdeeds, be ſorry for my ſins, and penitent for my offences. Make me loue iuſtice, hate wrong, and abſtaine from euill: take care of my ſoule, forgiue me my ſins, and ſaue me thy ſeruant. Giue me what thou wilt, as much as thou wilt, and when thou wilt,

doe with me as thou wilt, put me where thou wilt: and in all things rule me as thou wilt: grant me grace to deſpiſe worldly vanities, mortifie carnall affections and giue my mind wholy to heauenly Meditations: aſſiſt me with thy grace, ſtrengthen me with thy heauenly power, comfort me with thy holy Spirit, that neither my cruell enemy, my wretched fleſh, or ſubtile ſpirit, haue domination ouer me. Deliuer me O Lord I beſeech thee, frō cares of this world keepe me from bodily neceſſities let me not be ouercome with voluptuous pleaſures of the world, the allurements of the fleſh, or inſtigatiō of the deuill. Let not fleſh and bloud ouercome mee, the world with his vaine glory deceiue me, nor the fiend with his manifold crafts ſupplant me, but

giue

giue me ghoſtly ſtrength in reſiſting them, patience in ſuffering them, and conſtancie in perſeuering to the end. Giue me, for worldly delights, the ſweet conſolation of thy holy ſpirit; for fleſhly loue the feruent loue of thee, and thy heauenly wiſdome, that I may ſeeke thee, find thee, and aboue all things faithfully ſerue thee: In temptation ſtrengthen me: in tribulation ſuccour me, & from all my enemies, both bodily & ghoſtly, freely deliuer me. Giue me grace to deſpiſe all worldly things, all motions of ſinne, and let no vanitie deceiue me. End (O Lord) my miſeries, deliuer me from the bondage of ſinne, & grant me a full ſight and contemplation of thy glory, thorow Ieſus Chriſt our Lord and Sauiour, Amen.

A Prayer or meditation, whereby the contemplation of light and darkeneſſe is ſtored vp, with a remembrance of the ſhortneſſe of our life, and for life euerlaſting.

AS my body, O Lord, is compaſſed with thy bleſſed light, ſo let my mind with thy heauenly light be illuminated, and as thou giueſt me corporall light, ſo I beſeech thee giue me ſpirituall light, for ſure I beleeue my body ſhall be as cleare as the Sun, in the day of Iudgement, and as the ſun riſeth in the morning, is higheſt at noone, & in the euening draweth downward, ſo my life, & al things in this world (how glorious ſoeuer) being at the higheſt, decreaſe & weare away: grant me therfore (O God) a quiet and contented mind, which is moſt like thy holy

ly nature. And as houses are ordained to keepe vs frō the iniury of weather, cruelty of beasts, disquietnes of the people, & dāgers of the world, so grant most gracious father, that my body may enter into thy heauenly Mansion, wherein my body and soule may haue rest, peace, & ioy euerlasting.

Oh take from me this vaile of sin, & let me haue euer cleare light in my minde, & as I am not sorry when the sun goeth downe, so let me reioyce in death, whereby I come to thy heauenly habitation. Thou which art the Author of light, take away the dimnesse of the minde, & let me see clearely, let thy word be a Lanthorne vnto my feete, and a light vnto my pathes: as after the day I giue my selfe to rest in the night, so most meek Father, guide me, & prepare

me, that after this life, I may rest & liue with thee in eternall glory. Nothing is so like life as day, nothing so like death as night, nothing so like the graue as the bed, and as I feare not to enter my bed, and sleepe, so let me not feare to die, but prepare my selfe for it, that after the temptations, troubles, and tempests of this world be ended, I may inioy that heauenly, pleasant, and delectable rest, that is prepared for thine elect, which grant me sweet Father, for thy Sonne my Sauiour Iesus Christ his sake, to whom with thee and the holy Ghost be all honour and glory, Amen.

A Prayer to spend our life so, as we may liue in Heauen eternally.

DEare Father, God of heauen and earth, miserable & sinfull

ful creature, do prostrate my selfe before thy Maiesty, desiring thee from the bottome of my heart to be merciful vnto me, & though I am not worthy to receiue the least fauour of thee, & from thee, yet of thy fatherly care ouer me, thou giuest me thy blessings abundantly, yet my weake nature is such, as I forget from whence these good graces flow, & am no way thankfull for the same, but like the gunmundizing Glutton, continue in my vaine desires and worldly pleasures, which in a moment shall vanish, endue me therefore most deare Father, with thy holy spirit, and giue me grace to spend the short Pilgrimage of my life, wholy in thy testimonies, that I may ioy in the seruice of thee, & continually be carefull to please thee, so that when thou shalt mow

vp

vp the roote of this tranſitory life, I may be readie like the wiſe Virgins with my lampe burning, that ſo paſſing from this darke vale of miſery, I may be receiued to thy bright ioy and euerlaſting habitation, Amen.

A Prayer to God to take care of vs, preſerue vs, and forgiue vs our ſinnes.

O Father that mad'ſt the light lighten mine eyes, that I ſleepe not in death, & let not my enemies, or ſins preuaile againſt me, driue from me the darknes of ignorance, & illuminate me with thy holy ſpirit, that I may deſpiſe the deceitfull delights of this world, & earneſtly ſtriue for the true ioyes of heauen, that I may hartily forſake all tranſitory things & endeuour to attaine things eternall, preſerue me from the aſ-

ſaults

ſaults of the deuil, keepe me from all ſinne, & deliuer me from ſuddaine death, grant me ſolace in tribulation, aſſiſtance in temptation, & after death ſaue me from condemnation. I beſeech thee, & from the bottome of my heart intreate thee, to direct me in the way of thy commandements, that I may begin, continue, & end my life to thy glory, and the ſaluation of my ſoule: keepe me from ſinne reſtraine me from iniquity, coole the heat of my concupiſence that raigneth in me, let me leade the remnant of my life in thy feare, and loue, direct my heart, body, ſenſes, ſpeeches, and actions, in thy law and workes of thy commandements, that leauing the delights of this world, I may thirſt for thy kingdom. Curbe the deuil, that he hurt me not, grant me thy

mercy

mercy, & forgiue me my sinnes. Furthermore, O Lord, giue me puritie of heart, austeritie of the flesh, mortification of my appetites. Watch my eyes, and bridle my tongue, let me desire nothing but thee, and be euermore mindfull of thee. Giue me humilitie of heart, patience, obedience, meekenesse, charitie, constancy, and endue me with thy heauenly grace, and Christian goodnesse, Amen.

A Prayer for the ayde and protection of God in our affaires.

O Omnipotent & eternall God, who art the life, the way and the truth, behold I walke among the temptations of the deuill, the snares of the world, and frailtie of the flesh: open therefore O Lord my eyes, be thou my guide

and

and conduct me aright, be in my way, O Lord, my succour and solace, in heate a shelter: in cold, a garment: in wearinesse a rest: in shipwracke, a hauen: guide me in thy paths, & teach me thy waies, beat me downe and humble me, that I trust not in terrestial things, but erect my spirit & mind to heauen, and therein to fasten my hope, direct my intent to that end, and let me so liue on earth, as I may be receiued into thy euerlasting kingdom. Grant that I may learn so to rest in thee and trust in thy blessings, that I may abstain from al euil, look after celestiall riches, and learne to be content with what it shall please thee to bestow vpon me. Lord haue mercy vpon me, and heare my prayers, turne my sins from thee, & saue me for thy mercies sake, there is no man

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can heare mee, nor deliuer my ſoule, but thou, O Lord. My deſtruction commeth of my ſelfe, my hope and ſaluation ſtandeth only in thee, in the time of reconciliation heare me, in the day of death deliuer me, & for thy mercies ſake haue mercy vpon me: be mercifull vnto me, which haue none but thee to helpe me, deſtroy me not becauſe of mine iniquitie, nor be no longer angry with me, let my prayers aſcend vnto thee, and be thou my health and ſaluation: I acknowledge I haue many wayes from my youth hitherto moſt grieuouſly offended thy diuine maieſty, for which O God be mercifull vnto me a moſt wretched ſinner, forgiue all that is paſt, ſaue & defend me from all euill hereafter, confirme me in a godly life, to the honor & glo-

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ry of thy blessed name, Amen.

A very good Prayer for forgiuenesse of sinnes.

O Celestial Lord, omnipotent and eternall Father, I blesse thy diuine Maiestie, I prayse thy infinit bounty & mercy, I magnifie thy eternall wisdome & truth, which with thy mighty hand hast euer defended me from all perils, dangers, & enemies: cõfort me, cherish me, maintaine me, and for euer hereafter defend me, that my mouth may set forth thy glory. Prayse the Lord, O my soule, I will praise the Lord, & all my life sing praises vnto his holy name. Preserue and defend my soule & my body from all perils, preserue me from worldly slanders, driue mine enemies from me, guard & protect me that I neuer offẽd thee

or

or with my sins grieue thee, early in the morning let me seeke thee, in the euening let me praise thee, & be euer carefull to please thee: punish me not according to my sins, but be merciful vnto me for thy great goodnesse and mercies sake. Reproue me not, O Lord, in thine anger, nor chastise me in my wickednes: shew mercy, & grant me thy saluation, free me from thine anger, deliuer me from sodaine death, & saue & keepe me from eternall damnation. Grant that I may so follow holines al my life, that thy glory may shine in my good works, & that I may enterprise nothing, but that which shall be to thy prayse and glory: Exempt me from the worlde, & all filthinesse of the flesh, keepe me so diligently, that I may follow true goodnesse & pietie. Grant I

may apply my heart vnto thee, purge it from all immundity and filthines, make me abstaine from all euil deeds, deceits & crueltie. Deliuer me from sin, wickednes, and all euill, send thy holy Angel to guide me in my doings, and keepe me in thy wayes, that I may not doe, thinke, or will any thing contrary vnto thy holy will and commandements: let me sing & reioyce before thee, worship and serue thee, & come into thy presence with mirth. Thou madest me: I am a sheepe of thy flocke, remember not O Lord the ignorãces of my youth, but according to thy great mercy be mindful of me, turne my wailing into ioy, cut my sacke of sorrow into pieces & cloath me with celestiall gladnes, that I may sing to thy glory, world without end, Amen.

A good Prayer for a sinner, and for Gods grace to keepe him from sins, and grant him life euerlasting.

O Lord let thy graces spring in my heart, suffer me not to perish with the vngodly, direct me with thy rule of Iustice, make plaine thy way before me, least the wicked spirit put me out of it, Defend me with thy grace as a shield, gather me vnder thy wings & keepe me safe among the feathers, send thy truth and light to lead me, & bring me to thy holy dwelling. O my soule, trust in the Lord, he is my God & my helper Haue mercie vpon me O Lord, thou God of all things, haue respect vnto me, send me thy feare, and bestow on me thy mercie.

Awake O my soule, and stand vp from death, that Christ may lighten

lighten thee with the beames of his mercy: ſhew me the way that I ſhall walke in, and deliuer me from mine enemies, for I fly vnto thee. Teach me to doe thoſe things that ſhall pleaſe thee, let me put my truſt in thee, and haue mercy vpon me, looke vpon my adverſitie and miſery, & forgiue me all my ſin. O keepe my ſoule and deliuer me, and let me neuer be confounded, but be mercifull vnto me, and haue mercie vpon me, watch (O my Soule) for thou knoweſt not when the Lord will come, watch & pray O my ſoule that thou enter not into temptation, watch (O my ſoule) faſt, and pray, and be ſtrong in faith: ſet a watch O Lord before my mouth, and keepe the doore of my lips, and let not my heart be inclined to euill. O keepe me in thy pathes

that

that my foot-steps slide not, heare me, & haue mercy vpon me, knit my heart vnto thee, that I may feare thy name: ponder my wayes consider my meditations, & mercifully heare me; lead me in the right way, let no wickednes haue dominion ouer me, turne all voluptuousnes from me, take from me the lusts of the flesh, let not vncleannes take hold of me, giue me not ouer to an obstinate mind turne my eies away from vanities let thy louing mercies come vnto me. Suffer me not O Lord to enter into the way of sinners, but whensoeuer through frailty of my corrupt nature I run astray, then O Lord stay me, and plucke mee backe againe, that I may ioy in the desire of thy law, that I may euer choose, and doe those things which are most pleasant to thee,

and

and hate all that offend thee. Plant me by the waters side, and let me bring forth fruit to thy honor and glory: grant that I may stand in the assembly of the righteous, that I may escape all punishment, be deliuered from condemnation, & with thy Saints & holy Angels, liue in euerlasting glory, world without end, Amen.

A confession of sinnes, necessary to be said at all times, and for forgiuenesse of sinnes.

O God, and merciful father, be merciful vnto me, for many enemies fight against me, O God most high, I here prostrate in hart confesse my abominable wickednesse, wherein all my life long I haue offended thy heauenly Maiesty, in thought, word, and deed, which are infinite, and cannot be numbred,

numbred, make them O Lord odious & grieuous vnto me, make them deteſtable in my ſight, giue me the grace of true repentance, grant vnto me ſinful wretch, the forgiuenes of all my ſinnes, and releaſe me from all paine due for the ſame, thou haſt commanded vs to aske and pray, & thou wilt forgiue, to knocke and thou wilt open, grant me ô father, I beſeech thee, a continuall & ſtedfaſt faith, and onely hope in thee, and in Chriſt Ieſus, that I may cry, O God the father, haue mercy vpon me, O God the ſon, haue mercy vpon me, O God the holy Ghoſt haue mercy vpon me, O glorious & bleſſed Trinity, haue mercy vpon me, & forgiue me all my ſins and wickednes, that I haue committed & done euer ſince I came into this miſerable world, vntill

this

this present houre: & graunt O Father, I wretched sinner beseech thee, that I neuer hereafter fall into any sins or offences. Defend me against all my enemies, the deuil, the world and the flesh, O Christ which camest into the world, to ease those that were laden, to seek those that were lost, to call sinners to repentance, and to giue life euerlasting to the faithfull. I poore sinful creature, from the very bottome of my heart bewaile and lament my wretched & sinful life, beseeching thee according to thy promise, to be mercifull vnto me, to be my mediator to God the father for me, that he may fully and freely forgiue me all my sins what soeuer formerly cõmitted against thee, & wholly possesse my heart with thy holy spirit, that he may defend me against all perils to

come, which the deuill, the world or the fleſh imagineth againſt me & ſo change me into a new man, that my old ſinnes being waſhed away by thy precious bloud, I may walke from Vertue to Vertue, to the prayſe of thy bleſſed name, Amen.

A generall confeſſion of ſinnes, with a Prayer for the remiſſion of the ſame.

O Moſt mercifull Lord God, moſt deare & tender Father vouchſafe I beſeech thee to looke downe with thy Fatherly eyes of pitty vpon me, moſt vile & wretched ſinner, which herein hartily proſtrate before the feete of thy bottomles mercy. I am not worthy to be called thy Son, but for that thou art the God and Father of all comfort, & deireſt not the death

death of a ſinner, but takeſt care to cure my woũded ſoule: poure I pray thee the precious oyle of thy ſweet comfort into my wounds: that I may ioyfully run into the lap of thy euerlaſting pittie: thou art my hope and truſt, in whom I only repoſe my ſelfe, I accuſe my ſelfe vnto thee, that I haue ſore & gricuouſly offended thy almighty maieſty, in committing gricuous & manifold ſins and wickednes, that I haue not kept the leſt of thy commandements, as thy righteouſnes requireth of me. I haue not honored thee as a God, nor dread thee like a Lord, nor loued thee like a Father, nor vſed thee as my Sauiour. Thy holy and dreadfull name I haue vſed in vaine, I haue followed the Prince of the world, in concupiſcence of the fleſh, in pride of liuing, in couetouſneſſe,

in gluttony, in hatred, in enuy, in backe-biting, in despaire, and in misbeliefe, but in what maner soeuer I haue offended thy most godly maiesty, I am heartily sorry for it, euen from the bottome of my heart, and in token of my heartie repentance, I knock & strike my breast, and in the bitterness of my soule, I cry and say, Lord God father, haue mercie vpon me, Lord God Son, haue mercy vpon me, Lord God holy Ghost, haue mercy vpon me: spare me of thy infinite mercy, and grant me thy abundant grace, that I may change my sinful life, put off the old man with al concupiscence, that I may die vnto the world, & the world vnto me: strengthen my heart in true humility, perfect loue, hope, & trust in thee. Giue my soule grace to desire onely to reioyce and re-

pose my selfe in thee, that I may vtterly forsake the vaine affiance of the world, that I may be ready to go with thee, whensoeuer thou shalt come vpon me: Be thou O Lord alwaies vnto me a tower of strength, a place of refuge, and defend me against the fiend, and all desperation. Let thy comfort cleaue vnto me, thy mercy keepe me, & thy grace guide me. Take O Father, that thou hast made, take O Son that thou hast with thy precious bloud dearely bought, take O holy Ghost that thou hast kept, & preserued by thy grace, to draw me neare vnto thee. Heare my prayers, forgiue me my offences, comfort me in my afflictions, let my ghostly enemies haue no power on me, but giue me strength to withstand his deceitfull snares, let me liue to thy comfort, die in the

true faith, & rest with thee in thy euerlasting kingdome, Amen.

Another Prayer for forgiuenesse of sinnes, and to be guided by the grace of God, to preserue and keepe vs.

O Maker of heauen and earth, King of Kings, and Lord of Lords, which of nothing diddest make me thine owne image, diddest redeeme me with thy precious bloud, I am not worthy in my heart to thinke on thee, nor in my mouth to name thee: therefore I humbly desire thee, and meekly pray thee, gently to behold mee thy vnworthy seruant, and haue mercy vpon me, as thou haddest on the woman of *Canaan*.

Vnto thee I confesse my sinnes, haue mercy vpon me, O Lord, for I haue most grieuously offended thee in pride, couetousnesse, leache-

leachery, vaine glory, hatred, enuy, adultery, indissolute, and wanton liuing, in idle words, in thinking, sleeping, and doing all things wherein fraile man might sinne: therefore I most humbly pray & beseech thy goodnesse, haue mercy vpon me, and forgiue me my sinnes. Thou art my hope, trust, and defender, my helpe, strength life, health, resurrection, and redemption, I therefore most humbly pray and beseech thee helpe me, defend me, make me strong, and comfort me: Visite me, and receiue me, I am thy seruant and bondman, (though euill & a sinner) therefore I flie vnto thee to be receiued: If I be vncleane, thou canst make me cleane: If I bee sicke, thou canst heale me: If I be dead, thou canst reuiue me, for thy mercy is more than my sins,

and thou canst forgiue more than I can offend: Therefore O Lord consider not the number of my offences, but according to thy great mercy haue mercy vpō me, say vnto my soule, thou art my saluatiō. O be not angry with me, but most meeke Father, for thy mercies sake, forgiue mee all my misdeeds, grant that I may truly know thee, with my heart beleeue thee, & mouth confesse thee. Purifie my hart with the fire of loue, mortifie in me whatsoeuer is amisse, garnish my mind with thy heauenly benefits, and spirituall gifts: Arme my soule against the crafty assaults of the subtile serpēt the vaine pleasures of the world, & the lewd lusts of the filthy flesh O Sauiour haue mercy vpon me, which haue committed many sins against thee, & haue mispent the

gifts of grace that thou so louingly diddest giue me: be merciful vnto me O bountifull Lord, & I will wholy put my trust and confidence in thy mercy. Let me euer dread thee, loue thee, and serue thee, with all my heart, mind, will, might, power, and strength, of soule and body: and grant that I may doe all things according to thy will: let all my offences be forgotten before thee, and make me perfect in vertuous liuing, that I may order my selfe in this world to thy will and pleasure: for me depart out of this world in a clean and pure life, for the comfort and saluation of my sinfull soule: and most merciful Lord I pray thee, to giue me stedfast faith, true hope and feruent charitie, giue me thy grace to be mercifull vnto all my wayes, to pursue and follow thy

will and commandements, to eschew my owne fraile will and desires, and false enticements, so in this life I may liue a true Christian, and after death behold thy most glorious face in heauen, Amen.

A deuout Prayer for all Christians.

O Lord, which hast vouchsaft of thy vnspeakeable goodnes, to make and ordaine me thy creature, to liue in this transitorie life, giuing me a reasonable soule, by which I know thee, my Lord & my God, O most blessed Lord I wretched sinner cõfesse my wicked & abhominable sins, I humbly aske thee mercy & forgiuenes for the same, grant me thy strẽgth to stand sure in faith, thy knowledge to work thy blessed wil, thy power to resist all errors, & wicked

ked imaginations: thy wisdom to know the truth, giue me thy helpe I hũbly beseech thee, that thy holy spirit may guide me, & all the thoughts and desires of my hart, for the thoughts of men are miserable, & their deeds vncertain: cõfort therfore my soule, let it walk in thy lawes & waies, & work thy will, suffer no worldly perswasiõs to take place or root in my heart, but by thy holy spirit, so direct my waies & works, that they may be acceptable in thy sight. Suffer not my soule to perish, whõ thou hast so dearely bought, but haue mercy vpõ me, make me poore in spirit, low in heart, content with my calling, & let my soule rest in thee let me loue thee as a Father, a forgiuer, a Sauiour, & feare thee as a Lord, a iudge, a reuẽger. O father put frõ me my sin & wickednes,

make

make me to walke in the way of thy commandements: let me reuerently feare thee and stand in awe of thy iudgemẽts, let me loue thee as a Sauiour, honour thee as a Lord, and feare thee as a Iudge. Grant me grace to set thy feare before me, to stand in awe of thee, & of thy iudgements, that I doe nothing to prouoke thy heauie displeasure against me, that I may walke in thy feare and holy ordinances, & imbrace those vertues that shall euidently declare my faithfull loue, true honour, vnfained repentance, & humble feare towards thee. Haue mercy, pitty, & compassion vpon me most miserable sinner, for my offences are horrible, great, and grieuous, but I appeale to thy mercy, which is aboue thy workes: O let me liue with thee eternally, and not die,

though

though I haue deserued it, make me a vessell of thy mercy, that I may praise thy name, let not my sins seuer me from thee, but let me magnifie thy power & mercy. O gracious God, giue me true, harty, earnest, & vntained repentance, that I may from the bottōe of my heart cōtinually lament my manifold sins and transgressions, my vnthankfulnes towards thee, for all thy mercifull benefites aboundantly bestowed vpon me. Alas, that euer I became so wicked & vnkind a creature, to displease so good a Lord, so louing & mercifull a Father. O forgiue me all my sinnes that euer I haue committed against thee, let me neuer more offend thee but alwaies gladly serue thee in righteousnesse & holinesse all the dayes of my life, gouerne and guide my heart in thy

thy faith, feare and loue, that in all my thoughts, words, and deedes, I may glorifie thy holy name, to whom be all glory, prayse, power, and dominion, now and euermore, Amen.

A faithfull Prayer very fit for all persons.

O Most excellent goodnesse, withdraw not thy mercy. O most mightie maker, despise not thy worke. O most prudent Redeemer, suffer me not (the price of thy redemptiō) to perish. O móst gentle, ghostly, and heauenly hoast, purifie, saue, dresse, & keepe thy house and dwelling place in me. O most blessed, charitable, sweet, & bounteous Iesu. O most excellēt, glorious, merciful, deare Iesu, & sweet Sauiour, haue mercy vpon me, & freely forgiue me all

all my sinnes. O make me loue thee, turne to thee, & be sorry, & contrite for my wickednesse, let me remember thy benefits, meeknes, painefull and bitter passion; thy patience, obedience, loue, and charitie: sanctifie me that I may worship thee, magnifie thee, and heartily loue thee with true reuerence and deuotion. As thou art most dreadfull, make me to dread thee: as my Father to loue thee: as my Lord to serue thee: dwell in my soule by grace, mercy, charitie, and cleannes. O wound my heart with thy most holy wounds moist my minde with thy most precious bloud, that whatsoeuer I do, or whereseuer I turne me, I may behold thee crucified, and thus, beholding thee, I may fixe my minde on nothing but onely on thee: and I beseech thee

that

that thou wilt vouchsafe of thy goodnesse to direct, sanctifie, & keepe my soule and my body, my senses, talke, communication and all my doings in thy holy lawes and workes of thy commandements: that thy holy Angell may be with me, to direct me in the way of peace, truth, and health, that I may be whole, safe, and free in thee, and by thee, both here, and in the world to come. Heare me and saue me, O King of glory which liuest and raignest, world without end, Amen.

A very good prayer to God, to take from vs all euill things, and to giue vs all good things.

GIue O Lord God, vnto my heart repentance, to my spirit contrition, to my eyes a fountaine

taine of teares, to my handes a-boundance of Almes, put out of me the desire of the flesh, and kindle in me the fire of thy loue, thrust out of me the spirit of pride and vaine glory, & giue me true humilitie: take away from me O Lord, the fury of anger, and giue me the buckler of patience, pluck from me rancour, and malice of minde, and giue me meekenesse of soule, giue me (most gentle Father) stedfast faith, sure hope, and continuall charitie, O God turne from me vanitie, vnconstantnesse of minde, wantonnes of body, lewdnes of talke, a high minde, excesse of dyet, euill speaking of others, couetousnesse of riches, greedines to rule, desire of vaine glory, the vice of flattering, despising the poore, oppressing the weake, vnsatiable auarice, and

deadly

deadly blasphemie.

Take from me vndecent rashnes, stubbornnesse, vnquietnesse, idlenesse, sluggishnesse, dulnesse, blindnesse of heart, obstinacy of vnderstanding, crueltie of condition, disobedience of that is good, & giue me O God, for thy deare Sonnes sake, the works of mercy and affections of pietie, to suffer with the afflicted, to counsell the euill, helpe the miserable, succour the needie, cōfort the sad, ayd the oppressed, relieue the poore, mone them that weepe, pardon my debters, spare them that offed me, loue them that hate me, doe good for euill: embrace vertue, reiect vice, & liue in all goodnes, O God, make me rich with thy gifts, defend me with thy munition, giue me the strength of thy Saluation, be my shaddow in the day

day of battell: my deliuerer in the time of affliction, my ayd in tribulation, my light in saluation, and conduct me to thy euerlasting rest, that I may liue with thee in eternall glory, Amen.

A very good Prayer for Gods ayd, forgiuenesse of sinnes, and life euerlasting.

O Christ, that calledst all men vnto thee, spread forth the beames of thy light, that we walk not in darknesse, for thou art the way to heauen, and Sun of righteousnesse, in thy Crosse we triumph: in thy shame we glory: by thy paine, wee haue peace, in thy teares ioy: in thy sorrow, comfort in thy death, life.

I humbly beseech thee therefore, poure vpon me the spirit of wisedome, grace, and mercy with the

the force of his beames, to driue away the darkenesse of my mind, and with his fire, purifie my peruerse affections, with his celestial lampe kindle in my heart the true zeale of glory, with his holy ointment embalme my conscience, with his Fatherly oyle, to refresh my bowels, & with his vertue renue in me an vpright spirit, to clense my soule from dead works and replenish me with righteousnes, that I may ouercome Sathan the world, the flesh, and my lusts, aboue all, let me haue the true consolatiō of a faithful soule, his ioy, quiet, & content. Thy holy word is vnto vs the image of glory, the law of thy kingdome, the ladder to Heauen, the gate to Paradise, the treasury of piety, vertue, wisedome, consolation, & perfection, yet the grossenes of our flesh is so

ignorant

ignorant and peruerse, that it will neither see thy spirituall riches, nor heare thy true and wholesome doctrine: but taketh the Thorne for the Rose, the Leafe for the Fruit, and the Huske for the Kernell.

I humbly beseech thee therefore, most mercifull Father, to guide me in the vnderstanding of thy truth, and instruct me by thy spirit, to make me perfect in the principles of saluation, the true knowledge of thee, and of faith, pietie, and righteousnesse, to beleeue in thee, and in Iesus Christ thy onely Sonne: to glorifie thee, loue thee, feare thee & serue thee. Grant that my thoughts may bee repleniſhed with ſtedfaſt hope, ſupported with aſſured expectation to obtaine the celeſtiall riches, which no eye hath ſeene, eare hath

hath heard, or vnderstãding comprehẽded; that I may behold thy countenance, liue in thy kingdome, inioy the societie of the Angels, be a fellow heire with the glorified spirits, to be fully vnited vnto Christ, and by him to the Father, and fountaine of eternall life, and so possesse euerlasting ioy: and let the hope of enioying that happinesse bee my thought, pleasure, labour, habitation, and onely vocation, and grant me grace to turne my course, that in the end I may obtaine the Diadem, wherwith thou crowneſt thine elect, that I may prayse and magnifie thy name, world without end, Amen.

A Prayer for remission of sinnes, and to God, to assist vs to liue well, and free vs from sinne, and

to liue in heauen eternally.

O Lord my God, I wil glorifie & praiſe thee with thankeſgiuing, giue me thine ayd, ſaue, & deliuer my ſoule out of the deepe Dungeon, keepe me from the pit of deſtruction, take all trouble from me, let my life be agreeable to thy deſire, take away my euening lamentation, and giue me the ioy of the morning cõſolation. O Lord heare me, haue pittie vpon me, and be mercifull vnto me, take from me all heauineſſe, fill me with thy gladneſſe, that I may render thee thankes, and my tongue ſing thy prayſes without ceaſing. Haue mercy vpon me according to thy benignitie, for I am oppreſſed with ſins & offences abſolue, purge, & waſh me from all

all iniquitie. Put me not from thy presence, giue me a right spirit, the comfort of thy saluation, and rest to my poore conscience, that I may be sure of the free remission of all my hainous sinnes. Giue me (O Lord) a mouth, and wisedome to resist my aduersaries: keepe me pure and vndefiled in thy law, & that I may doe nothing but that thou requirest of me: let me neuer want sure hope & firme trust in thee. Fasten and imprint thy lawes in my heart, that I neuer sinne against thee: Teach me thy iudgements, and giue me a readie will to performe them, fortifie me with thy word, & let my heart be enclined vnto it, & not to couetousnesse, pride, or any other wickednes. Instruct me in that that is good, be thou my portion, & for thy mercies sake, haue mercy vp-

on me: Keepe me diligently, and watchfully, & let not my feet slip shadow me with thy right hand, & keepe me safe from the wicked. Deliuer me from all euils, guide my going forth, and comming home, and keepe my soule from sinne. Let me O Lord, cry vnto thee, and heare me speedily: let my prayer be as sweet incense before thee, that I may call vpon thee daily and continually, keepe me from euil, and let me not liue dissolutely: defend me from impiety, and al erroneous and foule offences, let me cast mine eyes vpon thee, hope onely in thee, and stay me wholly vpon thee. Saue my soule, let it not perish, & deliuer me from the vanities of the world, enticements of the flesh, suggestion of the Deuill, and the snares, ambushes, and deceit-

full conspiracies of the wicked, that I may laud and prayse thy holy Name in this world, and in the world to come. To our God eternall, immortall, inuisible, and onely wise, bee all honour and glory, both now and euermore, Amen.

A very earnest Prayer for Gods ayde, and forgiuenesse of our sinnes.

O Father, I beseech thee for the loue of thy Sonne, bring my soule out of prison to prayse thy holy name, deliuer me from the bonds of sin, & restore me to life euerlasting: when shall I come & appeare before thy face? when will the comforter come I waite for? when shall I see the ioy I look for? and be satisfied with the glo-

ry

ry I long for? Strik Lord my hard hart with the ſtrong point of thy dear loue, pierce it with thy mighty power vnto the very bottome, that my head may bring forth water, and my eyes a fountaine of teares, to mourne and lament my manifold ſinnes and offences.

I beſeech thee kneeling on my knees, and humbly intreat thee, that thou wilt with the eyes of pitty, looke vpon me thy vnworthy ſeruant, & haue mercy vpon me. O Chriſt, whom I haue greatly offeded in thought, word, & deed Pardon my offences, and clearly forgiue me all my ſinnes. Heale my iniquities, and I ſhall be ſafe. Gouerne and defend me, ſtrengthen and comfort me, deſpiſe me not O Lord, nor note the number of my ſins, but according to the multitude of thy mercies pity

me, fauour me, haue mercy vpon me, and forgiue me a moſt grieuous ſinner. Conuert me O Lord, and for thy mercies ſake keepe me that I may with true repentãce, heartily bewaile my ſins. Saue me for thou art the true ſafetie, haue mercie on my ſinfull ſoule, loſe the bands therof, blot out my tranſgreſſions, ayde me & forſake me not, O God of my comfort. O my ſoule, lament, mourne, & weepe, till thou be ioyned to thy bridegroome Chriſt. Thou bidſt me knocke O Lord, open vnto me, ſtrengthen me that am weake, reſtore mee that did periſh, raiſe me that was dead, guide and gouerne all my ſences, thoughts, and deedes, that hencefoorth I may ſerue thee, loue thee, and liue with thee. Grant me an humble and contrite heart, with

aboun-

abundance of teares, and a sorrowful soule for my sins. Giue me compunction of heart, humilitie of mind, & a pure conscience. O Iesu pardon my soule, pardon my sinnes, my euils, and my offences. Let me earnestly desire, aduisedly search, truly know, and perfectly fulfill all things that please thee. Giue me thy heauenly comfort, despise not my sinfull soule, forgiue me all my sins, and bring me to thy holy habitation, for my Sauiour Iesus Christ his sake, Amen.

A good Prayer for Gods assistance and repentance.

O Louing Father, haue mercy vpon me, pardon my frailty, ayde me in infirmities, by the power of thy grace, strengthen me against the cōcupisence of the

filthy flesh, the illusiõs of the foolish world, & the subtle assaults of Sathan, that I may grow in all goodnesse and heauenly perfection. Of thy Fatherly goodnesse heare my prayers, & for the glory of thy name forgiue me my sins, & grant my petitions, look fauorably on me thy fraile and wretched creature, humble my heart to the repentant confessio of my sins, giue me the helpe of thy holy spirit, to amend my sinfull life, blesse and guide all my thoughts, words and workes with thy heauenly grace, that I may in all things obey thy heauenly will. Reforme me, blesse me, and in thy tuition preserue me, poure forth the abundant bounty of thy good gifts vpon me, that in the riches of peace, ioy, & loue, I may praise & magnifie thee. O mercifull Fa-

ther,

ther, that hast deliuered me out of the bands of death and darknes, haue mercy vpon me, and for thy sweet Son my Sauiour Christ his sake, comfort, guide, and strengthen me in thy holy spirit, holde continually thy holy hand ouer me, that no flattery, illusions, nor inchantmēt of this world deceiue me, and that no troubles, malice, stripes, persecution, feare, tyranny, torments, nor death, may euer seperate me from thee: but despising the world, the flesh, and the Deuill, I may in ioyfull hope waite for, and desire the comming of our redeemer, for the deliuery of thy blessed Saints, to appeare in thy gracious presence, in our renewed bodies, glorified, & immortall, there to dwell with Angels, & Archangels, euermore praysing thy heauenly Maiesty. O

Lord, that hast made vs the children of light, haue mercy vpon me, yea, Lord haue mercy vpon me: and for thy names sake looke fauourably vpon me, stand fast by me, let me be constant in faith, humble and obedient to thy holy will, and correction, patiently wayting thy good pleasure and determinatiō in all things: make me abound in loue and meeknes, reioyce in vertue and true holinesse, and glad my heart in the assured truth of thy promises, helpe me with thy grace: pardon my weakenesse, and deliuer me from the euils I haue deserued, and in all troubles, wealth, need, health, sickenesse, ioy, sorrow, life, and death; make me put my whole stay, hope, and helpe in thy Fatherly mercy and goodnesse. Relieue me with thy grace, strengthen

then me with thy holy ſpirit, that I may ouercome and vanquiſh all the ſuggeſtions, temptations, and conſpiracies of Sathan, & his infernall armies: withſtand the malice, perſecutions, and troubles of this wretched world, triumph in heauenly victory, and wholy reioyce in the prayſing and lauding of thy holy name, now and for euer, world without end, Amen.

A Prayer for remiſſion of Sinnes.

O Soueraigne creator of all things, when I conſider thy Maieſtie, whom I haue with my ſins offended, I do ſhudder at my owne miſdeeds, & I abhorre my wickednes, becauſe I haue forſaken ſo gracious and bountifull a Father, vouchſafe therefore moſt mercifull God, & louing Father, to pardon and forgiue me all my

vanities, misdeeds, and offences, gouerne & guide me by thy holy spirit in all my wayes, that I may liue all the daies of my life according to thy holy and heauenly Commandements. By the multitude of thy mercies, wipe away my iniquities, let my suit enter into thy presence, and saue me thy seruant, shew me thy mercies, comfort my hart with the celestiall ioy, and pleasure of thee, that I may for euer rest with thee in the land of the liuing. Haue pitty vpon me, & according to the multitude of thy great mercies, wipe away my sins, and cleanse me from all my vnrighteousnesse, draw my soule out of sinne, vnto the liuely fountaine of the life euerlasting: fill my mind with the streames of thy pleasure, and ouercome my heart with the sweetnesse of thy loue,

and grant that I may long with all my heart, and labour with my whole endeuour, to attaine to the vnconceiueable ioyes of the life euerlasting: embrace me with thy armes of mercy, shew me thy louing countenance, plucke me frō the earth, and earthly things, open my mouth to call vpon thee, my eares to heare thee, my eyes to behold thee, and let all that I doe say, heare, or see, be onely to thy glory. Let thy grace euer accompany me, let me continually craue it, & earnestly endeuour to keepe it, scoure frō me the spots, which by my daily sins I haue cast vpon the whitenesse thou gauest me, that I may be pure and cleare before thee. Bind vp the sores of my sinfull soule, wash it with thy precious bloud, annoint it with thy oyle of holinesse, repaire that

heauenly

vanities, misdeeds, and offences, gouerne & guide me by thy holy spirit in all my wayes, that I may liue all the daies of my life according to thy holy and heauenly Commandements. By the multitude of thy mercies, wipe away my iniquities, let my suit enter into thy presence, and saue me thy seruant, shew me thy mercies, comfort my hart with the celestiall ioy, and pleasure of thee, that I may for euer rest with thee in the land of the liuing. Haue pitty vpon me, & according to the multitude of thy great mercies, wipe away my sins, and cleanse me from all my vnrighteousnesse, draw my soule out of sinne, vnto the liuely fountaine of the life euerlasting: fill my mind with the streames of thy pleasure, and ouercome my heart with the sweetnesse of thy loue,

and grant that I may long with all my heart, and labour with my whole endeuour, to attaine to the vnconceiueable ioyes of the life euerlasting: embrace me with thy armes of mercy, shew me thy louing countenance, plucke me fro the earth, and earthly things, open my mouth to call vpon thee, my eares to heare thee, my eyes to behold thee, and let all that I doe say, heare, or see, be onely to thy glory. Let thy grace euer accompany me, let me continually craue it, & earnestly endeuour to keepe it, scoure fro me the spots, which by my daily sins I haue cast vpon the whitenesse thou gauest me, that I may be pure and cleare before thee. Bind vp the sores of my sinfull soule, wash it with thy precious bloud, annoint it with thy oyle of holinesse, repaire that

heauenly

heauenly image within me, by sin defaced, & againe adorne it with thine owne righteousnesse, that I may euer hereafter prayse thee. Mortifie all my desires of wealth, pleasure, riches, glory, fauour, and all earthly things whatsoeuer, and that I may euermore readily and willingly doe those things, that may please thee. Giue me constancie, & steadinesse of purpose, that my thoughts may not bee found fleeting, or vneffectual, but that I may with an vnmoueable mind doe all things for my comfort, and to the honour & glorie of thy holy name, through Iesus Christ my Lord and Sauiour, Amen.

A Prayer for remission of Sinnes.

RIghteous, and merciful God, which art cleare from spotte and

and ſin, I miſerable & wretched ſinner, acknowledge my wickednes, & with humble and ſorrowfull heart, bewaile my filthineſſe, whereby I haue polluted that Image, imprinted within me at my firſt Creation. I openly confeſſe that many and great are my ſins, my offences wonderful, my tranſgreſſions infinit, euen as the ſand of the Sea, that cannot be numbred, for all my cogitations are prone to euill euermore: who knoweth O Lord his ſin, and can recite his trāſgreſſions? I confeſſe my offences, and my ſinne is alwayes before me: againſt thee onely haue I ſinned, & done euill, I was borne in ſin, and thoſe ſins haue I multiplied in my daily tranſgreſſions, and haue deſerued thy diſpleaſure: therefore I appeale vnto thy mercy O Lord, beſeeching

seeching thee not to enter into iudgement with thy seruant: but according vnto thy great mercy, haue mercy vpon me, and according to the multitude of thy mercies do away mine iniquities. Wash me thorowly from my sinnes, and cleanse me from my offences: for thy names sake, be mercifull to my sinne, for it is great: remember not the sinnes of my youth, nor my rebellions, but according to thy kindnesse remember me, for thy goodnesse sake: remember thy tender mercies, and louing kindnesse which haue beene for euer: remember I am flesh, that passeth away, and commeth not againe. Leaue therefore thy displeasure against me, be not angry with me for euer: deale not with me according to my sinnes, neither

neither reward me after my iniquities, but conduct me O Lord and turne away thy displeasure against me: shew me thy mercies, and grant me thy saluation, I confesse most mercifull God, it lieth not in my power to purge and put away my sinnes, and purchase thy fauour: but it is onely the Passion, and most innocent death of thy deare Sonne my Lord Iesus Christ, that is a sufficient reconciliation for my sins, and for the sinnes of the whole world: for his bloud which was shed for me, doth cleanse me from all my sins: and if I confesse my offences, thou wilt forgiue me all my sinnes, and cleanse me from all vnrighteousnes: wherefore in such hope of this thy mercie promised by thy Sonne, I am bolde with deepe sighes, from my

my heart, to cry Lord forgiue me mine offences, remit mine iniquities, couer my sinnes, and impute not my faults vnto me: purge me O Lord, from my secret faults, keepe me from presumptuous sinnes, let them not raigne ouer me, but purifie me from all my wickednesse: let me taste the sweetnesse of thy benignitie, that I may be secure, and certaine of the remission of my sinnes, thorow the bowels of thy mercies: that I may perceiue in my minde, comfort, peace, and gladnes of thy holy spirit, which may beginne a new life in me, pleasing thee: quench all vaine motions in me, and restore in me the image of thy diuine light, which was lost: that being deliuered from my sinnes, and out of the hands of my enemies, I

may

may ſerue thee in feare, in righteouſneſſe, and holineſſe, all the dayes of my life, through Chriſt in whom thou art well pleaſed, and for whoſe ſake, all my workes, howſoeuer vnperfect, are acceptable in thine eyes. O moſt mightie Maker, deſpiſe me not thy worke, O moſt excellent goodneſſe, withdraw not thy mercy from me. O moſt prudent Redeemer, ſuffer me not to periſh, whom thou haſt ſo dearely bought. O moſt gentle Ghoſtly, and heauenly hoaſt, purifie ſaue, dreſſe, and keepe thy houſe and dwelling place in me, which thou haſt ſanctified, and dedicated vnto thee in my Baptiſme. O moſt bleſſed Ieſu, haue mercy vpon me, make me to loue thee, & to be ſorry, & contrite for my ſinnes. Turne me

vnto

vnto thee, by grace, that I may remember thy benefits, and thy painful and bitter death and passion. Grant me to sanctifie, worship, magnifie, and loue thee heartily. Moysten my mind with thy most precious bloud, that whatsoeuer I see, I may behold thee crucified, that thus beholding thee, I may fixe my mind on nothing but onely on thee, and liue most carefully to serue thee, and after this life rest euerlastingly with thee, which liuest and raignest with the Father, and the holy Ghost, one God world without end, Amen.

An excellent Prayer, meete for all persons, and to be said at all times.

GRant O mercifull Father, that I neuer commit any thing

thing that ſhall offend thy father-
ly goodneſſe, but that I may eſ-
chew all vice, embrace all ver-
tue, liue in thy feare, call vpon
thy holy name, learne thy godly
commandements, heare thy holy
word, auoyde all idleneſſe, and
walke in my vocation, to the
glory of thy holy name. Send
thy holy ſpirit of loue and con-
cord, that I may be content with
my calling, liue quietly in the
ſame, doe good to all men, and
order my life according vnto thy
godly will. Grant me to couet
with an ardent mind thoſe things
which may pleaſe thee, to ſearch
them wiſely, to know them truly,
and fulfill them perfectly, to the
laud & glory of thy name: order
my liuing ſo, that I may doe that
which thou requireſt of me: giue
me grace to know it, and haue a
will

will & power to doe it, and that I may haue thoſe things which are moſt conuenient for my Soule. Gracious God, make my way ſure, and ſtraight, that I fall not betweene proſperitie and aduerſitie, but in proſperitie to thanke thee, and be patient in aduerſitie, and that I be not lift vp with the one, nor oppreſſed with the other: that I may reioyce in nothing, but that which pleaſeth thee, nor be ſorry for any thing, but thoſe that offend thee, deſiring to pleaſe none but thee, nor fearing to offend any but thee. O louing Father, make all worldly things vile vnto me, and be thou my ſpeciall comfort aboue all: let me not bee merry, but with that which pleaſeth thee, and let me deſire nothing but thee. Let all labour delight me that is for thee,

and

and let all the reſt wearie mee: make me lift vp my heart vnto thee, and when I fall, make mee to thinke on thee, & be ſorry for the ſame, with a ſtedfaſt purpoſe of amendment. Grant me faith in thee, and grace I beſeech thee, to be occupied in doing of good works, to thy glory & my comfort, and to truſt in thy mercies, & in Chriſt his merites to be purged from my ſins. Giue me grace to loue thy Word feruently, to ſearch the ſcriptures diligently, to read them humbly, to vnderſtand them truely, & to liue after them effectually, that my life may be acceptable vnto thee. Teach mee ſo to pray, that my petitions may be graciouſly heard of thee. Keep me vpright among diuerſitie of opinions, that I ſwarue not from thy truth. Giue me I beſeech thee

a true spirit, that no curious thoughts, nor filthy affections withdraw me from thee. Grant me grace to know thee, diligently to please thee, and hope to embrace thee, for the precious bloud sake of that immaculate Lambe Jesus Christ: to whom with the Father, and the holy Ghost, be all honour and glory, world without end, Amen.

A Prayer wherein a sinner desireth God to heare him, and forgive him his sinnes.

O Lord how long wilt thou reiect my prayers which daily I poure out before thee? Wilt thou O Lord heare me at no time? Or wilt thou cease to shew mercy? O cry vnto the Lord O my soule, and say, Hast thou O Lord

Lord call me away for euer? or wilt thou neuer hereafter be pleased with me? fauour me O righteous Father, for Iesus Christs sake, that the sighing and inward groning of my heart, may moue and incline thee to heare me: graciously O Lord, grant me thy mercie, and performe the couenant which thou hast made with mee. Hold thy holy hand ouer me, and keepe me from sinne, then shall I feare neither death, nor hell, and as thou hast alwayes beene mercifull to penitent sinners, so now good Lord forgiue me my sins. In the zeale of my heart, I beseech thee to keepe me in the feare of thee, then shall I reioyce in thy mercy, for that thou hast looked vpon me, & regarded my soule in distresse. Keepe me in thy sheepfold, O shepheard of my soule, &

let

let me neuer hereafter wander frō thy wayes, nor leaue mein troubles: behold, my weaknes is best knowne vnto thee: Looke O Lord vpon my sorrow, and forgiue me my sinnes. Mollifie my heart, that I may turne vnto thee and walke in all thy wayes, for I haue walked ouer long in the way of sinners: my prayers O Lord are poured forth before thee, let thine anger be turned from me, & let me find fauour in thy sight. Looke not on the hardnes of my heart, but as thou alwayes shewest mercie, so now be mercifull ouer me, and forgiue me all my sinnes. Spare me I beseech thee and shew on me the abundance of thy mercy, which hast taught me in Christ Iesus to call vpon thee in my necessities. Giue me grace to acknowledge my owne

infirmi

infirmitie, that I depending vpon thy merciſull goodneſſe, may with a ſtrong, and ſtedfaſt faith, & with a penitent heart, continually call vpon thee for thy grace, mercy, and pardon. Hearken O moſt merciſull God, for thy great mercies ſake, to thoſe my humble prayers which I make before thee and conſider O Lord the deſires and thoughts of my heart, let my loud crying come vnto thee, and let my vnfained prayers enter into thy preſence. Heare me O Lord, for I want thy helpe, care for my ſoule, ſaue me thy ſeruant, which truſt in thee. Haue mercy O Lord, haue mercy vpon me, for I will neuer ceaſe crying to thee for helpe and mercy. In the day time I will call vpon thee, & in the night I will cry vnto thee, O God of heauen, and maker of

all things, heare me a most wretched creature calling vpon thee, and take from me all my sinnes. Plant in me O heauenly Father, true obedience of thy word. Let not the cares of this world deceiue me, keepe me from all vncleane desires: grant me grace to walke before thee with a good & pure mind, that I may receiue the reward prouided for thy sonnes and seruants. Increase my faith, and loue, increase in me a sure hope of my saluation, increase strength in me to ouercome and stand against all temptations. Let thy holy Angel keepe & conduct me, that I may euermore walke before thee in godlinesse & righteousnes of life: make stedfast my faith in thy mercifull promises, that I trusting in them, may haue euerlasting life, through Iesu

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Christ thy Sonne our Lord and Sauiour, Amen.

A Prayer for a reformed life.

O Heauenly Father, & mercifull God, which of thy onely goodnes, hast created & made me vnto thy owne similitude and likenes: I heartily pray & beseech thee, remember not my sins and vnrighteousnes, neither suffer thy grieuous plagues to hang ouer me. I haue sinned, and haynously offended thee, yet I beseech thee of thy mercy & benignitie to behold me thy vnworthy childe. I doe not prostrate my selfe before thee, in praise of my righteousnes but in the multitude of thy mercies. I humbly beseech thee, most holy Father, be no more angry with me, but turne thy wrath from me, and kindle in me the loue of

thy holy spirit: breake ô Lord my stonie heart, and make it a fleshie heart, that I may feare thee, loue thee, and haue pleasure in thee: grant me a true vnderstanding of thy word, to loue that is to be loued, to desire that which pleaseth thee, to regard that which is precious in thy sight, and to refuse that which is euill before thee. Giue me (O Father) a sorrowfull and penitent heart, that I may humbly serue thee, all the dayes of my life. When I fall into sinne through frailtie, worke I beseech thee true repentance in my heart: that I may be sorrie, without desperation: that I may amend my life, and become truely righteous, without hypocrisie: lowly in heart, without faining: faithfull and trustie without deceipt; content with

my

my owne, without couetousnes, to tell my neighbour his fault charitably: to pay euery man truely: to back bite no man, nor slander any secretly: to abhorre all vice, and loue and follow all goodnesse earnestly, grant this O Lord, for the glory of thy holy name, Amen.

A confession of sinnes, and a Prayer for forgiuenesse of them.

O Almightie God of Israell, my soule that is in trouble, and spirit that is vexed, cry vnto thee, heare me O Lord, and haue mercy vpon me, for I haue sinned against thee. I heartily pray and beseech thee in the bowels of thy mercy to looke downe from heauen, vpon me thy poore seruant whose sinnes be infinite, and

innumerable, moſt haynous and inſupportable: but as they bee grieuous and without number, ſo is thy mercy more aboundant and without end. Thy mercy is aboue all thy workes: more able to ſaue, than my ſinnes to condemne. Thou O Chriſt art that good *Samaritan*, that poureſt the oyle of grace into our wounds, thou art the onely true ſacrifice, and oblation once offered for the ſinnes of the whole world. Therefore O ſweet Saniour, for thy bitter death and paſſion, and for the glory of thy name, bee mercifull vnto me, and forgiue me all my ſinnes. Grant that as through my wicked life, thou haſt beene diſhonoured, ſo thorow my godly conuerſation, and integritie of life hereafter, thou mayſt be euer glorified. For-

giue

giue me, (O my Sauiour) all my ſinnes, I moſt humbly beſeech thee, and keepe me euer hereafter from all ſinnes. Grant me the aſſiſtance of thy grace and holy ſpirit, to direct my wayes, and guide my paths, that I may be innocent from all offences, and that in all things, I may honour and prayſe thee, together with thy heauenly Father, and the holy Spirit, now and for euermore, Amen.

A Prayer in aduerſitie, and for mercy.

ALmightie God, which for my ingratitude, and ſinnefull life, haſt worthily puniſhed me with affliction and aduerſitie, I moſt humbly beſeech thee, to giue me grace vtterly to deteſt

and abhorre my former wretched and sinfull life, and studie daily for the amendment of the same: and I am fully perswaded, that this affliction hath not come vnto me by casualtie, but by thy permission, and determinate pleasure, & that thou doest beate me with this thy rod of correction, because thou wouldest nurture me, and call me to vnfained repentance, for my former life, to be more circumspect of a good life: to exercise my faith in thy godly promises, to try me whether I will be patient, and constant in aduersitie: to make me abhorre vaine pleasures of this life, and with feruent and continuall desire, long for the life euerlasting. Therefore I heartily pray thee, to strengthen my faith, hope, charitie, and meeke-

mekenesse, that I may patiently beare this thy Fatherly chastisement. And grant me that I may daily increase more and more in loue towards thee, for I hope all things shall happen to the best, whether it be prosperitie, health, sicknesse, life, or death, and therefore I wholly submit my selfe vnto thee, and resigne all my will, to thy most godly will, and pleasure, hoping that thou wilt end this affliction to thy honour and glory, and to my most profit, wealth, and euerlasting saluation, thorow Iesus Christ my onely Sauiour and redeemer, Amen.

A godly Prayer to be said by all persons at all times.

ALmightie and most mercifull Father, grant that aboue

all things, I may reſt in thee, and fully ſet my heart vpon thee, for thou Lord art the true peace of the heart, and the perfect reſt of the ſoule: Wherefore thy will in all things be done in me, caſt out of my heart all vnprofitable cares of worldly things, and ſuffer me not to be led with the vayne deſires of earthly vanities, but giue me grace that all worldly and carnall affections, may be mortified and die in me. Grant me the ſtrength of thy holy ſpirit, to ſubdue this bodie of ſinne, with the whole luſtes thereof, that it may be obedient both in will, mind, and members, to doe thy holy will: grant me grace that I may eſteeme all things in this world tranſitorie, and my ſelfe with them, drawing toward my end. O Lord God,

which

which art ſweetneſſe vnſpeakeable, turne into bitternes vnto me all tranſitory and earthly delights which may drawe me from the loue of eternall things, and for all worldly comforts, giue me the ſweet comfort of thy holy ſpirit, for thou Lord art my way, my hope, my crowne, and my glory: bleſſe me that for the loue of thee I may not ſet by the pleaſures of this world, but crucifie the fleſh, and the luſts thereof, ſo that in a cleane and pure conſcience, I may offer my prayers vnto thee, and be accepted to haue company with thee, together with the holy Angels & heauenly ſpirits. O euerlaſting light, ſend downe the beames of thy brightneſſe, and lighten the inward parts of my heart, that I may walke in thy lawes and com-

mandements. Giue me grace to rest in thee aboue all things, aboue all glory, honour, dignitie, and power, aboue all health, beautie, riches and treasure: aboue all ioy, pleasure, fame, and prayse: and aboue all mirth, and consolation, that mans heart may feele, or take besides thee. For thou Lord art most good, wise, and righteous, most high, mightie, & comfortable, most beautifull, louing, and glorious, in whom are most perfectly all treasures of grace and goodnesse. Therefore whatsoeuer I haue beside thee, is nothing vnto thee: for my heart may not rest, but onely in thee, O Lord, who shall giue me the wings of perfect loue, that I may fly from these worldly miseries, and rest with thee? O King of euerlasting glory, my soule cry

eth

eth vnto thee, with cõtinuall gronings, & saith, how long tarrieth my Lord God to come vnto me? when shall be the end of these miseries? when shall I be deliuered from the bondage of sinne? when shall I haue my mind onely fixed on thee, and be merrie in thee, with perfect ioy and gladnesse? when shall that blessed houre come, that thou shalt visite me, and make me glad with thy blessed presence? when shall I come vnto thee, & inioy those sweet contemplations, which thy blessed Angels haue alwayes? when shall I stand to behold thee and haue full sight and contemplation of thy glory? when shall I be with thee in thy kingdome, which thou hast prepared for thine elect, that I might behold the blessed Mansion of thy heauenly

uenly Citie, and the moſt cleare day of eternitie, which thy heauenly Citizens know and feele the ioy of, but I the child of *Adam*, doe lament and bewaile the miſeries of this wretched life, ſhort and euill, full of griefe and ſorrow, where we are poluted with ſinnes, diſquieted with troubles, wearied with labours, tyred with temptations, vanquiſhed with vaine delights, and fleſhly pleaſures of this changeable world, and vnmeaſurably inthralled in manifold calamities. Wherefore O Lord ariſe and helpe me, comfort me, aſſwage my ſorrow, deſtroy my enemies, the kingdome of ſin, Sathan, the world, and my wicked fleſh: forgiue me all my ſins, and bring my troubleſome dayes to an end. So ſhall I ſing prayſes vnto thee O God of my ſaluation,

ſaluation, and magnifie thy name world without end, Amen.

A ſhort Meditation of Mans miſery.

WHAT was I O Lord? what am I? what ſhall I be? I was nothing: I am now worth nothing, and in hazard to be worſe then nothing, I was conceiued in originall ſinne, I am now full of actuall ſin: I may hereafter feele the eternall ſmart of ſinne. I was in my mother a loathſome ſubſtance, I am in the world a Corps of corruption, I ſhall be in my graue a pray of vermine. When I was nothing, I was without hope to be ſaued, or feare to be damned: I am now in a doubtfull hope of the one, and in great danger of the other. I ſhall either be happie by the ſucceſſe of my hope, or miſerable

miſerable by the eſtate of my danger. What I haue beene I know, *viz.* a wretched ſinner, what I am, I cannot ſay, being vncertaine of Gods grace: what I ſhall be, I am ignorant, being doubtfull of my perſeuerance. Lord erect my former weakeneſſe, correct my preſent ſinfulneſſe, direct my future frailtie, direct it O Lord, from paſſed euill, to preſent good, and future reward, for Ieſus Chriſt his ſake, Amen.

An effectuall Prayer, for grace, mercy, and forgiueneſſe of ſinnes.

O Heauenly God O Father deare
Caſt downe thy tender eye;
Vpon a wretch that proſtrate here,
Before

Before thy Throne doe lie.
O poure thy precious oyle of Grace,
Into my wounded heart:
O let thy drops of mercy sweete,
Remit my sinnes desert.
My sinfull soule oppressed sore,
With carefull clogs of sinne:
In humble sort, most humbly sues,
Thy mercy for to winne.
Grant mercy then, O Saviour sweet,
To me most wretchfull thrall:
Whose mournfull cry to thee alone,
Doth still for mercy call.
Thy blessed Will I haue displeas'd,
With pleasing of my mind:
And to the lust of worldly things,
My selfe I haue inclind. (ers,
Forgetting heauen & heauenly pow-
Where God and Saints doe dwell:
My life had almost trod the steps,
That leades the way to hell.
Grant now O Lord and lodestone
That I no more doe so: (bright,

But

But for my life in sinnes misspent,
My heart may melt in woe:
Alas, I sigh, alas, I sob,
Alas, I doe lament:
That euer my licentious life,
So wickedly was spent.
Grant therefore Lord, with wailing (teares,
I may thy mercy craue:
O Lord for thy great mercies sake,
Let me thy mercie haue.
Restore to life my sinfull soule,
That else is like to die:
Then shall my voyce vnto thy name,
Sing prayse eternally.
Now blessed be the Father first,
And blessed be the Sonne:
And blessed be the holy Ghost,
By whom all things are done.
Blesse me O blessed Trinitie,
With thy eternall grace:
Forgiue my sins, and grant my soule
In Heauen a dwelling place.

A Prayer of thankesgiuing, to craue Gods assistance, to grant vs his grace to repent our sinnes, and bring vs to the life euerlasting.

O Holy Father, God almighty, which diddest vouchsafe of thy vnspeakeable goodnesse and mercy, to send thy onely Sonne from the high throne of thy Maiestie, into this vale of woe & misery, to take our nature vpon him, and in the same to suffer most sharp & bitter death, to bring our soules to thy heauenly kingdome. O sweet Iesus, enflame my heart vnto thee, with the burning beames of thy loue, and make me euer to thanke thee, and feare to offend thee. O sweet Iesus, my hope, refuge, ioy, and health, haue mercy vpon me, and be merci-

full

full vnto me, a poore, needy, vile, wretched, and abominable sinfull creature, giue me remission of all my sinnes, integritie of minde, health of body, needfull foode & rayment, strengthfulnes of the earth, vnitie of faith, subuersion of heresies, increase of true religion, earnest deuotion, willingnes to charitie, sinceritie in prayer, patience in trouble, ioy in hope, and whatsoeuer els is for thy glory, my good, and soules health, let thy holy sweetnesse possesse my mind, feed my soule with the fulnes of heauenly & inuisible things, seperate me from earthly vanities wholly dedicate my heart to heauenly meditations, giue me compunction of heart, and teares to my eyes, that I may euer bewaile the wickednes of my life, lift vp my heart & mind I beseech thee from

from the cogitations of earthly cares, to the consideration of heauenly ioyes, that I may thinke & speake only of thee in this life, & after liue with thee eternally. O Lord my gracious God, and onely comforter of my soule, seeing thou desirest that in all things I should sincerely serue thee, and I through thy grace desire to doe the same, suffer me not O Lord, any more to offend thee, or fall into the relaps of my former follies, but make me heartily sorrie for my offences, and that I may neuer more sinne against thee. And I humbly confesse my selfe vnto thee, that there is not on the earth a more vile or wicked sinner then my selfe. Increase therefore in me I most humbly beseech thee, thy grace, and giue me humilitie: that I may perfectly know

know thee in thy Maiestie, and my selfe in my misery, and yet through thy gracious helpe I may manfully fight against sinne, and wickednes, & gaine the victories ouer all my corporall, and spirituall enemies. I wretched sinner confesse I haue often offended thee, dishonoured thee, and neglected thy holy precepts, which aboue all things ought to be most deare vnto me. Thou O Lord knowest, I am carnall, full of euill concupiscence, flowing in fleshly pleasure, ouer-rapped in fond fantasies, omitting spirituall exercises, and mourning for sinne, in speaking impatient, in hearing godly admonitions negligent, easily detained from doing good and apt to euill. O most merciful Lord, I poore and wretched sinner, am full of sorrow and griefe,

for

for that I haue grieuously ſinned and offended againſt thee, wound O Lord my heart with the ſorrow of moſt faithfull and vnfained repentance. Grant mee thy grace, and aſſiſt me by thy holy ſpirit, that I may for euer hereafter, keepe my ſelfe from all ſin, and auoyde all occaſions of offences. And I moſt humbly beſeech thy infinite Maieſtie, not to forſake me, nor ſuffer me to be condemned in thy terrible iudgement, but be mercifull vnto me, and let thy dolorous paſſion ſo helpe me, that I may be an inheritor of thy heauenly kingdome, and enioy euerlaſting felicitie, and let thy holy Angell ſo keepe me, as the infernall enemie haue neuer power ouer me, which Lord for thy mercies ſake grant me, Amen.

A Prayer to God the Father, of thankesgiuing, and for forgiuenesse of sinnes.

I Offer vnto thee (O holy Father) the sacrifice of prayse and thankesgiuing: rendring vnto thee the calues of my lips, which of thy goodnesse hast made me: and of thy mercy redeemed me. Heare therefore O Lord, the prayers of thy seruant, and turne thy eares vnto me thy poore creature. Day and night will I pray vnto thee, beseeching thee that the thoughts and meditations of my heart may be acceptable before thee: that my mouth may speake of thy righteousnesse, and my tongue set forth thy prayse. O holy Father, I beseech thee, that the inward desire of my heart, may moue and incline

thee

thee to heare mee. I accuse my sinfull wayes, and craue thy mercy, and fauour. O shew me thy mercy, and forgiue me my sins. Remember not the sinnes, & offences of my youth, but thinke on thy mercies, and thy couenant made in Iesus Christ my onely Mediator and Aduocate. It is he O holy Father, whom thou didst send to obtaine mercy for me; hee was wounded for my offences, and strucken for my iniquities: he died for my sinnes, and through his loue and mercy, hath redeemed mee. Therefore (O Father) for his sake forgiue mee all my sinnes, giue me the true loue of thy law, and great hate of all my sinnes: that I may throw the merites of his death and passion, dwell with him and thee euerlastingly. And vouchsafe I

beseech thee to direct, sanctifie, keepe, and gouerne my heart and body, my senses, tongue, talke & comunication in thy holy lawes, and workes of thy Commandements. Grant also O Lord, that thy holy Angell may be with me, to direct me in the way of peace, truth, and health: that I may be whole, safe, and free in thee and by thee, both in this world, and in the world to come. O King of glory heare me, and saue me, haue pittie and compassion vpon mee thy weake and vnworthy childe. O Lord helpe mee, shew thy mercy vpon me, let me doe that which is acceptable in thy sight, and prosper mee in whatsoeuer I goe about. Let me haue an earnest desire to doe those things that will please thee: for vnto thee alone doe I fully and wholly

wholly yeeld, and commit my selfe, which workest all in all, to thy honour and glory, Amen.

A Prayer vnto God the Sonne, for mercie, and forgiuenesse of sinnes.

I Am ashamed O Iesu, to lift vp my eyes vnto thee, because my sinnes are many, & are ascended and come before thee: shew thy mercie vpon me (O Lord) and heare me: my heart is faint, my soule is troubled, O Lord make strong thy humble and vnworthy seruant, that my ioy may be alwayes in thee: receiue mee of thy goodnesse into thy fauour, & shew thy mercie vpon mee, for thou O sweete Sauiour, art mercifull, which wilt not the death of a sinner, but that he liue. I there-

fore, a most wretched sinner, beseech thee to looke vpon mee with those mercifull eyes wherewith thou diddest behold *Peter* bitterly weeping, & *Mary Magdalene*, and the *Theefe* on the Crosse: and cause me through thy great goodnesse, that I may with *Peter* weepe, and worthily bewayle my sinnes; with *Mary* to loue thee with a pure and perfect loue, and with the *Theefe*, to see and behold thee in Paradise. Giue mee (O gracious Lord) a pure intention, a cleane heart, and a regard to thy glory: in all my actions possesse my minde with thy presence, and rauish it with thy loue, be thou (O Iesu) light vnto my eyes, musicke vnto my eares, sweetnesse to my taste, and contentment to my heart. I am not mine, but thine, claime mee

as

as thy right, keepe mee as thy charge, loue me as thy child. Defend mee when I am assaulted. Heale me when I am wounded, and let me neuer be confounded, giue mee patience in trouble, humilitie in comfort, modestie in countenance, grauitie in behauiour, puritie in thoughts, righteousnes in my actions, constancie in temptations, and victory against my Ghostly enemies. O sweete Iesu stay my inclinations from euill, bridle my appetites with thy grace, quench in me all vnlawfull desires, keepe my eyes from vaine sights, my eares from hearing euill, grant me an earnest desire to amend my faults: to renew my good purposes, to performe good intentions: correct my errors, erect my infirmities, protect my good endeuours, al-

lay my passions, and make mee able to master them, that they neuer draw me beyond the rule of pietie. Make mee humble to my superiours, friendly to my equals, charitable to my inferiors, and respectfull to all. Grant me sorrow for my sins, thankfulnesse for thy benefits, feare of thy iudgments, loue of thy mercies, and mindfulnesse of thy presence, Amen.

A very good Prayer to God the holy Ghost, for remission of sinnes.

O Heauenly God, if I haue found fauour in thy sight, suffer me a little to speake vnto thee, and be no more angry with me, which by thy wisedome rulest all things. Giue me thy holy spirit, that being guided by the same,

same, I may neuer be confounded. O comfort the soule of thy seruant, and let thy wisedome lead and guide me in the pathes of true knowledge: blessed is the man that hath his delight therin. I beseech thee my God, make thou a perpetuall abode with me, & send downe from thy throne of Maiestie, the dew of thy grace into my heart, that I may alwayes please thee. O send downe from heauen, the spirit of wisedome, that I may haue the true taste thereof: incline thine eare vnto me, that these my humble prayers may ascend vp before thee. Humbly will I giue attendance on thy mercifull hand, and waite for thy sauing health. Behold me O God a seely soule, gaping for the showers of thy grace, like a barren and dry land. O holy Spi-

rit of God, the third person of the Deitie, which by thy diuine grace ordereſt all things, graunt me the ſpirit of ſanctification and holines, plant in me an infallible knowledge of thy truth. O thou which art the comforter, which inricheſt the hearts of the faithful with the ſweete taſte of thy word promiſed, breath into my heart a pure faith, that I may acknowledge thee very God, God with the Father, and the Sonne. Thou ſeuen folde diſpoſer of the gifts of God, the hope of ioy celeſtiall, poure into my heart the dewe of thy grace, that being filled with the ſweetneſſe thereof, I may obey thy bleſſed will. O eternall God, equall with the Father, and the Sonne, make ſtrong my ſoule and my body, that by thy gracious ayde, I may ouercome the

aſſaults

assaults of my Ghostly enemies, and beleeue and confesse God the Father, and Iesus Christ his Sonne, with the holy Spirit, proceeding from them both, to bee one God, in persons three, and euerlasting in Trinitie and Vnitie, to whom be giuen, all laud, prayse, honour, and glory, for euermore, Amen.

A godly Prayer to the blessed Trinitie.

O Holy, blessed, and glorious Trinitie, God the Father, Sonne, and holy Ghost, three persons, and one omnipotent & euerlasting God, three in Trinitie, and one in Vnitie, I prayse thee, I worship thee, I glorifie thee, I giue thankes vnto thee for thy mercifull goodnesse, which

wouldest that I being in darkenes of error and ignorance, should be made partaker of thy grace and mercie: I beseech thee most glorious and blessed Trinitie, forgiue me my sinnes, haue mercie vpon me, bring to passe the worke of thy mercifull goodnes begun in me, and lead mee in all pietie, and goodnesse. O cause me alwayes to thinke, speake, and do those things which shall be acceptable in thy sight, that after this life I may haue the fruition of the Deitie, that liuest & raignest in perfect vnitie, world without ende,

Amen.

A Prayer for a woman with childe, for deliuerance, and forgiuenesse of sinnes.

ALmighty & merciful Father, which of thy gracious goodnes, hast created me a reasonable creature, & of thy bountiful goodnesse hast fructified my wombe, I most heartily thanke thee for this gracious gift: & for that thou hast alwayes preserued mee from all perils of body and soule, and hast so moderated all my paines, pinches, throwes, and pangs, that I haue hitherto right well endured them: keepe me (I beseech thee) from all peril and danger: and at thy appointed time safely deliuer me. Thou hast cōmanded vs to call on thee in our troubles, promising to heare vs, and send vs deliuerance: saying, I am with you

you in your troubles, and will deliuer you. O moſt comfortable Lord, who art more ready to helpe, then we to call for helpe: more readie to giue grace, then wee to aske for it: I therefore ſue vnto thee and call vpon thee faithfully, and ſay; O Father of mercy, and God of all conſolatiõ and comfort, I thy poore handmaide, humbly beſeech thee for Ieſus Chriſt his ſake, and in his bleſſed and holy name, that thou wilt vouchſafe to forgiue me all my ſins & offences, wherewith I haue offended thy godly maieſty, in thoughts, delight, word, or deede: mercifully preſerue mee from henceforth during my wholelife, from tranſgreſſing thy Commandements: daily increaſe in me perfect repentance for my ſinnes, and a ſure purpoſe of amend-

mendment of my life, and a diligent ſtudy to walke in thy Commandements. Increaſe in me alſo a liuely faith, a ſure hope; ingraft in me humblenes of heart, meeknes of mind, & cleannes of conſcience. Grant me that I may be wiſe, ſad, ſober, diſcreet, circumſpect, & wel aduiſed in all my ſayings: that I may ſtrongly ouercome all the temptations of the Deuill, the world, and the fleſh: & whether I wake or ſleepe, eate, or drinke, liue or die, or whatſoeuer I doe, I may doe all to thy honor and glory. Grant me O Lord that I may feare and dread thee, and that I may faithfully loue my huſband, & be obedient to his honeſt requeſts. And for the deliueance of this burthen, & thy gracious gifts, I am aſſured, that vnles thou proſper my trauell, all wo-

mens

mens helpe, and Physicke is in vaine: therefore I beseech thee, that like as thou hast created this childe in me, and breathed into it the breath of life, so at such time, as shall seeme good to thy godly Maiesty, thou wilt prosper the birth and deliuerance. I humbly beseech thee, of thy Fatherly pittie, to strengthen me in this my dangerous labour and trauel, and so sustaine me that I may patiently beare all my paines and panges, and suffer them not to be aboue my strength: and in the midst of all my paines, so comfort mee, that I may be able to beare them. Increase my faith, O most mercifull Sauiour: and in the dangerous time of my trauell, grant mee I beseech thee, speedie deliuerance, and ioyfull beholding of my childe, that

I being a merry mother, may render vnto thee, honor, prayſe, laud, and thankes, for thy aboundant mercie, and gracious benefits. And aboue all things, I beſeech thee, endue my childe with grace, that it may be one of the number of thine elect, baptized, & regenerate in the holy Ghoſt, and that it may at the yeares of diſcretion, learne to know thee, truſt ſurely in thy mercie, heartily loue thee, feare to offend thee, obey thy commandements, and attaine euerlaſting ioy and felicitie, thorow our Lord Ieſus Chriſt, who liueth and raigneth with thee and the holy Ghoſt, world without end, Amen.

mens helpe, and Physicke is in vaine: therefore I beseech thee, that like as thou hast created this childe in me, and breathed into it the breath of life, so at such time, as shall seeme good to thy godly Maiesty, thou wilt prosper the birth and deliuerance. I humbly beseech thee, of thy Fatherly pittie, to strengthen me in this my dangerous labour and trauel, and so sustaine me that I may patiently beare all my paines and panges, and suffer them not to be aboue my strength: and in the midst of all my paines, so comfort mee, that I may be able to beare them. Increase my faith, O most mercifull Sauiour: and in the dangerous time of my trauell, grant mee I beseech thee, speedie deliuerance, and ioyfull beholding of my childe, that

I being a merry mother, may render vnto thee, honor, prayse, laud, and thankes, for thy aboundant mercie, and gracious benefits. And aboue all things, I beseech thee, endue my childe with grace, that it may be one of the number of thine elect, baptized, & regenerate in the holy Ghost, and that it may at the yeares of discretion, learne to know thee, trust surely in thy mercie, heartily loue thee, feare to offend thee, obey thy commandements, and attaine euerlasting ioy and felicitie, thorow our Lord Iesus Christ, who liueth and raigneth with thee and the holy Ghost, world without end, Amen.

A Prayer of thankeſgiuing, for a woman, after ſhe is deliuered of Childe.

O Moſt high, mightie, and eternall God, I giue all laud and prayſe vnto thy holy name, I magnifie thy might, and marueilous workes, I render vnto thee the ſacrifice of my thankefull heart, and vnfained lips, for that it hath pleaſed thee of thy great goodneſſe, to giue vnto me thy poore creature, ſo happy, ſafe, & ſpeedie deliuerance, from my great danger of child birth, and fully reſtore me to my former ſtrength. To thee therefore O Father, with thy Sonne Ieſus Chriſt, and the holy Ghoſt, will I giue all thankes and prayſe, and magnifie thy glorious name, both now and euermore, Amen.

A Prayer before the receiuing of the Communion.

O Ieſus Chriſt, holy, and eternall God, I miſerable man, and wretched ſinner, acknowledge and confeſſe, that I am not worthie the leaſt of all thy mercies, and moſt vnworthie to receiue thee vnder the rooſe of my ſoule, by participating of thy moſt bleſſed body and bloud, for horrible and infinite are the ſinnes wherewith I am defiled: therefore the very entrals of my heart are troubled, and my bones doe ſhake, becauſe I finde my ſoule a moſt vnworthie gheſt, for ſo heauenly a ſupper. But thou cameſt not to call the righteous, but ſinners to repentance: and I know, and do conſtantly beleeue, that notwithſtanding my ſinnes, thou

thou canst make me cleane, and worthy, and forgiue me my sins, and through thy power and mercie, I beseech thee, grant thy grace vnto me a sinner; that I may worthily approach to this heauenly Sacrament. Giue mee grace, before I presume to come to the receiuing hereof, I may examine my selfe, call my sinnes to minde, and by vnfained and heartie repentance, returne vnto thee my Lord: make me with heauy sobs to confesse my sinnes, and pardon all my offences: accept me into thy fauour, cleanse mee from my wickednesse, and forgiue me all my sinnes. Poure into mee a true and liuely faith, that I may alwayes trust in thy Word, (annexed to the Sacrament) which promiseth remission of sinnes. Also graunt that receiuing

receiuing this thy Sacrament, I may put off the olde man, which is corruption, according to the luſts of error, and be renewed in the ſpirit of my mind, and put on the new man, which after God is created in righteouſneſſe, and holines of truth: and though by nature, I cannot liue without ſpots of ſinne, yet ſo bleſſe me, that I may neuer willingly offend thee, but altogether depend vpon thy goodneſſe: and as a true penitent ſinner, repenting of my ſinnes, I may approach to thy heauenly Supper. O Chriſt which of thy vnſpeakeable loue tookeſt our fleſh vpon thee, and didſt become a ſacrifice, and ranſome for all mankinde, and ordainedſt this Sacrament of thy Supper: vnto thee doe I cry, beſeeching thee, from the bottome of my heart,

heart, that it may pleaſe thee, to giue me grace with an earneſt deſire, and due reuerence, to receiue thy Supper, and thirſtingly to ſeeke for the nouriſhing of my ſoule. Lift vp my minde, that in feare and trembling, in faith, and ſpirituall comfort, I may approach to the receiuing of thy precious bodie and bloud, ſtirre vp in me, an vnfained deſire of this heauenly foode, that from thee the bread of life, and fountaine of ſaluation, I receiue vitall iuyce, to the quickening of my ſoule. O moſt ſweet bread, heale thou my ſoule, that I may taſte the ſweetneſſe of thy loue: heale my infirmities, that I may delight onely in thee: let my heart eate thee, and with thy ſweete ſauour repleniſh the bowels of my ſoule. O come into my heart, and purge

me

me from all my sinnes: enter into my soule, heale and sanctifie me within, and without. Grant that I may alwayes worthily receiue this blessed Sacrament, and memoriall of thy death, according to thy holy ordinance, that it may increase in mee all goodnesse. Be thou the buckler, and perpetuall defence of my soule and bodie, that I may come vnto thy kingdome, where I shall behold thee face to face: whether Lord for thy mercies sake bring me, Amen.

A thanksgiuing after the Receiuing of the holy Communion.

O Iesus Christ, which hast vouchsafed spiritually to giue me these holy mysteries of thy

thy bodie and bloud, mortifie whatſoeuer is euil in me, and garniſh me with thy graces, and vertues: renew my ſpirit, my ſoule, and my body, with thy excellent grace. Frame me after thy owne hearts deſire, and graunt that I may thinke, ſpeake, doe, and deſire all things that may pleaſe thee. Purge my conſcience from dead workes, to ſerue thee the liuing God. I thanke thee with all reuerence of mind for bidding me a miſerable ſinner, vnto the participation of thy holy ſupper, and the receiuing of all celeſtiall riches, whereby thou beſtoweſt on me particularly, all the merits and good things which by thy death thou haſt purchaſed for me, that I may be a partaker and fellow heire of eternall bleſſednes. O ſacred banques, where my

ſoule receiued ſuch heauenly dainties to comfort the ſoule, and refreſh the inward man: I humbly beſeech thee by thy moſt ſacred bloud-ſhed for me, giue me grace that participating of this viſible Sacrament, I may find, and feele in my heart, the inuiſible working of thy heauenly grace, that as this is ſome refreſhing to my body, ſo it may be a ſpirituall medicine for my ſoule. Raiſe vp in me by this bleſſed Sacrament, a continuall remembrance of thy bitter paſſion. Make me retaine it in my mind, as a ſufficient ranſome of my redemption, let me neuer doubt of the forgiuenes of my ſinnes: and as often as Sathan aſſaieth me with his deadly temptations, giue me grace to runne to this Sanctuarie, as to a ſtrong armour of defence: ſo that no tribulation,

bulation, anguish, nor persecution, nakednesse, perils, sword, life, or death, separate me from Christ my head, whereupon beeing made fast by thy holy Sacrament receiued, I (as a liuing member) depend: and let me know, that I am fed and refreshed by thy flesh, and precious bloud, that washed therewith, I giue not my selfe hereafter to carnall pleasures, but liue in all sinceritie, and truth, as it becommeth those that eate of the immaculate Paschall Lambe. And I beseech thee by thy bitter death, stirre vp my minde, that by often receiuing this thy holy institution, I may consider howe bitter a death thou diddest suffer for me, and how great thy loue was, that made thee to take so shamefull a death for the Redemption of mankinde:

mankinde: and continually, to yeelde thee heartie thankes for the same. O sweet Iesu grant if I sinne through frailtie, that I may by and by, come vnto thee by repentance: and being by this holy mystery, fast linked vnto thee, I may receiue power and strength from thee to resist sinne, suffer me not to bee separated from thy Church, but grant, that I may be without fault, and commit no sinne, but walke worthie this Sacrament: renouncing the deuill, all Idolatry, vices, and carnall desires. Let me not feare to suffer and giue my life for the glory of thy name, that I be neuer separated from thee. Giue me grace, that laying aside all wrathfulnesse, maliciousnesse, and enuie, I may forgiue euery one as thou hast forgiuen me. Giue

me grace, that participating of the bread of eternall life, I may be repleniſhed with the fruition of thy bleſſed ſight, in thy celeſtiall Paradiſe for euer. And at my reſurrection from death, appoint me a place, O mercifull Lord, at thy heauenly Table, where I may taſte the new wine in the kingdome of thy Father, abiding with thine elect Angels and bleſſed Saints for euermore. Amen.

A Prayer to make ſtrong his faith againſt temptation, and may be ſaid by a ſicke perſon.

O Lord Ieſu, the onely ſtay and defence of my immortall ſtate: my onely hope, and ſaluation: my glory, and my triumph

triumph: who in the flesh, (which for my sake thou tookest vpon thee) diddest suffer thy selfe to be tempted of Sathan, & who onely and alone, diddest ouercome and vanquish sinne, death, the world, the deuill, and all the kingdome of hell for me, and for my behalfe: and it is thy pleasure, that I should keepe battell with those euils, of purpose to reward mee with a Crowne of glory for it. Giue me I beseech thee O Lyon, most victorious strength, against the roaring Lyon, which continually wandreth vp and downe, seeking whom he may deuoure. Thou being the Serpent that was nayled on high, the true giuer of health, giue vnto mee thy wisedome, to withstand the wayting of the most subtill serpent. Thou being a Lambe, as white as snow,

the vanquiſher of Sathans tyran-
nie, giue vnto mee, one of thy
ſheepe, the ſtrength and vertue of
thy ſpirit, that through thy force
and valour, I may withſtand and
ouercome all the aſſaults of the
Deuill, that my Ghoſtly enemie
may not glory ouer me, but that
I may conquer him through thee,
and giue thankes vnto thee:
which euer helpeſt thoſe that
truſt in thee. My ſoule O Lord,
longeth for thy ſaluation, and I
haue a good and ſure hope there-
in. O when wilt thou comfort
me a ſinner, that doe giue, and
ſubmit my ſelfe full and whole to
thy moſt bleſſed will. I commit
my ſelfe vnto thy mercie. There-
fore I know I ſhall not periſh. I
beſeech thee moſt mercifull Lord
Ieſus Chriſt, that thou wilt by thy
grace, both now and euer, make

ſtrong

ſtrong my ſoule againſt all temptations, and couer and defend me with the buckler of thy mercies, againſt all the aſſaults of the Deuill. I acknowledge, that in my ſelfe, there is no helpe of ſaluation, but the hope, truſt, and confidence of my ſaluation, is in thy moſt mercifull goodneſſe. I haue no goodneſſe in me, but am full of euill, yet I truſt, and faithfully beleeue, that thou wilt make me good, forgiue me my ſinnes, and make me an inheritor of thine euerlaſting kingdome. O mercifull Lord, thou waſt borne, thou diddeſt hunger, and thirſt, faſt, and pray, thou diddeſt ſuffer grieuous paines, thou gaueſt thy moſt precious body to die, & thy bloud to be ſhed for my ſake: let theſe things, O moſt mercifull Sauiour, ſaue me: let thy bloud

cleanſe and waſh the ſpots and foulenesſe of my ſinnes: let thy righteouſneſſe couer, and hide my vnrighteouſneſſe; let thy paſſion and bloud, be a ſatisfaction for my ſinnes. Take mee O Lord vnto thee, and giue me thy grace, that my faith wauer not, but be euer firme, and conſtant: that the hope of thy mercie, and life euerlaſting, neuer decay in me: that charitie waxe not colde in me, that the weakneſſe of my fleſh, be not ouercome with the feare of death. And vouchſafe O Lord, to ſend me patience, and ſufferance, that I may ſtedfaſtly continue vnto the end: and after liue with thee in eternall glory, Amen.

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A Prayer for a ſicke perſon.

LAud, honour, and thankes be giuen to thee, moſt merciſull Lord Ieſus Chriſt, for thy holy incarnation, thy paines, and bitter Paſſion. I know thou art my Redeemer and Sauiour, I beleeue thou haſt ouercome ſinne, death, hell, and the Deuill, ſo as they cannot hurt me. On thee doe I builde, in thee is my truſt and comfort. O Lord be propicious, and mercifull vnto me, according to thy great mercies. Leaue me not O Lord, in diſtreſſe, but deliuer me from all euill: ſtrengthen and conduct my ſoule, in the great iourney that it is to goe, and through thy mercie, forgiue me all my ſinnes, and grant me euerlaſting life. I haue no merites, nor good

workes, which I may alledge before thee, but of euill deeds, and sinnes I haue many: yet I trust through thy mercy, to be among the number of them that shall be saued, to whom thou wilt not impute their sins, but take them to euerlasting life. O most mercifull God, which according to the multitude of thy mercies, dost put away the sinnes of those which truely repent, that thou remembrest them no more, open thy eyes of mercy, and looke vpon mee thy sicke seruant, and pardon and forgiue me, I most earnestly desire thee, all my sins: renew in me most louing Father, whatsoeuer hath beene decayed by sinne, by the fraud and malice of the Deuill, or by my owne carnall will, and frailtie, preserue and continue mee in the

the vnitie of the Church: consider my contrition, accept these my prayers and teares, allwage my paine, as shall bee seene to thee most expedient for me: and for that I put my full trust onely in thy mercie, impute not vnto mee I beseech thee, my former sinnes and offences, but pardon and forgiue me, and take mee into thy fauour, thorow the merites of Iesus Christ. I beleeue onely in thee, and thy incomparable mercy, & this faith O Lord will I die in: keepe mee that I shrinke not from thee, thorow paine, smart, impatience, temptation, or any thing else, but strengthen and increase my faith that sinne, death, hell, and the Deuill hurt me not, for thou art stronger and mightier then they, and in thee doe I trust, O pitifull

Physition, and healer of soule and bodie, let me not be confounded in sinne, but vouchsafe to cast thy mercifull eyes vpon me a poore and sinfull creature, who am bound and captiue, with sicknesse: turne my weaknesse to thy glory, and my health and comfort: and grant that I may so long as I liue, with a true and perfect faith, fight manfully against all temptations, of sinne, the flesh, the world, and the Deuill, & after this life raigne with thee in eternall glory, for euer and euer, Amen.

A Prayer for a sinner, to be said at the houre of death.

O Lord Iesus Christ, which art the onely health of all men liuing, and the euerlasting life

AN EXHORTATION TO FORSAKE THE WORLD.

Take (good Christian) the memory of death for thy perpetuall pheere, and vnseparable spouse. Let thy Children be bitter sighes of a sorrowfull soule, possesse thy body as thy bondman, fasten thy friendship with the celestiall powers, they will be patrones vnto thee in thy finall passage: remember, you are in the wayning, and the date of your pilgrimage is well neere expired, and now it behoo-

veth

ueth you to looke toward your country: your force languisheth, your senses impaire, your bodie droupeth, and on euery side the ruinous cottage of your faint and feeble flesh threatneth fall. And hauing so many harbengers of death, how can you but prepare for so dreadfull a stranger? The yong may die quickly, but the old cannot liue long: the yong mans life by casualty may be abridged, but the old by no physick can be preserued. Greene yeares must thinke of the Graue, and the thoughts of old age should alwaies dwell in the same. Be mindfull of things passed, carefull of things present, and prouident for things to come. Vse the priuiledg of nature, to the benefit of your soule; be wise in well doing, and watchfull for your end, sense not

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the world, for it can giue you nothing that is good & permanent, but of pride enuie, lechery, hate, ire, malice, folly, & all euill things infinit, where man is defiled with sin, disquieted with troubles, oppressed with labors, vexed in tẽptations, ouercome with vaine delights & pleasures of the world, & miserably wrapped in many calamities. It is an Ambassadour of the euill, a scourge of the good, a tyrant of the vertuous, a breaker of peace, a friend of war, a sweete of vices, a gaule of vertues, a friẽd of lies, an inuenter of nouelties, a trauell to the ignorant, a hammer for the malicious, a table of gluttons, a furnace of cõcupiscence, a perill of the heart, a danger of the thoughts, a sepulcher of the dead, a prison of the liuing, a pit-fall to the rich, a burthen to the poore, a house

houſe of *Pilgrims*, a den of theeues a ſlanderer of the good, a renowner of the wicked, a deceiuer of all. We haue no cauſe to loue the world, for it gaue vs an vnhappy welcome, a hurtfull entertainment, and will abandon vs with an vnfortunate farewell. Alſo it doth torment vs, expell vs, & conſume vs, and heauen doth comfort vs, keepe vs, exalt vs, reioyce vs, and eternally continue vs. You haue long ſowd in a field of flint, which could bring forth nothing but a crop of care, and affliction of ſpirit, rewarding your labours with remorſe, and affording for your gaine eternall damage; it is time to leaue ſo vnthriuing a husbandrie, and to ſowe in Gods field the ſeedes of repentant ſorrow, & water them with the teares of humble contrition, ſo ſhall you

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eape a more beneficiall harueſt, & gather the fruits of euerlaſting comfort. Thinke your ſpring is ſpent, your ſummer ouerpaſt: you are arriued at the fall of the leafe, and Winter colours haue ſtained your hoarie head. Though our louing Lord beare long with offenders, yet he will ſcourge them, & his patience is onely to lend vs reſpit to repent, not leiſure to ſin. Hee that is toſſed with many ſtormes, and cannot come to his deſired port, maketh little away, but is much turmoyled: ſo he that paſſeth many yeares, and purchaſeth ſmall profit, hath a long being, but a ſhort life. For life is more to be meaſured by vertuous actions, than number of dayes. Some men by many dayes, procure many deaths, and others, in a ſhort ſpace attaine life euerla-

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ſting. What is the bodie without the ſoule, but a corrupt Carkaſe? & what is the ſoule without God, but a ſepulcher of ſin? Man was made and ſent hither, to no other purpoſe, but onely to ſerue God in this life, and to enioy heauen, and life euerlaſting in the world to come. If our end be the kingdome of heauen, why affect we ſo much the earth? If we were made for God, why ſeeke we greedily the fauour of worldly men? If our creation be eternal ſaluation, why follow we vanities, and temporalities of this life? If our inheritance be to raigne as Kinges in heauen, why doe we like *Eſau*, ſell away our birth-right for vanities, before we haue it? & why liue we like ſeruile ſlaues, in danger to be diuided from God & his Angels, from our Sauiour Chriſt, and the com-

communion of Saints, from hope of our inheritance, our celestiall portion, and life euerlasting? If God be the way, the life, and the truth: he that goeth without him strayeth, he that liueth without him dieth: & he that is not taught by him erreth: God is our true and chiefe life, from whom the reuolting is falling, vnto whom the returning is rising, in whom the staying is sure standing. God is he from whom to depart, is to die, to whom to repaire is to reuiue, in whom to dwell is to liue. Be not you like those, that begin not to liue, till they be readie to die, and then after a foes desert, come to craue of God a friends entertainement, not in time looking for their saluatiõ, but liuing like the three worldly fooles, the couetous as he in the gospel, who had

had laid vp for many yeares, and that night had his ſoule taken from him; the voluptuous, as *Sardanapalus*, who periſhed in the midſt of his pleaſures: the proud or fantaſticall, whom the Deuill ouer-commeth, either with vaine delights, or pride in themſelues, who diſdaines his ſuperiors, becauſe they are better than himſelfe, his equals, becauſe he is as good as they; his inferiors, becauſe they are not ſo good as himſelfe. Some thinke to ſnatch heauen in a moment, which the beſt ſcarce attained in many yeares, & when they haue glutted themſelues with worldly delights, they would iump from *Dines* his dyet to *Lazarus* crowne, and from the ſeruice of Sathan, to the ſolace of a Saint. But be ſure that God is not ſo penurious of friends, or his king-

kingdome saleable for the refuse and reuersion of their liues, who haue sacrificed the principal therof to his enemies, and their owne brutish appetites, then onely ceasing to sinne, when abilitie of offending is taken from them: what thanke is it to pardon our enemies when we cannot hurt them? To giue away our goods, when we can keepe them no longer? To abandon our pleasures, when we can vse them no more? To forsake sin, when sin leaueth vs? God may be mercifull at the last gaspe, but miserable is that man that layeth the Anchor of his eternall wealth or woe vpon so vncertaine a point.

The Theefe may be saued on the crosse, & mercy found at the last, yet it is scarce credible, that his death should finde fauour,

whose life earned wrath, or that his repentance should be accepted, that more for feare of hell, and loue of himselfe, than for loue of God, or loathsomnesse of sinne, cryeth for mercy: wherefore make no delay, but being neare the breaking vp of your mortall house, before extreamitie, take time to satisfie Gods Iustice. Though you suffered the bud to be blasted, the flower to fade, the fruit to perish, the leaues to dry vp, the boughes to wither, and the body of the tree to grow to decay, yet keepe life in the roote, for feare least the whole become fewell for hell fire, for where the tree falleth, there it lieth, and such sappe as it bringeth, such fruit shall it beare. Imagine that death hath filed from you the better part of your naturall

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rall forces, and left you the lees of your dying dayes: therefore ransome your former losses. You are impathed in your finall voyage, and not farre from the period of your course, be not therefore dispurueyed of such things as are needfull in so perilous a iourney. Men in this life labour much to get worldly things, they doe carefully begin them, well prosecute them, and effectually end them: but of the great affaire of winning heauē, or falling into hel there is had no respect; Neither doe they remember, that there is a hel for sinners, a heauen for good liuers, a dreadfull day of iudgmēt, and a most straite account to be made. Death it selfe is very fearefull, but much more terrible in regerd of the iudgmēt wherunto it sūmoneth vs, If you were laid on

your departing bed, wearied and worne with dolor & paine, burdened with the heauie load of your former treſpaſſes, goared with the prick & ſting of a feſtred cõſcience: if you felt the force of death wreſting your heart ſtrings readie to make the rufull diuorce betweene bodie and ſoule: if you lay panting for breath, ſweating a fatall, faint, and mortall ſweate, wearied with ſtruggling againſt deadly panges. O how much would you giue for a dayes contrition, or an houres repentance? Then worldes would be worthleſſe in reſpect of a little reſpite. Nothing would be ſo much eſteemed as a trice of time, which now by months & years is lauiſhly miſpent. O how deepely would it wound your hearts, when looking backe into your life, you found

found many faults committed, and not repented, many good deeds omitted, and not recouered, your seruice to God promised and not performed. How inconsolable were your case, your friends being fled, your senses frighted, your thoughts amazed, your memory decayed, your minde agast, and no part able to performe that it should, but onely your guiltie conscience, pestered with sinne, that would continually accuse you, what would you doe, when stripped out of mortall weede, and turned out of seruice and house-roome of this world, you were forced to enter into vncouth and strange pathes, & with vnknowne & vgly company, to be conuented before a most seuere Iudge, carrying in your owne conscience your in-

ditement readie written, and a perfect Regiſter of all your miſ-deedes, when you ſhould ſee our Sauiour Chriſt, (a iuſt and ſeuere iudge, whoſe knowledge is infallible, his power infringible, his iuſtice inflexible): (of exceeding dreadfull Maieſtie, cloathed in linnen apparell, through which his bodie ſhineth like precious ſtones, his eyes like burning Lampes, his face like flaſhing lightning, his armes and legs like enflamed braſſe, his voyce as the ſhout of a multitude of people) prepared for your idle words, euill deedes, time miſ-ſpent, talent euill gouerned, and for your ſins committed, to paſſe the ſentence vpon you, againſt whom you had tranſgreſſed, & he your vmpire, whom by many offeces you had made your enemy, when you

shall see all things cry for vengeance against you, all things yeeld you cause of feare and horror. Aboue you the Iudge offended with you for your wickednesse and offences: Beneath you, Hell open, and the cruell furnace readie to receiue you; on your right hand, your sinnes accusing you; on your left hand, the Deuils standing readie to execute Gods euerlasting sentence vpon you: within you, your conscience accusing, without you, damned soules bewayling, on euery side the World burning, and you stand as a most desperate, forlorne, and miserable wretch, to receiue the fearefull and irrecouerable sentence: when not onely the Deuils, but also the Angels shall pleade against you, and your selfe mauger your

selfe, be your sharpest appeacher what would you doe in these dreadful exigents, when you saw the gastly Dungeon and huge gulfe of Hell, breaking out with most fearefull flames? when you saw the weeping & gnashing of teeth, the rage of these hellish monsters, the horror of the place, the rigour of the paine; the terror of the company, & the eternitie of all these punishments: where the fire is vnquencheable, the paines vnsupportable, easelesse, endles, and hopelesse. Our fire may be indured, that is intollerable; Ours is for comfort, that for torment; Ours must bee fed or it goeth out, that burneth cõtinually without feeding: ours giueth light, that none: Ours consumeth the matter, and endeth the paine, that tormenteth,

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but neuer consumeth, to make the paine perpetuall: Our fire will be extinguished with water, or cooled with ayre, but nothing can extinct it, abate it, or qualifie it: ours is but painted in regard of that. There idle persons shall be pricked with burning forkes. Gluttons tormented with hunger and thirst: Epicures and voluptuous persons shall boyle in burning pitch, and stinking brimstone: The proud shall haue shame, the couetous, miserable penury, where there is no rest nor comfort: the poore and meeke shall triumph, and proud shake, then shall the wicked sigh, and the memory of misery be sweet: the godly shall reioyce: the reprobate houle: then shall base apparell bee glorious, and proud attire infamous: the poore cot-

tage shall be more commended than the guilded Palace prayſed, ſimple obedience ſhall be better than ſubtiltie, and a cleare conſcience more pleaſant than profound Philoſophie, zealous prayer ſhall be more worth than fine tales, good workes more accepted than ſweete words. Would you then thinke them wiſe that delay ſo waightie matters, and idlely played away the time allotted to preuent theſe intollerable calamities, would you then account it ſecure to nurſe in your boſome ſo many Serpents as ſinnes: or to foſter in your ſoule ſo many malicious accuſers, as mortall faults: would you not thinke one life too little to make repetance for ſo many iniquities, the leaſt wherof is enough to caſt you into euerlaſting and vnſpea-

keable torments? On your body you ſhall experience thoſe deadly agonies, in your ſoule you ſhall find thoſe terrible feares, and in that preſent eſtate the deepeſt danger, if you doe not the ſooner returne vnto God. Then devote the remnant of your dayes, to make an attonement with God & to free your conſcience from ſuch corruption, as by ſinne you are fallen into. What have you gotten by being ſo long a cuſtomer vnto the world, but falſe ware ſuteable to ſuch a marchants Shop, whoſe traffique is toyle, wealth trash, & gaine miſerable; what intereſt have you reaped, that may equall your detriments in grace and vertue? or what in a vale of teares can you finde parageable to the favour of God? Let not youthfull paſſions delude

you, for time tries them follies. Let not feare mis-lead you, for there is more cause to feare God than man, and to stand in awe more of perpetuall than temporall punishments. Who would relie eternall affaires vpon the gliding slipperines of vncertaine life? or who but one of distempered wit would offer fraud to the discipherer of all thoughts with whom we may dissemble to our cost, but to deceiue him it is impossible. Will you account it cunning, to rob the time from him, (and bestow it vpon his enemies) who keepeth tale of the least minutes of our life, and will examine in the end how each moment hath beene imployed; It is prepostrous policie to fight against God vntill our weapons be blunted, our forces consumed,

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our limmes impotent, our best spent, and when we are falne for faintnesse, and fought our selues almost dead, to presume of his mercie whom we haue so much offended. It were a strange and exorbitant course, while the ship is sound, the Pilot well, the saylors strong, the gale fauourable, and the Sea calme, to lie idle at rode, loosing so seasonable weather, and when the ship leaketh, the Pilot sicke, the mariners faint, the stormes boystrous, and the Sea turmoyled with outragious surges, then to lanch forth, hoyst sayle, and set out for a farre voyage; Such are our euening repenters, who in the soundnes of health, and perfect vse of reason, cannot resolue to cut the Cables, and weigh the Anchors that hold them from God, but when

their

their ſences are aſtonied, their wits diſtracted, their vnderſtanding dulled, and both body and minde tormented with grips of mortall ſickneſſe, then will they thinke on theſe waightieſt matters, and become ſuddaine Saints that are ſcarſe like reaſonable creatures. How can one amated with inward garboiles of vnſetled Conſcience, diſtrained with fits of dying fleſh, maimed in all his habilities, and circled with ſo many ſtrange incumbrances, be fit to diſpoſe of his chiefeſt Iewel his ſoule, & to diſpatch the whole manage of all eternitie and treaſure of heauen, in ſo ſhort a ſpurt; They that will loyter in ſeede time, and begin to ſow when others reape. They that will ryot in health, and caſt their accounts when they cannot ſpeake: they that

that will sleepe in the day, and iourney in the night, let them blame their owne folly, if they die in debt, and fall headlong into eternall perdition.

Let the griefe of the sore be the measure of your sorrow. Let a deepe wound haue a diligent cure let their contrition be according to their crime, and their repentãce like their sins. We must passe the day in mourning, the night in watching & weeping, our whole time in dolefull lamenting, full prostrate on the ground, humbling our selues in sackcloth and Ashes. Not euery short sigh will be a sufficient satisfaction, not euery knocke a warrant to get in: many cry, Lord, Lord, and are not accepted. The foolish Virgins knocked, but were not admitted, *Iudas* had sorrow, yet died desperate.

desperate. Linger not off thy conuersion from day to day, for sodainly will his wrath come and destroy thee. Let no man soiorne long in sinfull securitie, nor put ouer his repentance, till feare inforce him to it. Let vs frame our beginning, as we meane to end, and indeuour to liue, as we desire to die. Shall we offer the maine crop to the Deuill, & leaue God the gleaning? Shall we gorge the Deuill with our faireſt fruits, and turne God to feede on the scraps of his leauings. If hell fire were prepared for the Deuill, and the kingdome of heauen for man, let vs then prouide for our selues, & not to loose our inheritance by persisting in sinne. So long as we liue, it is possible by vnfained repentance to wash away all our sins, how great soeuer, but when we

we are dead, albeit our teeth doe gnash, our mouthes cry out, our eyes gush forth teares, and our hearts from the very bottome of our hearts, lament with innumerable complaints, it shall not availe vs, no man shall heare vs, no man shall assist vs, nor so much as comfort vs, then thou shalt find, that thou hast lost all thy labour and time, and all opportunitie of thine owne commoditie: Thou shalt then finde thy error vnrecouerable, thy punishment vnsupportable, thy repentance vnprofitable, and thy griefe, sorrow, and calamitie inconsolable.

O that we would suffer the soule (as shee should) to haue the soueraignetie, and the body follow the sway of her directions, & not let seruile sences, and lawlesse appetites rule her as superiors, & make her

her a vaſſall in her owne Dominions, nor ſuffer her to be miſled by her three ſutors, the world, which promiſeth all fayre things, and beautifull, but will ſerue you as *Laban* did *Iacob*, who promiſed him faire *Rachell* for his ſeruice, but deceiued him with bleare eyd *Leah*: the fleſh who pretendeth nothing but loue vnto her, but if it ouercome her, it will betray her to her enemies, as *Dalila* did *Sampſon* vnto the *Philiſtians*: the Deuill who will promiſe her al the world as he did *Chriſt*, but if he win her, he will deuoure and torment her; Doſt thou not deſire to haue all things good, ha good houſes, good furniture, good apparell, good fare, good cattell? Yea, and thy hoſe and ſhooes good? One is thy poore ſoule, thy principall charge (and of all things worthy

to be the best) thou art content shall be the worst, & lie cankering and rusting in all kinde of euils. O vnspeakeable blindnesse, that refuse to weare an euill shooe, & doe not care to carry an ougly & deformed soule: alas, let vs not set so litle by that which God priseth so much, nor rate our soules at so base a penni-worth, being of so peerelesse dignitie.

If the soule be so inestimable, that not all the gold and treasure nor any thing of lesse price than the bloud and life of Almightie God was able to buy it: if not all the dainties that heauen and earth could affoord, but onely Gods owne precious body was deemed a repast fit to feede it: if not all the creatures of this, or millions of new worldes if they were, but onely the illimitable goodnesse

and

and Maiestie of God, can satisfie the desire, or fill the compasse and capacity of it: (for who is so insensible, that findeth not the insatietie of his soule) who but of peruerse will, incredulous minde, or pittiles spirit, would set more by the world, than his soules health, or suffer so noble a Paragon, so many moneths and yeares, to lie channelled in ordure, and myred in all sinne: we will seeke a Physition for our sicke seruant, haue a Leach for our diseased horse, & amend our torne garmēts, & we suffer our soules to die for want of cure, and seeing it mangled with many vices, neuer seeke to restore it to the wonted integritie. Is our seruant more neere, our beast more precious, or our coate more dearer than our owne Soule? We liue like Epicures, we

sinne,

sinne like Atheists, we struggle and striue against Gods callings, and like violent Rebels, scorne his commandements: and with daily & damnable wounds, barbarously stabbe our vnfortunate soules: This we account no contumely, we reckon it no discredit, but rather register it for our chiefest prayse: How long will you thus follow vanitie and sins, running carelesly and wilfully vnto your owne ruine? Dare you not suffer a Spider, or a Toad to come neere you, and can you nestle in your soule, so many Vipers as vices, and permit it to be so long chewed, & wearied with the poisoned Iawes and Tuskes of the Deuill? Is our soule so vaine a substance to be had in so little esteeme? Did Christ become a wandring Pilgrime, exiling himselfe

selfe from the cõfort of his Godhead, and passing thirtie three yeares in paine & penury for our soules: he suffered the tragedy of his passion bloudily inflicted, and patiently accepted, he made his bodie as a cloud to dissolue into showers of innocent bloud, and suffered the dearest veynes of his heart to be launced, to giue a full price for our soules redemption. If Christ did redeeme vs with so excessiue a ransome, why sell we our soules to the Deuill for euery vaine delight, & silly pittance of worldly pelfe? O that a creature of so incomparable a price, should be in the demaine of so vnnatural keepers: and that which is in it selfe so gracious and amiable, that the Angels and Saints delight to behold it, should by sin be made so loathsome, as to become a

horror

horror to Heauen, and a ſuitly Pheere for the fowleſt fiends? We muſt remember our ſoule is not only a part of vs, & the moſt principall, but alſo the Temple, the Paradiſe, and Spouſe of almightie God, by him in Baptiſme garniſhed, ſtored, and endowed with moſt gracious ornaments. How will he take it to ſee his temple prophaned, and turned to a den of Deuils? His Paradiſe diſplanted, and made a wilderneſſe of ſerpents? His ſpouſe deflowred and become an adultreſſe to his enemies? Durſt we offer ſuch vſage to our Princes? Would not the feare of the law, and popular ſhame keepe vs from it? And ſhall not the reuerend Maieſty of Almightie God, and the vnrebated iuſtice of his angry ſword, terrifie vs from offering the like to his owne

owne ſpouſe: Will he that keepeth account of our very haires, ſee himſelfe ſo much wronged in the principall, and paſſe it vnpuniſhed? Remember it is a thing full of horror, to fall into the hands of God, who is able to cruſh the proud ſpirits of the obſtinate, and make his enemies his footeſtoole. Wreſtle not againſt the cryes of your owne conſcience, but ſue ſo as he may willingly goe with you, and before the Throne of God anſwere for you.

There was a man had three friends, two whereof he loued moſt intirely, the third he made no great account of; this man being ſent for to come before his King, came and deſired his firſt friend to goe with him, but he would not goe with him, but

brought

brought him part of his way: he went to the second friend, and desired him to goe with him, but he could not, but gaue him somthing for a remembrance: hee went vnto the third friend, of whom he made no account or reckoning, and he went with him to the King, and answered for him in all matters whatsoeuer.

So man in the world being sent for by death, comes to his Wife, Children, or friends, to goe with him, but they will not, but bring him to his graue: then he desires his goods and substance to goe along with him: they cannot, yet they giue him a sheete: but his Conscience will goe with him, & answer for him before the throne of God. Haue therefore a care to keepe a good Conscience, and prouide aforehand, as this King

of

of whom I tell you did.

There was a Countrey, where the Commons chose their King, and againe at their pleasure banished him into a farre Countrey almost naked. One (more wiser than others) as soone as he was chosen King, he sent daily and continually something into the other country, so when his owne people did banish him from them he was (hauing made a good preparation before) most Princely, and royally receiued there.

So let vs prouide in this world, that we may be ioyfully receiued into heauen; If you would auoyd vaine pleasures, cast away worldly cares, thinke on celestiall things, regard your saluation, and now in life lay vp treasure in Heauen, and prouide to be receiued into euerlasting ioy; what a quiet con-

science

science should you haue? what a ioy shuld you feele in your soule? Set then your mind on God, account your selfe a Pilgrime on earth, leaue the affaires of the World, for this is no abiding place. For small wages men run far, for little money men shamefully contend, and wearie themselues night and day, & for mean profit labour long: but for eternall life, goods immutable, reward inestimable, honor endles, and immortall glory, few will take any paines, or step out of dores. God is the way inuiolable, wherein we must walke, the truth vnfailable, whereunto we must trust, and the life euerlasting, whereunto we must hope, therefore embrace mercy before the time of rigor, and returne by repentance, eaft he barre you his kingdome:

you haue beene too long in the Tabernacle of sinners, and strayed too far from the fold of Gods flocke, turne the bias of your heart, to the cittie of Refuge, and your saluation, recompence your steps trodden in folly, with a zealous progresse to Christian profession; your spring-tyde is falne, the streame of your life runneth at a low ebbe, your tyred ship beginnes to leake, and grate on the gravell of your graue, it is hie time to strike sayle, and put into harbour, least some sodaine gust, and the wicked weather of this time dash you on the rocks of eternall ruine, tender the pittifull estate of your owne soule, and be hereafter fearefull of hell, and more eager of heauen, than of worldly repose. I must conclude, vnlesse I be too tedious, in a matter that

deserues

A Perſwaſion not to *feare Death.*

MAN was made to die, begotten to die, borne to die, and came into the world to die, and none ought to deſire to liue. Nothing is more ſure than death, nothing more vncertain than when, where, or how: none haue reaſon to regard the world, wherein we haue nothing good & permanēt, but a vale of vanities & vexation of mind (*Quia nemo ſua ſorte contentus*) no man is content with his owne eſtate. It is a vitall la-

byrinth, and confuſed *Caos*, affording vs nothing but fraud, folly, and fleſhly ſenſualitie. All things in it offends vs, the fire burnes vs: the water drownds vs: the heate grieues vs: the cold hurts vs: the day is toyleſome, the night vncomfortable, and we can endure no dolorous thing, ſo the time we liue in the world, cannot bee accounted life, but a liuing death. Our wretched remaining here is ſuch, that our time daily diminiſheth, and our trouble encreaſeth. All that haue bin borne, are borne, or ſhall be borne, are in this life miſerable, all croſt with cares, ſome with loſſe of friends, ſome of children, ſome of goods, ſome oppreſt with foes, ſome abuſed with back-biters, and ſlanderers, their credit blemiſhed, their reputation ſcandaled, and

ſubſtance

ſubſtance conſumed, and there is none but are with ſomething diſturbed: there is no calling ſo holy, nor place ſo ſolitarie, but you ſhall there finde troubles to trie you, and aduerſitie to diſquiet you: ſo there is no man from the King in his Throne, to the Captiue in chaynes, but doth taſte of miſery, and many diſcontents. Who therefore (to free himſelfe from worldly ſorrowes) would feare, but rather deſire death, which makes vs happy, for thereby wee auoyde the intollerable troubles on the earth, and enioy perpetuall blitſe in heauen. Since then death is the end of miſery, who would deſire to liue euer in labours and perils? Death is nothing but a ſeuering of the ſoule from the bodie: and freeing it from the ſeruile bonds of the

vaine flesh, and remoouing vs from euill to good. Death is but the passing from this vale of teares, to the place of all happie beatitude in the celestiall mansion accompanied with holy Saints, and heauenly associates, it is no loosing, but a changing of a bad place for a better: which euery one ought to desire.

Priamus was blest with the kingdome of the famous citty of *Troy*, a good Wife, and fifty Children, and had what ioyes might be desired, yet he saw his Wife and Children slaine, his Citty sackt, and himselfe was killed at *Iones* Altar, how happy had he beene if he had died before those dayes, for in lieu of worldly troubles, he had reaped eternall glory. Good men should imitate the Swanne, *Apolloes* bird, which in the world

euer

euer mourneth, but when it is readie to die (as knowing the goodnes of death) it singeth. As in sleepe our body is free from labour: so our Soule by Death is deliuered from all dolors. It is therefore good to die, but many dolefull dayes doe we endure, before we find that happy houre, wherein we shall enioy all perpetuall pleasures. Wise men should not feare death, for nothing is better then death: no life can be long, and it is often by casualtie abridged. What more pleasing thing can there be than death; it doth wholly disburthen vs of all care, all griefe, all solicitude, all sorrow, and freeth vs from all vexation whatsoeuer. The dead rest in a sure Hauen, and wee liuing sayle in a raging Sea. The good dyeth not, but liueth, and

the euill liuing dyeth, and as the Heathen Philoſophers ſayd, all thoſe that liue purely and iuſtly, and not contaminate themſelues with ſin, eyther are made Gods, or goe eaſily to the Gods. The dead haue reſt in heauen, and we with the liuing haue paine and trouble in the world. It is therefore a ioy to die, to be deliuered from the thraldome of this ſorrowfull life, for they haue all the pleaſures may bee inuented, that are out of this woefull world. Being here we muſt die, and being in heauen, we liue eternally, there is no paine but pleaſure, no ſorrow but ſolace, no ſighing, but ſinging, no feare of death, but ſure of euerlaſting life, euer enioying ſuch ineſtimable ioyes, as no eye hath ſeene, nor eare heard or heart comprehended. In this

life

life we know not what glory meaneth, and after Death, we shall not know what paines are. God knowes those that serue him, those that offend him, those that loue him, those that hate him: those that prayse him, those that blaspheme him, those that thanke him; those that are vnthankefull: and is better pleased with obedience than sacrifice. There is nothing so good, as the end of this life, for Death is the true refuge, the perfect health, the sure hauen, the full victorie, and finall finishing of all terrestriall troubles. It is a thing inheritable, an eternall sleepe, a dissolution of the body, a terror of the rich, a desire of the poore, a Pilgrimage vncertaine, a theefe of men, a shadow of life, a sepulcher of the liuing, a companion of the dead, a dissolution

of

of all, the reſt of traucls, the end of idle deſires & vaine delights, the ſcourge of euill, the reward of the good, the finall end of all fleſh, of all thoſe infinite numbers that are dead, none euer returned to complaine of Death, and of thoſe few that liue, moſt complaine of life. There is no King, Prince, poore, ſicke, or whole, nor any vocation contented, but the dead in their graues are in peace and reſt, and though wee haue ſorrow and vexation in life, yet we ſhall haue ioy and conſolation after Death.

O happy are they that die well, for it is leſſe euil to ſuffer a ſpeedy Death, then endure a diſcontented life. For by death we are freed from mundane traucls, and enioy heauenly pleaſures. There

is

is nothing in this life worthy of loue, nor any thing in death we need to feare, as all things before the first day were eternall, without day or yeere, so all things shal be eternall after the iudgment; as we had nothing before our birth, so we shall possesse nothing after our Death: What blindnesse is it then to loue any thing in this life, seeing we can carry nothing with vs at our death? *Calamacus* liuing in all delights, & reading *Platoes* Booke against death, cast himselfe into the Sea. *Cirenco* read such lessons to despise death: that many of his hearers (being Heathens) killed themselues. *Diogenes* desired to die, but cared not for buriall. *Lamsacus* dying, was demanded where he would be buried, he answered, where they would, for the way to heauen was

euery

euery where. *Thezaminus* dyed with a worthie minde, for being commanded to Death by the thirtie Tyrants, he tooke the poysoned Cup, and thirstingly drunke it off, and then laughing at them for so pleasuring him, said they made him happy by putting him to death. With the like mind dyed the worthy *Graccus*. So died the famous *Spartaine*, and greatly reioyced he should be dissolued from the bondage of the world. When it was told *Lucian* his son was slaine in the wars, he reioycing, sayd, to that purpose I begot him. The like answere made the Roman *Matron*, when shee heard her sons were slaine, shee not sorrowing said, I am glad I bore them to die so worthily for their Countrey.

Cresphontus ranne to his death

to

to deliuer his Countrey: *Curtius* leapt into the gulfe, to preserue *Rome*. *Scæuola* lost his hand to saue the Cittie. *Menechus* killed himselfe to free his native soyle, so did *Harmitus*, *Codrus*, *Araston-iton*, *Epaminondas*, and diuers others. The Temple at *Delphos*, where the Oracle of *Apollo* was, for want of reparations fel downe to the ground, then *Trophon* and *Agamedo*, two Noble personages of *Greece*, wise, and rich, as well with the labour of their persons, as great expence of their goods, built the Temple againe. When it was fully finished, *Apollo* sayd to them, hee well remembred their good seruice, and willed them to demand any thing in reward thereof, and it should be graunted: They sayd, miserable man hath not power to eschew

the

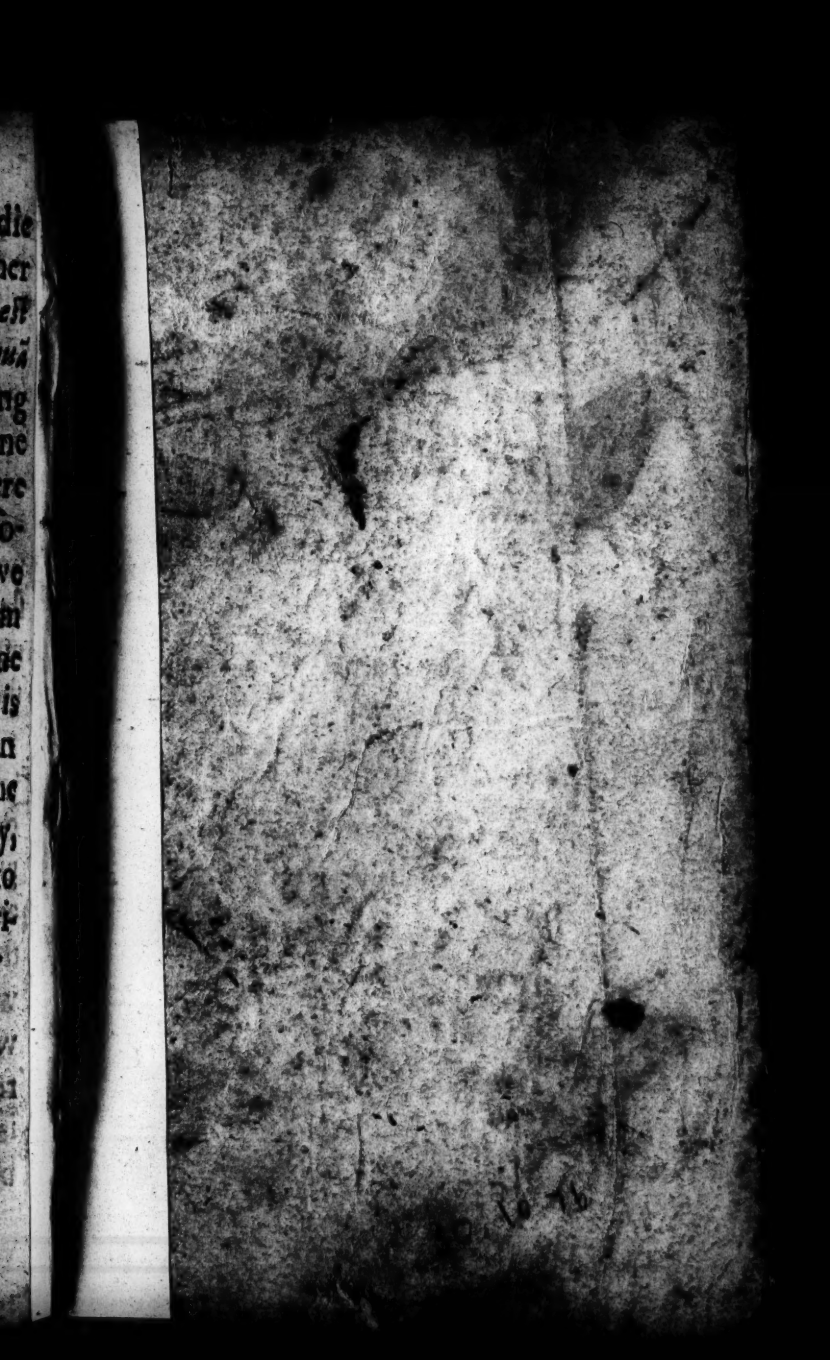
the euill, or chuſe the good, and therefore they deſired him to giue them the beſt thing might be giuen to man, and moſt profitable for them. *Apollo* ſayde they ſhould haue their demands, then they at the gates of the Temple fell downe dead, ſo the reward of their trauels was to take them out of the miſery of this life. Saint *Edward* King of England, much reuerenced Saint *Iohn*, and one day comming from *Weſtminſter*, from ſeruice, a poore man came to him, and deſired him for Saint *Iohns* ſake, to giue him ſomething, the King gaue him his Ring off his finger, within few dayes after, two Pilgrimes comming from Ieruſalem, within two miles of it, met a poore man, who asked them what countrimen they were, they ſaid Engliſhmen,

liſhmen, he then ſayd to them when you come home, I pray you tell King *Edward*, that Saint *Iohn* doth thanke him for the Ring he gaue for his ſake; and gaue them a Ring, and deſired them to deliuer it vnto the King, and tell him, that Saint *Iohn* ſent it him, and the richeſt gift that could be giuen to man, that is, the twelfth day after the receipt thereof he ſhould be in heauen: the Pilgrims receiued the Ring, and departed: by & by they were ſo heauy, as they were enforced to lie downe & ſleepe: when as they awaked, they found themſelues in another Country, and demanding of a Shepheard where they were, found they were in *Kent* in *England*, then they went to the King, being Chriſtmas Eeuen, and deliuered the King the Ring,

and

and the message, which the King receiued, fell sicke on Saint *Iohns* day, and died on twelfe day. The *Greekes* had a custome, that when they offered any sacrifice, the Priests and officers of the Temple were carried, for if their feete touched the ground, they might not offer sacrifice. It chanced that a holy Nun, of the Goddesse *Iuno*, going in her Chariot to the Temple, the Beastes that drew it dyed, when shee was ten myles from the Temple, which her two sonnes *Clerobis* and *Biton* seeing, and knowing that their mother must not goe on foot, & that there were no other beasts to be gotten, yoked themselues, and drew the Chariot, with their mother to the Temple: euery one praysed them greatly for it, and sayd, they deserued to be recompenced

eneed with great rewards. After
ne feaſt ended, their mother de-
ring to requite their kindneſſe,
vith teares beſought the goddes
uno, to giue her children the beſt
ifts the Gods could giue to their
iends, which the Goddeſſe pro-
niſed ſhee would doe before the
ext morning: they going to
eepe at night, were the next
norning both found dead, then
heir Mother bitterly wept, and
omplained of the Goddeſſe; the
Goddeſſe ſayd, ſhee had no
auſe to complaine, for ſhee had
giuen her that ſhee did demand,
nd I haue at thy inſtance giuen
hy children (quoth ſhee) that
which wee hold moſt deare,
which is death: for the greateſt
reuenge we take of our enemies,
is to let them liue long, and the
beſt thing wee can giue to our
friends,

friends, is to make them die quickly. For all of vs together taught King *Midas*, *Optimum est homini aut non omnino nasci, aut quàm primùm mori.* It is the best thing for man, either neuer to be borne or die very soone. We are here strangers, and inclosed as prisoners in a Castle, but by death we shall bee freely deliuered from thraldome, and goe to our owne Countrey. Seeing then death is the best thing that can be giuen to man; let vs haue a care to craue it, and liue godly and vertuously, that we may ioyfully haue it, to free vs from this place of imprisonment, and seate vs in our euerlasting and heauenly habitation: whether good Lord bring vs all, Amen.

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